



Barracks & Beyond:

*the Unofficial Guide to
Carlisle Barracks and
Communities*



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Disclaimer

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Introduction

Each year the Spouses of the Students who are attending the *United States Army War College (USAWC) at Carlisle Barracks* are given the opportunity to combine their experience, talents, knowledge, and skills and participate in a spouse project. For the past years, spouse committees have chosen to write handbooks regarding information pertinent to spouses and family members in the Armed Forces.

When our group of volunteers initially met in the fall of 2015, we brainstormed lots of topics in an effort to decide what we wanted the AY16 spouse legacy to be. We discussed doing an update of a past project such as the Battalion Commander's Spouse Guide or performing a sustainable service project such as a partnership with a local school or nursing home. At the end of the meeting we decided on this year's project, *Barracks and Beyond: Our Unofficial Guide of Carlisle Barracks and the Surrounding Communities*.

It has been our privilege to continue the tradition of the spouse project by creating a guide that speaks to two important areas. The first area being what we wish we knew before arriving to Carlisle, and the second being, now that we're here, where do we go?

As a committee, we were very sensitive to the fact that *there are many great places and resources in our area*, and we would never capture all the possibilities. We focused on those places and establishments that the spouses and students frequented and why we frequented them. The committee attempted to stay *within a 150 mile radius* of Carlisle Barracks as a guideline with a chapter dedicated to the popular long weekend excursions.

We hope that our guidebook serves as a positive read-ahead to prepare you for the transition to Carlisle Barracks and continues to provide some suggestions for what will hopefully be one of the best years of your military service.

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We wish to further thank the *Command Team Spouses, Our Blue Star Seminar Spouses, MAJ Bishop and the staff of the JAG office, and Carol Kerr and the Carlisle Barracks Public Affairs Office* for their assistance and guidance.

This project could not have come to fruition without the assistance of the following wonderful Army War College AY16 spouses:

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Foreword

FOREWARD

The U.S. Army War College utilizes the Military Family Program (MFP) to strengthen the relationship between military families and the development of senior leaders. As part of the MFP, the Spouse Project was established as an opportunity to reinforce this relationship. The Spouse Project is comprised of War College student spouses who volunteered their time and talents through a committee-led project designed to serve and strengthen resiliency of military families.

This year's project is *Barracks and Beyond: Our Unofficial Guide to Carlisle Barracks and the Surrounding Communities*. The guide is a joint effort that captures the history and personal experiences of the spouses and families of the current War College class. *Barracks and Beyond* serves as a great source of information that is extremely relevant to incoming War College families. It will also be the first eBook published by the Spouse Project that will continue to serve our War College families in the coming years just as the families of AY 16 will go on to continue serving in new communities. It is the intent that the eBook become a living document that can be updated as classes change to reflect the new dynamic of future classes. Exceptionally, *Barracks and Beyond* strengthens the relationship of incoming military families and students through the wisdom of personal experiences that is in keeping with the War College motto, "Strength and Wisdom".

Strength and Wisdom!



William E. Rapp
Major General, U.S. Army
Commandant

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Beginnings...



USAWC Events & Cost

Welcome to the United States Army War College (USAWC)!

As you prepare for the year ahead, we, the spouses of the Class of AY16, hope to answer some of your questions and share our experiences with you. The following pages will explain many of the events that are War College traditions and hopefully serve as a guide to people and places you might need during your stay in Carlisle.

USAWC is not the typical Army population during PCS (Permanent Change of Station) season. Approximately 85% of the population moves, so finding people to ask about where to eat or where to get your hair done can be tricky. Grab a cup of coffee or glass of wine and let us help.

As you plan for the next year, one of the things that is never talked about is the *financial investment* for the year. The cost of preparing for the year and the first few events catches many students by surprise. Students have been found to say that AWC does not stand for Army War College but rather Always Writing Checks. To alleviate some of this stress, this is what the average AWC AY16 Family spent preparing for the school year and on the first few events:

<i>Suits & Clothing</i>	<i>\$3000</i>
<i>Class Dues</i>	<i>\$300</i>
<i>Boatyard Wars</i>	<i>\$20 per adult</i>
<i>Air/Shipwreck Ball</i>	<i>\$20 per adult</i>
<i>Donation for the Spouse Club Auction</i>	<i>\$20-50</i>
<i>Civilian Chili Cook Off</i>	<i>\$20 per adult</i>
<i>Spouse/Guest Joint Ball Ticket</i>	<i>\$75</i>
<i>Spouse NYC Bus Ticket</i>	<i>\$88</i>
<i>MWR Mug Club</i>	<i>\$35 ea</i>

Your class will be divided into approximately *24 seminars*. This is the small group that will serve as your home base for the year. This group will study and learn together, participate in several post activities together, and will be a starting point for socializing. Each seminar is typically made up of students from our *Sister Services*

(Navy, Marines, Air Force, and Coast Guard), along with *International Fellows (IFs)*, and the senior *Civilian* students from such national security agencies as State Department, USAID, Defense, and Veterans Affairs.

The faculty team will schedule a *seminar ice-breaker* as an opportunity to informally meet your seminar colleagues and families before classes begin, typically between Sunday and Wednesday of Zero Week, as a casual meet-and-greet for student families. This first event sets the tone for the year ahead. Each seminar will develop its own personality. Some will host events and get together once a month while others will only participate in college and post activities such as Oktoberfest weekend, charitable events like the Spouses Club auction, VA or retirement home visits during the Winter Holidays, or seminar dining plans for the national security staff ride to New York City.

Softball is played at the beginning of the academic year. Practice kicks off during Week 3, and the games are played throughout September on Thorpe Field between Root Hall and Young Hall. Teams are seminar-based and encourage all of the AWC students and faculty staff to participate as a player, coach, or score keeper. Spouses are encouraged to play, if they wish.

The *calendar at a glance* and what the events really are:

Zero Week serves as an orientation to the seminar, provides opportunities to locate resources available for the coming year, and is a time to immerse yourself in the community. Many events this week are designed for both student and family.

- *The County Fair* is an amazing and somewhat overwhelming one-day opportunity for newcomers to find activities, businesses, and organizations located both on Carlisle Barracks and in the Carlisle community. Over 150 organizations representing area restaurants, churches, specialty stores, health and beauty establishments, post activities and services, fitness classes, youth sports, trips and equipment rental, medical services, child care, and more fill the LeTort View Community Center and Jim Thorpe Gym. Whatever you are looking forward to continuing, or maybe starting a new hobby, can be found at the County Fair.
- *Leader Resiliency Day* features national experts with insights for you and your spouse about healthy lifestyles for strategic leaders.
- *Convocation* is held in Bliss Hall, which is located in Root Hall academic building and is the formal start to the academic class year. Spouses are welcome and are asked to wear *Carlisle Casual*, which means men in slacks, sport shirt and/or sweater, and women in skirts or slacks with top or casual dress. Don't forget your name tag. These name tags come in very handy when you are meeting many new friends in large groups.

- *Opening Ceremony* takes place on Friday of this week. This was a fantastic event that was suitable for the whole family. Our Opening Ceremony featured the Old Guard Fife and Drum Corps, the Army Drill Team, and the Army Band in a ceremony that was both inspiring and a great reminder of Army History.
- Immediately following the Opening Ceremony, Students and Families made their way to the post pool behind the LVCC for the *Welcome Family Picnic and Boatyard Wars* icebreaker event. Summer and picnic wear is encouraged at opening ceremony and the family picnic. Boatyard Wars is a fun teambuilding event for the seminars. Each seminar is assigned a table and must build a cardboard boat to race in the pool. Each seminar starts out with the same materials but has the opportunity to win more building supplies.

Week One is when USAWC classes begin. The typical day is morning classes with students in Carlisle Casual which means men in slacks, sport shirt and/or sweater, and women in skirts or slacks with top or casual dress. The afternoons are set aside for reading and preparation.

Week Two is when USAWC class schedules become routine, and the students begin to adjust to what will be a typical week for the rest of the year. The typical week is usually four days in seminar and one *Reading/Writing/Research (RWR)* day or one *Strategy Research Paper (SRP)* day. Some weeks will be all seminar time. The students do their work on their own on RWR and SRP days. Some opt to stay home in their home office while others will travel over to the Root Hall Library to get their work done. You can plan on for every three hours in seminar, the students are expected to put in nine hours reading and preparing. A fair number of these hours are accomplished on the RWR or SRP day of that week. This is how the Student's schedule will be for most of the rest of the year.

Know Your World event, sponsored by International Families for their U.S. colleagues, is an amazing event. This is a definite must attend event. It is an evening of fun, knowledge, and camaraderie. The IFs share their culture through food, drink, song, dance, displays, and much more. This is a free event to attend and families are invited.

Air/Shipwreck Ball is not a ball but rather an organized sports event put on by the students from the Air Force, Navy, and Marines. Ours was held at the end of September during which each seminar stakes out an area around Indian Field to set up a "home base" for chairs, fire pits, snacks, etc. Students will purchase food tickets for those in their family who will be attending the event. MWR provides the food. There are a host of events for competition and everyone, including kids, is encouraged to participate.

Around the winter holidays, each seminar that volunteers, and most do, is *assigned a local senior citizens home/center* in which to go and host a holiday social. USAWC students are required to attend and their families are encouraged to participate in visiting with the residents, eating refreshments, and singing carols.

The AWC students have several trips that they take each year. April is the trip to *New York City*. Spouses are invited to accompany their student. The bus leaves Carlisle on Wednesday and returns on Saturday. During the trip, AWC students will be attending visits to such places as the NY Fire Department, CBS, NBC, the Coast Guard Station, and FEMA to name a few. Some of the visits are open to spouses to accompany their students, while some are not. Spouses can shop, take in shows or sightsee with friends during the day, and meet up with their student in the evening for free time. This is a no children event. Many students and spouses ask family to come to Carlisle to stay with their children. Carlisle Barracks does a great job in helping to organize Powers of Attorney, post access, and CYS functions for this event.

The *Joint Ball* is held in May at a local location. Our Joint Ball will be held at the Hershey Lodge the first weekend in May. Some students bring their families for a weekend at Hershey, some opt to just go to the ball and return to Carlisle that night (CYS provides child care for a fee), while others make arrangements for overnight care for their children. Many spouses shop for their ball gown while on the New York City trip as there are not many shopping options close to Carlisle.

Conversation & Culture is an opportunity to introduce the spouses of the International Fellows to American culture and to share their own culture. This is an informal, educational, supportive, and fun way to assist the IF spouses in becoming more comfortable with their English, and introducing them to the local community and what it has to offer. This program offers trips and outings for IF spouses, and U.S spouses can take part by attending country presentations.

The Military Family Program (MFP), who is sponsored by the Senior Leader Development and Resiliency (SLDR) Program, offers spouses and USAWC students a range of educational opportunities and experiences that develop the Carlisle community through personal interests, professional development, fitness, resiliency, and social networking. This is accomplished through workshops and classes as *Dress for Success* and *Myers-Briggs for Families*. The MFP brings in experts for the income tax workshop and offers financial classes to tackle topics such as preparing for college financing, and caring for aging parents.

The MFP provides assistance to the student spouses who come together each year to work on and produce the *Spouse Project*. Examples of past projects that are currently used throughout the Army are the Company Commander's Spouse Battle Book; Basics from the Barracks - Military Etiquette and Protocol; Recapture the Sisterhood, Embrace the Misterhood; At Ease: We're All In This Together, and, of course, our project Barracks and Beyond: The Unofficial Guide to Carlisle Barracks and Surrounding Communities.

A renowned Military Family Program is *FLAGS (Facilitating, Leadership and Group Skills)*. This is a one-week workshop to refine skills in leading, guiding, and supporting work in groups. FLAGS helps participants develop skills for working with community groups,

volunteer groups, and professional groups. There are two ways to participate in FLAGS. Either as a participant in the FLAGS workshop offered twice in winter, or as a facilitator leading the winter FLAGS workshops using the skills honed during the preparatory train-the-trainer style facilitator workshop in the fall.

The *Carlisle Barracks Spouses Club (CBSC)* is open to all active duty, retired, and DA civilian spouses who are looking for a fun way to learn something new, meet new people, or find an interest group. The Spouses Club holds yearly events such as the *International Fellows' Spouses Luncheon* at which the international spouses share parts of their culture with the General Membership, the charitable auction, known as *Denim to Diamonds*, to which each seminar will be asked to donate a themed basket, and the *History & Legends Dinner* where attendees learn about the history in and around Carlisle. "Clubs-within-the-club" include the *Touristas* who enjoy group tours to destinations like the famous Philadelphia Flower Show, The Governor's Mansion, The State Capital and Yuengling Brewery. You can sign up for the CBSC during the County Fair or the CBSC Super Sign-Up.

Yard Sales are held biannually on Carlisle Barracks on a Saturday in September and May. They are held on post and open to the neighboring communities. AWC students who live off post are afforded the opportunity to set up tables on Indian Field to participate in this event as well.

Geographical Separation

"I was lucky enough to be able to attend the Reserve Component orientation long before my report date. I think that allowed me to gather as much intel on attendance than other geo-bachs may have experienced."

-our generous contributor

Need To Know Information

Get to know the leave/pass process.

The Senior Service Rep is the go to for leave and weekend passes for Air Force. Army uses G-1.

Long weekends usually have RWR attached to one end.

Know the time that you are required to stay (usually 1300) for holidays. Your pass will not be approved for before that time.

Map out weekends with your family.

This is especially true if you plan to stay over a long weekend to work on projects and SRP. It will help with expectations on both ends, while still getting family time and school time.

There are programs on post for geo-bachelor(ette)s.

The chapel has a monthly home cooked potluck dinner, in addition to a bowling league, sports, and evening entertainment at the LVCC on post.

Consider living on base.

"I live off base and really enjoy the flexibility that provides, however I can see how some geo-bachs would prefer to live on base. I had to find a place that was inexpensive considering I still have a mortgage to deal with back home."

Parking!

If you live off-post, find someone to carpool with because parking is very scarce.

It can work!

"I don't know how I would be able to complete all the readings and assignments if my family opted to attend school with me. My hat's off to those that can juggle everything all at once!"



Barracks



Housing

Pros of living on post:

Students can walk to class.

Walking everywhere on post.

Grassy areas/playgrounds for kids to play.

Kids have lots of freedom to play outside; tons of kids.

Older kids can walk to the commissary and PX, ride bikes around post, go to the Youth Center.

Easy to meet neighbors.

School bus stops so close to home, and the busses go straight to the schools.

Cons of living on post:

*Difficult to get kids to focus on homework with friends so nearby and ringing your doorbell right after school. *winks**

Not many trees, typical subdivision housing.

Landscaping is not very good.

Some houses have "issues".

Small kitchens!!

Some tidbits about *Young Hall*:

"Young Hall is fantabulous!! The front yard is Indian Field where many events take place such as the Softball Tournament, Air/Shipwreck Ball, Opening Ceremonies for the school year, Jim Thorpe Day Sports and the Halloween Parade to name a few.

You truly live at the center of Post with an easy walk to the Commissary, PX, Movie Theater, Health Clinic, the small and large dog parks, and Root Hall (USAWC School Building).

There is a small playground in front.

The apartments are very spacious and have open floor plans. Each apartment has a small storage area in the basement and two assigned parking spaces in back.

There are two elevators, one between A and B section and another between C and D Section to aid in bringing up groceries, etc.

If having a garage is negotiable, consider Young Hall for your living needs.”

Schools

Lamberton Middle School

“Once the list was out as to which War College (AWC) we were attending, I was added to the USAWC Spouse Share page which was a huge help with information flow. I was also connected to Kristy Cromier (School Liaison Officer - SLO) through the page and a friend directly. We decided to make the two hour trip to visit the Carlisle area over our children’s spring break. We visited with counselors, and we found out what the teacher recommendations were for summer work in order to obtain extra credit in English (middle school). We also found out what ACT paperwork to bring for our middle school incoming 7th grader. We were informed about the new student testing for middle school. Incoming 7th graders took a math test, and incoming 8th graders had a math and English test.”

“Band was different too. We were used to band in MS being a regular period class. It is more like a pull out program here. You go during resource/study hall for lessons, group work, and/or during other class time on occasion. There was a lot more focus on marching band than the concert music we were used to, as well.”

Other tidbits learned from a *Lamberton Middle School* parent:

- All students must use a clear water bottle
- All students must carry a clear bag for gym clothes. The school sells clear drawstring bags on back-to-school night.
- If your student is interested in a fall or winter sport, look carefully at the website for details regarding physicals and requirements. Often this information is announced in the mornings at school, but the students fail to bring it home.

Carlisle High School

“We have family in DC and visited them over Easter/Spring Break. We decided to make the two hour trip to visit our friends and see the area. While here, we visited with counselors and we found out what teacher recommendations were needed for our incoming 10th grader in regards to the honors and AP class he desired to take. We were also told what summer work was needed for the kids to do in order to obtain the honors classes they desired. In addition, the kids found out more about the sports available (i.e., football, baseball,

lacrosse, and swimming). We found out the *PA physical form was needed for all physicals*. We did this in North Carolina before we arrived. In addition, we also found out the football camp dates (by contacting them and being added to their email distro). We arrived a few days earlier than my husband could sign in so our son could attend football camp. This helped him meet people on the team, interact with the coaches, and start his transition. The new student orientation, school tour, and on-post socials were great for the kids too. They met more new students in the same boat.”

“The *HS held Student Council positions* for each grade for new students. They announced this at the orientation, and students had an opportunity to apply. The communication on the FB page and with the SLO was amazing. I can't say enough about how helpful this was for our kids. The administration at both schools were very welcoming and professional.”

“Open House very professional and informative.”

“Things that were different from our last schools were the *grading system*, band, and HS PE. The grading system is 95-100 A (4.0 GPA), 92-94 A- (3.667), 89-91 B+ (3.333), 86-88 B (3.0), and so on. As we had seen sliding scales for grades, we had not experienced the different GPA points for each level too. It took a while to get used to it. However, honors/AP classes do received an additional .5 GPA for each class.”

“*High School PE is required*. This was not a huge difference. However, what is a difference is if you miss class (even if excused ~ my son missed for his grandmother's funeral), you have to make it up before the end of the quarter or you have an F for that day. This is difficult for busy students especially if they play sports too.”

Special Education School

“If you have a child with Special Education needs we probably share the same perspective on PCS moves. Our first concern when moving, and our greatest source of anxiety, is finding the right school for our child.

- Can we find a school that will meet our child's education requirements?
- Does it provide special programs: Speech therapy, occupational therapy, behavioral support, transportation, etc.? In some cases, we've been disappointed and had to make special arrangements just to accommodate our child.

“At Carlisle, we were blessed to discover *The NHS School for Autism*. Our first experience was very welcoming and positive. NHS provided an individual tour in the summer before school, and *The Carlisle School District Special Education Coordinator* was very helpful in

placing our child in NHS. The staff and educators at NHS are professional and passionate about caring for and educating our child. Speech, OT, and special physical education programs are integrated and conducted in the school. NHS is also very active in the community, participating in programs during the school day as well as community service and social events after school.

“Our child is receiving a challenging education program in a safe and caring environment with wonderful professionals. Finding NHS was really one of the most positive experiences we’ve had at the Army War College, and we are very happy for our child.”

NHS
Human Services, Autism School
898 Wagonner's Gap Road. Carlisle, PA 17013.
717-249-4525
717-249-5756 (FAX)

NHS Autism School currently serves students with an Autism diagnosis ranging in ages from 5 years old to age 21. NHS is unique because they provide services to students within the entire spectrum while focusing on least restrictive environments by utilizing the satellite classes within the school district settings. Each classroom has a Certified Special Education Teacher as well as highly qualified classroom aides to help support our students no matter what setting is found to be Mis appropriate for our students.

Here is a very informative link to the NHS Autism School Frequently Asked Questions and Answers.

<http://schools.nhsonline.org/attachments/NHS-schools-faqs-2013.pdf>

Regarding the youth summer “mixer” events at CYSS:

“The initial events at the end of the summer for middle school and high school youth are described as “dances”. These are not dances like we picture from our awkward childhoods. These are evenings filled with activities, ice-breakers, snacks, and fun led by the employees

at the youth center. Encourage your kids to go! They will come home knowing at least one person, and it makes a huge difference when school starts.”

A Senior Year Experience

The following is an essay written by a student who attended Carlisle High School as a senior year transfer student:

“Carlisle High School has been one of the best schools that I’ve been to when it comes to assimilating new military kids. Before Carlisle, I went to two other high schools. I spent my first two years in Immaculata High School, a small Catholic private school out in Leavenworth, KS. My junior year was spent in Hayfield Secondary School, an enormous Fairfax county public school in Alexandria, VA. Both schools were great education institutes. However, my previous two high schools didn’t take any consideration when it came to assimilating new military kids in comparison to the efforts of Carlisle High School. Carlisle High School’s staff and student population do a great job when it comes to expressing empathy and assimilating new military kids that come in every year.

The first thing that amazed me about coming to Carlisle High School was how helpful the staff in the guidance counselor office was when it came to selecting the right courses with me. One of the biggest concerns military kids have when moving from one school to another is whether they have the required classes or credits to graduate from high school. The staff at CHS is use to dealing with the dilemma of a student not having enough course credits to graduate. They are capable of helping new students get the courses that are required to graduate either from CHS or from whatever school they move on to afterwards.

Another factor in CHS that surprised me was how friendly my classmates were initially in the first couple weeks after I arrived at Carlisle. Usually when I arrive at a new school, I have to learn how to navigate through a new school on my own and figure out how things work. However, that wasn’t the case when I first arrived at CHS. My classmates were very friendly and interested to learn who I was. I believe the students of CHS are friendly because they are use to having new kids come in and out of their community every year. CHS students show a great amount of empathy and compassion towards new military kids.

The last main issue that I would like to address that a new student may when first coming to CHS is what it’s like joining an athletics team or extracurricular club. I understand that it is difficult for new students to start over in a new school and gain a position on a sports team or club. CHS takes this into consideration. New military kids are given a fair opportunity to join new clubs and compete on athletic teams. For example, I was capable of joining the

football team where I was able to be a defensive lineman on the varsity team. In addition, I was able to become a member of Senior Class Council since most clubs have open spots for new students that move in over the summer and may want to participate. New students are not excluded on sports teams or clubs, but rather they are encouraged to join and are treated fairly.

Carlisle High School does a great job when it comes assimilating new students who may move to Carlisle due to the Army War College. The staff and student body are very friendly and accepting of new students in their community. New students are also given the same fair opportunities as everyone else at CHS when it comes to participating on athletic teams and extracurricular activities. However, you aren't entitled a good high school experience when you first arrive to CHS. To ensure that a new student will have a good high school experience at CHS, the new student must take the initiative to reach out to their classmates, get involved, cooperate, be open to new experiences, and maintain a positive attitude."

--written by Charles Willis, February 11, 2016--

Klds to Klds

Carlisle Kids of all ages enjoy Carlisle Barracks and all it has to offer. Here's some insight. Out of the mouths of Carlisle Kids...

ON POST...

Elementary

"the freedoms we have to play outside"

"Thank you shopping your commissary" (International Fellows family)

"I love dodgeball, the bowling alley, and the movie theater."

"I like that I can walk anywhere I want."

"playing on all the different playgrounds, Open Rec & Lock-ins at YS [McConnell Youth Center], art classes"

"dodgeball and YS sports"

"My favorite thing is making a lot of friends, and they can actually live right next door to you."

"Watching the Army put on shows for us at the Stadium." (Old Guards' Drum and Fife and the other events on Indian Field)

"Going to movies at the Movie Theatre."

"Sledding in the 'dog bowl' in the Meadows neighborhood."

Middle Schoolers

"I love I can walk everywhere!"

"I love how small it [post] is!"

“We love the YS [McConnell Youth Center]! The workers are great, and there is always something going on!”

“I love dodgeball on Friday nights!!”

“the pool is so close”

“YS activities”

High Schoolers

“the diversity [branches of service, international families & backgrounds] of kids that brings opportunity to learn about others”

“movie theater is in walking distance on post and HS youth activities at YS [McConnell Youth Center]”

“I like that I can walk everywhere.”

“I’ve made friends with people from different services and backgrounds.”

“HS Welcome & unofficial bonfire.”

OFF POST offers some great opportunities as well for our Carlisle Kids.

Elementary

“Cumberland Gymnastics, and Petco to look at the fish”

“the people and the good schools”

“Midway Skating Rink, Sky Zone, & Monkey Joe’s”

“Living near Hershey Park and being able to go to it.”

“Sports Emporium – laser tag, go carts & miniature golf.”

“Apple Fest in Biglersville.”

High schoolers

“great places to run, the four seasons and the Farmer's Market”

“Carlisle High School offers great opportunities to us even though we're only here for a year.”

“The [CHS] coaches give us the same chance as the local athletes.”

“Carlisle High School's Clubs, Band, and Sports programs.”

Pets

Welcome furry family members to USAWC! Whether you communicate with a bark or a meow, you'll find a nice and comfortable dwelling at Carlisle Barracks.

Registration

Balfour Beatty, the privatized housing company, requests “selfies” of you for their records to ensure your safety while residing at Carlisle Barracks. Also, Balfour Beatty can find your parents and loved ones if they become separated while you're out taking in the local sights and smells.

The on-post Veterinary Clinic also requests updated medical records and registration as another safety measure during your stay.

Playtime

Garrison has opened two dog parks on post for your enjoyment and recreation. This offers an opportunity to get to know other friends here at Carlisle. Both large and small friend areas are fully enclosed to ensure your family members don't get lost, or wander off, while you're playing with friends. There are also benches so they can rest if they can't keep up with you.

Medical Services

We all need medical attention from time to time, whether it's for an illness or just an annual check-up.

The on-post clinic, *Carlisle Barracks Veterinary Clinic (CBVC; 717-245-4168)*, offers basic wellness services with limited hours and has been approved by fellow furry friends. There are also numerous clinics throughout the community from which to choose that offer a variety of services and are all referred by CBVC.

Fellow furry friends have personal experiences with some local clinics. Several have had good results at *Carlisle Small Animal Clinic (717-243-0045)* and are fond of the doctors and staff. One friend even gets excited when pulling into the parking lot. They also have good post-surgery follow-up with a personal call by the doctor.

Another clinic of choice, especially if you prefer at-home care, is *Healing Paws Veterinary Care (717-462-9480 or www.carlisleveterinarian.com)*. They are a mobile veterinarian service with knowledgeable, patient and caring staff and doctor.

Others also enjoy their time and visits at *Hillmont Animal Clinic (717-249-7272)* and *Boiling Springs Animal Hospital (717-258-4575)*.

Several clinics are located right here in *Carlisle and Boiling Springs*:

Allen Road Veterinary Clinic	717-243-9070	www.animalsdr.com
Carlisle Small Animal Clinic	717-243-0045	www.carlislevet.com
Hillmount Animal Clinic	717-249-7272	www.hillmountsmallanimalhospital.com
Holly Pike Animal Clinic	717-240-0700	www.hollypetvets.com
Kindred Spirit Veterinary Clinic	717-243-8706	www.kindredspiritvet.com
Boiling Springs Animal Hospital	717-258-4575	www.bsahvets.com

If you don't mind traveling a little further, *Mechanicsburg* has some clinics as well:

Gettysburg Pike Animal Clinic	717-620-8103	www.gettysburganimalclinic.com
Gettysburg Road Animal Clinic	717-697-7373	www.gettysburgroadanimalhospital.com
Good Hope Animal Hospital	717-766-5535	www.goodhopeanimalhospital.com
Mechanicsburg Veterinary Clinic	717-697-6856	www.mechanicsburgvetclinic.com
Willow Mill Veterinary Hospital	717-766-7981	www.willowmillveterinaryhospital.com
Winding Hill Veterinary Clinic	717-697-4481	www.windinghillvet.com

Emergencies come up from time to time, so here are a few from which to choose:

- Rossmoyne Animal Emergency Trauma Center 717-796-2334
www.raetc.com (24/7, including holidays)
- Animal Emergency Center of Mechanicsburg 717-691-8727
(nights & weekends; same location as Willow Mill Animal Hospital)
- Animal Emergency & Referral Center of York 717-691-8727
www.animalerofyork.com (24/7, including holidays)

Grooming/Pampering

We all need to be pampered from time-to-time, so there are salons located nearby for you to take a load off. These all come from personal recommendations; CBVC didn't have any listings to provide.

If you need to have quick in-and-out self-service, *Noble Car Wash and Doggie Spa* is open for business. It is \$6 for 10 minutes and includes facility, choice of shampoo, conditioner, and forced air dryer. 717-240-1240

Right off post is a salon with a true spa atmosphere. If that's what you're looking for, *A Paw Above Pet Salon and Doggie Spa* might be of interest to you. Tell Mom or Dad to bring cash or checks, because they don't accept credit cards. Also, your parents will need to be somewhat flexible for pick-up; they don't have set daily hours. You do get run of the spa and time to mingle with other furry friends while you're there. 717-249-7217 www.pawabovepetsalon.com.

Another locally owned salon in Carlisle is *Animal Image*. This one also offers a wide variety of cuts at reasonable prices. 717-249-8330

In Carlisle, *Animal Inn* 717-243-4250 and *Char-Lyn Kennels* 717-249-4999 offers grooming services.

Finally, *Pet Boys Grooming*: 142 Walden Way Mechanicsburg 717-763-5551
info@petboysgrooming.com

Getaways

Sometimes we need to just get away from it all for a while. There are quite a few “inns” and “hotels” available for your relaxing pleasure. Some personal references are listed below:

Those of you who like one-on-one play time in a play yard might enjoy a night or weekend at *Char-Lyn Kennels*, which is located close by in Carlisle. They even give special treats at times and aren't too pricey. 717-249-4999

A third option located in Carlisle is *Animal Inn*, which offers playtime during the weekdays. 717-243-4250

Some of you may want to stay in the comfort of your own home. If so, your parents may want to check out the website *Rover.com*, which has a network of dog lovers for hire.

CBVC stated a couple of clients made recommendations for the following:

- D & D Kennels (Newville, PA) 717-776-6161
- Musselman's Pet Paradise (Gardners, PA) 717-528-8123

There are also others from which to choose if you'd like to look around and are also recommended by CBVC.

Staying close to home, here are some more getaways in *Carlisle*:

- Country Aire Kennels 717-249-3809
- Foxy Lady Kennels 717-243-1020
- Rockledge Kennels 717-243-4523

If you travel a little further away, there are quite a few resorts from which to choose.

Mechanicsburg:

- Brandy Lane Kennels 717-766-9069
- Golden Lake Recreational Log Camp 717-691-1850
- Farm-View Kennels 717-790-9465 www.farm-viewkennels.com

If you're interested in nature walks, one-on-one time and music, then Mom and Dad may be willing to pay a little extra and make the short drive to

Mechanicsburg to visit Farm View Kennels. Please remind Mom and Dad to bring their checkbook or cash; Farm View doesn't accept credit cards.

- Kinship Kennels 717-697-6508 www.kinshipkennels.com
- Greenlin Kennel Pet Resort West 717-766-8622 www.lgreenlinkennel.com

New Bloomfield:

- Country Lane Kennels 717-582-8389 www.countrylanekennels.com

Dauphin:

- Riverside Kennel 717-921-0104

Dillsburg:

- Barley Croft Kennels 717-432-9445



Beyond



Shopping

SPECIALTY SHOPS

Meadowbrooke Gourds

125 Potato Rd
Carlisle, PA

Uniquely painted and carved gourds for every holiday season. Come alone or with friends. Tours available of the grounds, and a great place for coffees with classes available for small groups.

www.gourdshop.com

Amish Stuff

Lincoln Highway East (close to the Tanger Outlet Mall in Lancaster)
Lancaster, PA

“Don’t pass this place up! I’ve only been there once, but it was worth the stop. Jewelry, home décor, candles, etc. I haven’t been able to find the exact address online, but it’s on route 30.”

Old Susquehanna House

162 York Rd
Carlisle PA

Family owned and one of the oldest gift shops in Carlisle. Home décor, Vera Bradley, candles, rugs, etc.

www.oldsusquehannahouse.com

Village Artisans Gallery & Studios

321 Walnut St
Boiling Springs, PA

Local artisans to include glass works, jewelry and paintings.

www.villageartisansgallery.com

The Greatest Gift
117 North Hanover St
Carlisle, PA

Unique gifts
www.greatestgiftcarlisle.com

Feathers in the Nest
61 W Chapel Ave
Carlisle, PA

Vintage & home décor. Sells Annie Sloan chalk paint and teaches lessons
www.feathersinthenest.com

The Amish Farm and House
2395 Lincoln Highway East
Lancaster, PA

Experience Amish life and tour a traditional home and farm (strategically located right next to Target). Groups welcome.
www.amishfarmandhouse.com

East Street Artisans
405 N East St
Carlisle, PA

One of a kind gifts from over 50 local artisans
Facebook @ East Street Artisans

FARMERS MARKETS

Roots Country Market & Auction
705 Graystone Rd
Manheim, PA

A Lancaster county tradition since 1925. Combination Flea Market, Farmers Market, and Garage Sale. Check the website for the occasional auction.
www.rootsmarket.com

Stoltzfus Gourd & Pumpkin Farm

1151 Landisville Rd
Manheim, PA

Amish run farm to visit in the fall. Get your gourds, pumpkins, and corn husks. Make sure to stop and say hello to Ben & Jerry, the cows, and also the horses!

ANTIQUE SHOPS

Bedford Street Antiques
44 N Bedford St
Carlisle, PA

Great hidden secret that parallels Hanover Street. Take a trip up the spiral staircase to the second floor for bigger pieces.

Miz Babsy's Country Boutique
1953 Holly Pike
Carlisle, PA 17015
717-486-8879

"Don't pass this one by! Room after room of great finds!"

SHOPPING MALLS

Park City Mall
142 Park City Ctr
Lancaster, PA
www.parkcitycenter.com

Capital City Mall
3507 Capital City Mall Dr
Camp Hill, PA 17011
<http://shopcapitolcitymall.com/>

King of Prussia Mall
160 N Gulph Rd
King of Prussia, PA 17601
www.simon.com/mall/king-of-prussia

The Shops at Liberty Place
1625 Park City Center
Lancaster, PA 19103

www.shopsatliberty.com

Viewmont Mall

100 Viewmont Mall
Scranton, PA 18508

www.shopviewmontmall.com

West Manchester Town Center

415 Town Center Dr
York, PA 17408

www.westmanchestertowncenter.com

Wyoming Valley Mall

29 Wyoming Valley Mall
Wilkes-Barre, PA 18702

www.shopwyoingvalleymall.com

York Galleria

2899 Whiteford Rd
York, PA 17402

www.yorkgalleriamall.com

POPULAR STORE NOT TO MISS

Christmas Tree Shops

4690 High Point Blvd
Harrisburg, PA

Discounted home goods and décor. CHEAP Polish Pottery!!!!!!!

www.christmastreesshops.com

OUTLET MALLS

Tanger Factory Outlet

311 Stanley K. Tanger Blvd
Lancaster, PA 17602-1467

Over 75 apparel, accessories, and specialty stores

www.tangeroutlet.com/lancaster

Gettysburg Village Outlets

1863 Gettysburg Village Dr
Gettysburg, PA 17325
www.theoutletshoppesatgettysburg.com

Philadelphia Mills
1455 Franklin Mills Cir
Philadelphia, PA 19154
www.simon.com/mall/philadelphia-mills

Philadelphia Premium Outlets
18 Lightcap Rd
Limerick, PA 19464
www.premiumoutlets.com/outlet/philadelphia

Rockvale Square Outlets
35 S Willowdale Dr
Lancaster, PA 17602
www.rockvaleoutletslancaster.com

Tanger Factory Outlets
46 Outlet Square
Hershey, PA 17033
www.tangeroutlet.com/hershey

VF Outlet Village
801 Hill Ave Spe B117
Reading, PA 19610
www.vfoutletcenter.com

GLUTEN FREE GROCERY STORES

Commissary, Carlisle Barracks

Has a very small gluten free section in the health care items and a few scattered items mixed in with items throughout the store.

Giant, 255 S Spring Garden St, Carlisle

A dedicated gluten free section near the front of the store including freezer selections.

Wegmans, 6416 Carlisle Pike, Ste 2000, Mechanicsburg

A dedicated gluten free section, including freezer selections near the center of the store.

Aldi, 250 Westminster Dr, Carlisle

Wal-Mart, 60 Noble Blvd, Carlisle

Sightseeing & Festivals

Take advantage of the local events held in Carlisle during the year. There are some unique and fun events.

Welcome to Carlisle Night - the downtown businesses invite War College students and families downtown one Friday night soon after you get here. Through a scavenger hunt type event, you will stop into some small unique shops and restaurants that you might not ever have gone into.

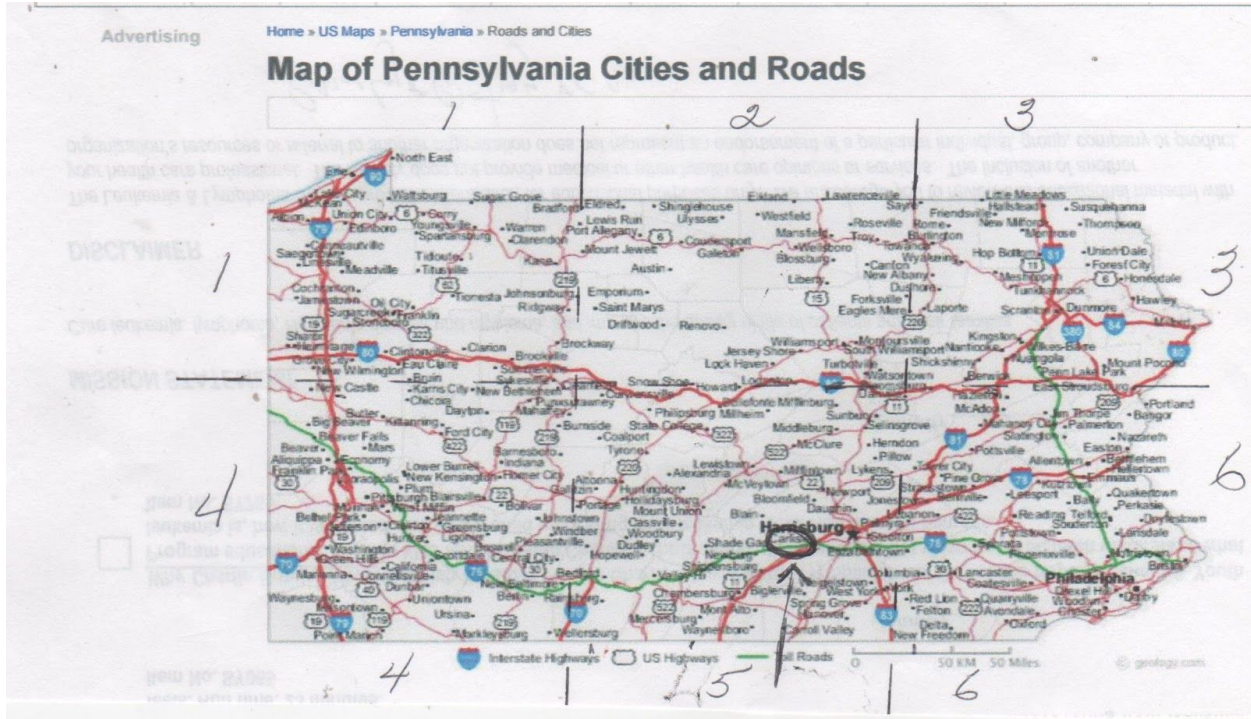
Halloween Parade - travels down the center of town down Hanover Street. Well worth the night out! Great floats and entries! Kids can wear costumes and be sure they bring a bag for the candy they will collect.

****The section below was compiled by members of PWOC to help you make the most of your time in Carlisle, PA. Initiated on Friday, August 28, 2015; last changes made on Sunday, January 17, 2016****

NOTE: A number in parenthesis signifies comments from a PWOC member with personal knowledge of the attraction.

This is not a list of recommendations. This is a list of ideas, of what exists. Some of these sites will be worth your while; some will not since many of you will be living in PA for a limited amount of time. You are strongly urged to talk with people from the community who may be able to tell you about sites either that are not that well known or from personal experience.

Some sites in Map Areas 2, 3, 4, and 6 are listed as day trips. If visiting one site, it could be seen in a long day. However, if you decide that it would be better to see several sites when having to travel far, consider an overnight stay at the least.



STATE SITES THROUGHOUT THE COMMONWEALTH

Pennsylvania Historical and Museum Commission

<http://www.phmc.pa.gov/Pages/default.aspx#.VsTSpmB0xpw>

NOTE: PHMC was hit by severe budget cuts several years ago, so be sure to check and double check whether a site is open and its hours. The Museum of Anthracite Mining, Pottsgrove Manor, and Morton Homestead used to be on the PHMC list, but are not now. If interested in these, do searches for their websites. Distances from Carlisle are in parentheses after each site.

Military History Trail

1. Erie Maritime Museum & Flagship; Niagara, Erie (312 mi., 5 hrs.), Map Area 1
2. Fort Pitt Museum; Pittsburgh (190 mi., a little over 3 hrs.), Map Area 4 (see "Museums in Pittsburgh, PA" under *A FEW HOURS, ONE FULL DAY, OVERNIGHT, OR SEVERAL NIGHTS*)
3. Bushy Run Battlefield; Jeannette [this side of Pittsburgh] (170 mi., just short of 3 hrs.), Map Area 4
4. Pennsylvania Military Museum; Boalsburg [north, near Penn State] (79 mi., 1 ¾ hrs.), Map Area 5
5. Brandywine Battlefield Park; Chadds Ford [Philly area] (107 mi., 1 hr. 50 min.), Map Area 6

6. Washington Crossing Historical Park [north of Philly] (147 mi., 2 ½ hrs.), Map Area 6

Historical Homes Trail

1. Joseph Priestley House; Northumberland [follow the Susquehanna River north via U.S. Route 15. WARNING: PENNDOT is going to soon start a massive construction project that will shut down 15 near Marysville just north of I81. Traffic will be forced onto U.S. Route 322. This is a heavily traveled area. Be sure to check traffic conditions on the road if you decide to go, especially if traveling on a Penn State football weekend, which isn't recommended unless you like to sit in traffic for hours.] (73 mi., 1 1/3 hrs.), Map Area 5
2. Conrad Weiser Homestead; Womelsdorf [east, between Lebanon & Reading; relatively, in the boonies] (67 mi., 1 ¼ hrs.), Map Area 6
3. Daniel Boone Homestead; Birdsboro [between Reading & Pottstown] (90 mi., 1 ½ hrs.), Map Area 6
4. Graeme Park; Horsham [Philly area] (127 mi., 2 hrs.), Map Area 6
5. Hope Lodge and Mather Mill; Fort Washington [north of Philly] (118 mi., 2 hrs.), Map Area 6
6. Pennsbury Manor; Morrisville [east of Philly on the Delaware River] (142 mi., 2 1/3 hrs.), Map Area 6

Industrial Heritage Trail

1. Drake Well Museum; Titusville [between I80 & Erie; it's out there] (226 mi., 4 ¼ hrs.), Map Area 1
2. Pennsylvania Lumber Museum; Ulysses [definitely in the boonies, not far south of the NY border, up U.S. Route 15 & west of Wellsboro] (185 mi., 3 ½ hrs.), Map Area 2
3. Pennsylvania Anthracite Heritage Museum; Scranton (140 mi., 2 1/3 hrs.), Map Area 3
4. Scranton Iron Furnaces; Scranton (140 mi., 2 1/3 hrs.), Map Area 3
5. Eckley Miners' Village; Weatherly [south of Wilkes-Barre] (108 mi., 2 hrs.), Map Area 3
6. Cornwall Iron Furnace; Cornwall [on the northern outskirts of Lancaster County attractions] (49 mi., 1 hr.), on line separating Map Areas 5 & 6
7. Railroad Museum of Pennsylvania; Strasburg [just past Lancaster] (66 mi., 1 ¼ hrs.), Map Area 6

Rural Farm and Village History Trail

1. Old Economy Village; Ambridge [Pittsburgh area] (207 mi., 3 ½ hrs.), Map Area 4
2. Somerset Historical Center; Somerset [west on PA Turnpike] (125 mi., 2 hrs.), Map Area 4
3. Landis Valley Village and Farm Museum; Lancaster (58 mi., 1 hr.), Map Area 6
4. Ephrata Cloister; Ephrata [NE of Lancaster] (61 mi., 1 hr. 10 mins.), Map Area 6

History Hubs

1. The State Museum of Pennsylvania; Harrisburg (24 mi., ½ hr.), Map Area 5
2. Pennsylvania State Archives; Harrisburg (24 mi., ½ hr.), Map Area 5

(1) *I've visited the following sites:*

- Drake Well Museum (excellent; worth the trip if you can do it);*
 - Erie Maritime Museum & Flagship Niagara (did in tandem with Drake Well visit; also near Presque Isle Park; worth it if you're into the War of 1812 history; well done);*
 - Pennsylvania Military Museum (okay for a day trip & if you're into military stuff; I went for my husband); Joseph Priestley House (learned a lot; quite enlightening);*
 - The State Museum of PA/The PA State Archives (easy to get to, free for active duty, active duty families, retired military members; lots of stuff, including Penn's Charter; great day outing during which you'll get a good feel for the Commonwealth);*
 - Cornwall Iron Furnace (okay; Pine Grove Furnace State Park is much closer; go if you're really interested in seeing the workings of an old iron furnace);*
 - Ephrata Cloister (quite interesting, a look at a very unique religious lifestyle that died off due to celibacy; the town of Ephrata is charming);*
 - Landis Valley Museum (lots of school groups visit; quite popular; outside; a nice day trip for kids);*
 - Daniel Boone Homestead (eye opening since most people think of KY when thinking of Boone; this is where his life started);*
 - Eckley Miners' Village (a very good presentation of what life was like for Eastern European immigrant miners & their families at the turn of the last century)*
- (2) *Washington Crossing Historical Park - They re-enact Washington's Crossing every Christmas morning. Pennsbury Manor has plenty of parking. If you are planning a visit, you might want to call ahead to be sure there are not a ton of school groups there when you plan to visit, only because it might be more difficult to ask questions of a guide.*

A FEW HOURS TO ONE FULL DAY

Attractions and information

Map Area

Asa Packer Mansion

6

Packer Hill Road, Jim Thorpe, PA 18229 570-325-3329

<http://www.asapackermansion.com/>

DIRECTIONS from the AWC: I81N to Exit 131A/PA State Route 54. Continuing to go straight Nesquehoning, the road joins U.S. Route 209. Into Jim Thorpe. Right onto Packer Hill Road.

104 mi. and 2 hrs. from Carlisle

- (1) *This was a find. It's a long trip into a very hilly town that used to be called Mauch Chunk, and still is by many locals. Jim Thorpe, the athlete, is buried there. The story of how the town's name changed is fascinating. The area offers a lot of outdoor recreational activities. Asa Packer was a wealthy 19th century business, politician,*

and founder of Lehigh University. His home had all of the latest innovations of his day. When his sole surviving heir, his daughter, died in 1912, she willed the estate to the Borough of Mauch Chunk who did not know what to do with it, so it was boarded up. Surprisingly, it was never vandalized. It was opened to the public in 1956. Everything in the mansion is authentic and was owned by family. It is an amazing house!

Baseball – Minor League

- Harrisburg Senators, AA affiliate of the Washington Nationals 5
<http://harrisburg.senators.milb.com/index.jsp?sid=t547>
- York Revolution, independent league not affiliated with MLB 5
<http://www.yorkrevolution.com/>
- Lancaster Barnstormers, independent league not affiliated with MLB 6
<http://www.lancasterbarnstormers.com/index.cfm>

Buchanan's Birthplace State Park 5
 6235 Aughwick Road, Fort Loudon, PA 17224 717-485-3948
<http://www.dcnr.state.pa.us/stateparks/findapark/buchanansbirthplace/>

DIRECTIONS from the AWC: Several options.

1. I-81S to Exit 5/Green Castle, Waynesboro/PA Route 16. West on 16/Buchanan Trail. Through Greencastle. Name changes to Stony Valley Road to State Forest Road. 59 mi. or 1 1/6 hrs. from Carlisle.
 2. I-81S to Exit 16/U.S. Route 30/Lincoln Way. Not long after crossing the West Branch of the Conococheague River, turn left onto Hawbaker Drive. At the T intersection, turn left onto Fort Loudon Road. Shortly, turn right onto Mountain Road. Turn right onto PA Route 16. 53 mi. and 1 1/6 hrs. from Carlisle
 3. PA Turnpike west to Exit 189/Willow Hill. Turn right onto PA Route 75/Path Valley Road. Turn right onto Mountain Road right past Hawbaker Drive. Turn right onto PA Route 16. 61 mi. and 1 1/6 hrs. from Carlisle.
- (1) *It is a state park. Do not expect anything grandiose. It is pretty rustic. There is a special marker on the site where the cabin in which Buchanan was born stood. It is good to see this in tandem with Buchanan's home in Lancaster.*

Byers Choice Ltd. Christmas Museum and Visitor Center Gallery 6
 4355 County Line Road, Chalfont, PA 18914 215-822-6700
<http://www.byerschoice.com/visit-us/christmas-museum/>

DIRECTIONS from the AWC: two options

1. PA Turnpike east to Exit 339/Ft. Washington, PA Route 309N, right onto Richardson Road, right onto County Line Road

2. I-81N to I-78E, becomes I-78E/PA Route 309S/Walter J. Dealtrey Memorial Highway. Continue on 309 when road splits, becomes N. West End Blvd., then S. West End Blvd., then Sellersville Bypass, then Bethlehem Pike. Left onto Line Lexington Road, right onto County Line Road.

125-129 mi. and 2 1/12 hrs. from Carlisle

BONUS: Site also includes links to other Bucks County attractions.

Civil War sites in the Cumberland Valley area

5

Driving around to see these sites is a good Sunday afternoon jaunt for anyone who's really into Civil War history and wants to explore more than Gettysburg in the area. Email PWOCPAtripideas@gmail.com for more information, which also includes directions to a site that includes an interactive map. At the moment, only sites from Carlisle to Lemoyne are included. Hopefully those in York and Adams counties will be added later.

The *National Civil War Museum in Harrisburg* is a place that should be included, but either on a different day or with plans for a very long day. Mayor Stephen Reed was instrumental with the museum's establishment and for the purchase of many artifacts not only for it, but for a proposed Wild West museum, among others.

Columbus Chapel and Boal Mansion Museum

5

163A Boal Estate Drive, P.O. Box 116, Boalsburg, PA 16821 814-466-6210

<http://www.boalmuseum.com>

DIRECTIONS from the AWC: PA Route 34N to U.S. Route 322. Exit Business 322/Boal Avenue in Boalsburg. Turn left onto Boal Estate Drive.

85 ½ mi. and 1 ¾ hrs. from Carlisle

NOTE: Boalsburg is just east of University Park. Avoid going on Penn State football weekends unless you want to get into a traffic mess.

Covered Bridges within two hours of the Harrisburg area

http://www.pennlive.com/entertainment/index.ssf/2015/10/covered_bridges_near_harrisburg.html#0

NOTE: If this link does not work, zip an email to PWOCPAtripideas@gmail.com.

Crayola Experience

6

30 Centre Square, Easton, PA 18042

610-515-8000

<http://www.crayolaexperience.com/easton>

DIRECTIONS from the AWC: I-81E to I-78E Exit 51/Lehigh Valley Thruway to Easton. Take the 4th Street Exit. Turn right onto 3rd Street.

115 mi. and 1 5/6 hrs. from Carlisle

- (1) *This is where Crayola Crayons originated. Actual factory tours are no longer available; times have changed.*
- (2) *It's been years since I was there, but I don't recall that it's someplace we'd visit without young kids.*

Dutch Springs Aqua Park **6**
 4733 Hanoverville Road, Bethlehem, PA 18020 610-759-2270
<http://dutchsprings.com/>

DIRECTIONS from the AWC: I-81N to I-78E to U.S. Route 22/Lehigh Valley Thruway to PA Route 512N. Right onto Brodhead Drive. Left onto N. Commerce Way. Right onto Hanoverville Road.

108 mi. and 1 ¾ hrs. from Carlisle

Includes scuba diving, snorkeling, sky challenge (rock climbing wall with high ropes course)

Dutch Wonderland **6**
 2249 Lincoln Highway East, Lancaster, PA 17602-1188
 1-866-FUNatDW (1-866-386-2839)
<https://www.dutchwonderland.com>

DIRECTIONS from the AWC: PA Turnpike east to Exit 247/Harrisburg East. Take PA Route 283 toward Lancaster to U.S. Route 30 east.

60.4 mi. and 1 hr. 4 mins. from Carlisle

Amusement park geared toward family with small kids.

Factory Tours – Made in America Tours

Start at <http://www.yorkpa.org/factory-tours/tour/>

- ***Big Fat Daddy's BBQ*** (recently moved from Baltimore) **5**
 300 Shady Lane, Manchester, PA 17345, 717-793-2124; no public tours, by appointment only (North East York County)
- ***Bluett Brothers Violins*** **5**
 122 Hill Street, York, PA 17403, 717-854-9064; tours by appointment only (Downtown York city)
- ***First Capital Federal Credit Union*** **5**
 2602 Course Road, York, PA 17402, 717-767-5551 or 800-893-2328 (South East York County just south of the city)
- ***George's Furniture, Inc.*** **6**
 9 Reichs Church Road, Marietta, PA 17547, 717-426-1004 (Lancaster County just across the Susquehanna River from York County)

- *Harley-Davidson Motor Company, Vehicle Operations* 5
1425 Eden Road, York, PA 17402, 717-852-6590 (North East York County)
- *Hershey Chocolate World* on 5-6 line
(attraction that depicts the manufacturing process)
251 Park Boulevard, Hershey, PA 17033, 717-534-4900 (Dauphin County)
- *Martin's Potato Chips, Inc.,* 5
5847 Lincoln Highway West, Thomasville, PA 17364, 800-272-4477; tour
reservations needed (North West York County)
- *Naylor Wine Cellars, Inc.* 5
4069 Vineyard Road, Stewartstown, PA 17363, 717-993-2431 (South East York
County)
- *Perrydell Farm* 5
90 Indian Rock Dam Road, York, PA 17403, 717-741-3485; guided tours, fee
(South West York County in the Leader Heights area)
- *Renoval Pretzel, LLC* 5
509 Baltimore Street rear, Hanover, PA 17331, 717-630-2883; free 20 min. tours
Mon-Thurs, last tour starts at 11 A.M., pre-schedule bus tours (South West York
County)

(Not part of Made in America Tours)

- *Utz Snacks* 5
900 High Street, Hanover, PA 17331, 800-367-7269; self-guided tour in a
glass-enclosed observation gallery (South West York County)
- *Snyder's of Hanover Factory Store* 5
1350 York Street, Hanover, PA 17331, 800-233-7125 x28592; reservations
needed 24 hrs. in advance of FREE 30 min. guided walking tours for ages 5+ that
included a sample bag of pretzels; available Tues, Wed, Thurs at 10 A.M., 11
A.M., 1 P.M.; must be able to climb stairs (South West York County)

Farm Show

5

North Cameron Street, Harrisburg, PA 17101-2407 717-787-5373
DIRECTIONS from the AWC: I-81N. Cross the Susquehanna River. Exit 67A/Cameron
Street. You've got to be blind to miss it. The complex is huge.
20 mi. and 25 min. from Carlisle

(1) *The Farm Show Complex hosts a variety of shows, among them Harrisburg Heat
Soccer Games, The Great American Outdoor Show, Keystone Truck & Tractor Pull,
various dog shows, horse shows, PA Christmas and Gift Show. But the big show is*

simply called the Farm Show. It's always held for several weeks at the very beginning of January when farmers can get away from their farms. It's exceedingly popular and well attended. Lore had it that it always snows heavily during the Farm Show. Don't take any food; there are all sorts of traditional and creative Pennsylvania foods there for purchase. Be ready to walk – and walk – and walk! Watch for the schedule. It's well publicized. I encourage everyone to attend at least one day in order to get acquainted with a real slice of Southcentral PA.

(2) The Farm Show is very well worth attending - lots of animals to see and several shows/events going on at all times. If possible, attend on a weekday when it is not as crowded. The food court gets very crowded. If we are here another year, I will take my kids out of school a little early one day and head up for the evening.

Fastnacht Day

To New Orleans, it's Mardi Gras. In Rio, it is Carnival. Many know it as Shrove Tuesday. In Pennsylvania Dutch country, the Tuesday just prior to Ash Wednesday, the start of Lent, is Fastnacht Day. Traditionally, all of the lard is used before the time of fasting and fastnachts are made. The fastnacht dough is different from other donut recipes. They can only be found at this time of year. Many churches make and sell fastnachts as fundraisers. Several Carlisle bakeries will have them. Be sure to get yourself some fastnachts!

Festivals

<http://www.festivalsinpa.com/>

Carlisle can be found under the "PA Festivals by City" tab

- *Kipona, along Front Street, Harrisburg, PA* 5
<http://harrisburgpa.gov/kipona2015/>
DIRECTIONS from the AWC: I-81N to Exit 66/South Front Street
21 mi. and 25 min. from Carlisle

- *Long's Park Art & Craft Festival* 6
Lancaster, PA
<http://longspark.org/art-craft-festival/>
DIRECTIONS from the AWC: I-81N to PA Route 581 to I-83N to I-283S to Exit
1A/PA Route 283E. From PA Route 283, take exit to U.S. Route 30W.
57 mi. and 1 hr. from Carlisle

- *McLain Celtic Festival* 5
Two Mile House, 1189 Walnut Bottom Road, South Middleton Twp.
http://www.historicalsociety.com/Celtic_Festival.php
DIRECTIONS from the AAWC: Get onto Walnut Bottom Road south of I-81.
4 mi. and 9 min. from Carlisle

Flight 93 National Memorial 4
6424 Lincoln Highway, Stoystown, PA 15563 814-893-6322
<http://www.nps.gov/flni/index.htm>

DIRECTIONS from the AWC: (from website) PA Turnpike west (Interstate 70/76) to Exit 146/Bedford. At Turnpike light, turn left. Go to next light, turn left. Take 220 South. Follow 220 South to next exit. Exit US 30 West. Follow US 30 west approximately 25 miles. Turn left into the new park entrance. The new entrance will be marked with official National Park Service signs.
111 mi. and 2 hrs. from Carlisle

Fort Hunter Mansion and Park 5
5300 North Front Street, Harrisburg, PA 17110
<http://forthunter.org/>

DIRECTIONS from the AWC: I-81N to Exit 66/North Front Street
20 ½ mi. and 27 min. from Carlisle

(1) This is more of a local park than an historic site. Fort Hunter does host special events throughout the year. It's a nice laid-back place to go for a few leisurely hours.

Fort Indiantown Gap National Training Ground and National Cemetery 5
Annville, PA 17003 717-861-2000
http://www.portal.state.pa.us/portal/server.pt/community/ft_indiantown_gap/7269
<http://www.cem.va.gov/cems/nchp/indiantowngap.asp>

DIRECTIONS from the AWC: I-81N to Exit 85B/PA Route 934N/Fisher Avenue
40 mi. and ¾ hr. from Carlisle

(1) This listing is FYI only when I discovered that someone had never heard of "The Gap." Fort Indiantown Gap's history goes back to the French & Indian War. Both my father and father-in-law came home through The Gap after WWII. It was where many Vietnamese refugees who were sent to our state initially went. It is a massive National Guard training facility near outdoor areas. Facilities and services there that cater to the military community are not worth a trip, but if you're traveling through the area, you can go to the minimart, use the gas station, etc. Fort Indiantown Gap National Military Cemetery is massive. Many remembrances, memorials on days such as Memorial Day, etc. are held there throughout the year.

French Azilum Historic Site 3 (near 2-3 line)
469 Queens Road, Towanda, PA 18848-7926 570-265-3376
<http://www.frenchazilum.com/>

DIRECTIONS from the AWC: PA 34N to US 15N to PA 147N to I-180W to US 22N. Right onto E. Main Street in Dushore. Quick left onto Railroad Street. Becomes Marsh Road at Y intersection (stay left). Marsh Road will turn and wind. Becomes Wyalusing New Albany Road/State Route 2010 where the two intersect at a T intersection with

Marsh Road being the top part of the right side of the T. The name seems to be dropped at the intersection with Robinson Road/T887. Left onto PA 187N (another windy road); do not cross the Susquehanna River. Cross Durell Creek. First right onto VFW Road; Durell Creek parallels on the right. Right onto State Route 2014 at T intersection. Right onto River Road/T459 at T intersection; still on 2014 also. Left onto Queens Road/T458 at T intersection.

146 mi. and 3 hrs. 7 min. from Carlisle

11 A.M. – 4 P.M., Friday-Monday, May 22-September 7; Saturday & Sunday, September 12-October 11; adults & seniors, \$5; children under 12 free; group rates

NOTE: They book weddings and host many festivals. “Site of a planned settlement along the Susquehanna River built for refugees fleeing the French Revolution” (web site). “Feeling a debt of gratitude, many in the United States wanted to help the French aristocracy during the French Revolution, but the American government didn’t want to get involved in the war. Prominent Philadelphians . . . decided to take matters into their own hands in 1793, buying 1,600 acres along the Susquehanna River in northeast Pennsylvania to turn into a community for French Aristocrats fleeing their country’s revolution. . . . French Azilum . . . was abandoned by 1803, just 10 years after its founding. Most of the residents headed to larger cities or back to France, but a few stayed in northeast Pennsylvania.” [Jim Cheney, “Escaping the guillotine, *Sunday Patriot News*, January 10, 2016, p. D7]

Grand Canyon of Pennsylvania

2

Near Wellsboro, PA; surrounded by Tioga State Forest

DIRECTIONS from the AWC: Several options; here are two.

1. PA Route 34N to the rotary. Turn left onto Sunnyside Drive coming out of the rotary, the right onto Mountain Road at Sterretts Gap. Becomes Pine Hill Road after crossing Valley Road. Right onto Dellville Road at T intersection immediately after crossing Sherman Creek. (Cross Sherman Creek two more times.) Right onto PA Route 274/New Bloomfield Road. Take U.S. Routes 11/15N in Duncannon along the Susquehanna River. Stay on U.S. Route 15N when the routes split between Shamokin Dam and Sunbury. Pick up U.S. Route 220E in Williamsport. Exit 120/PA Route 44N.
2. PA Route 74N to U.S. Route 322W to PA Route 144N to PA Route 64. Cross I80. Pick up U.S. Route 220N. Exit 120/PA Route 44N.

<http://visittiogapa.com/canyon.html>

113-126 mi. 2 ¼ - 2 ¾ hrs. from Carlisle

Glencairn Museum

6

100 Cathedral Road, Bryn Athyn, PA 19009

PA DCNR (Department of Conservation and Natural Resources)

DIRECTIONS from the AWC: (from the website) PA Turnpike east to Exit 343 (old Exit 27, Willow Grove, Doylestown). Stay to the right after the toll and merge onto Route

611 North. Immediately take a sharp right at the first stoplight onto Mill Rd. (this becomes Warminster Rd. when it crosses York Rd.) Turn right at Byberry Rd. After approximately 3 miles, take a right onto Rt. 232 South (Huntingdon Pike - also known as Second Street Pike). Turn right at the first light (Cathedral Rd.). The Bryn Athyn Cathedral will be on your left. At the top of the small hill turn right into the Glencairn Museum parking lot. Handicapped parking is located on the cobblestone near the entrance to the building.

127 mi. and 2 hrs. from Carlisle

Grave of Major Dick Winters (Easy Company, Band of Brothers)

6

Bergstrasse Evangelical Lutheran Cemetery, Hahnstown Road, Ephrata, PA

DIRECTIONS from the AWC: PA Turnpike East to Exit 247, PA Route 283S to U.S.

Route 30 around Lancaster (WATCH ROAD SIGNS), to U.S. Route 222N to Ephrata. Exit

222 onto U.S. Route 322. The church and cemetery are right behind the Turkey Hill on

the right. (FYI, the town of Ephrata is several miles down 322W in the opposite

direction.) Turn left onto Hahnstown Road as if you were going to enter the Turkey Hill

parking lot. However, go a little farther and turn right toward the church building at

the top of the hill. Major Winters and his wife Ethel are buried at the bottom of the hill

in front of the church. From the parking lot, turn right toward the grave sites, then

quickly turn left going back toward the side of the church. If you keep going, you'll run

into the back of the church building. Instead, turn right onto the road that goes down

the eastern side of the cemetery. You have to turn right because the road does not go

anywhere else. Then turn right onto the cemetery road that parallels 322. Major

Winters and his wife are buried to the right side, not far from the road. There is

nothing special about the tombstone. It fits in with those for his extended family and

others around it. However, it's usually decorated with patriotic items left by others

who have visited.

66 mi. and 1 1/6 hrs. from Carlisle

Haines Shoe House

5

197 Shoe House Road, York, PA 17406

717-683-6328

<http://www.roadsideamerica.com/story/2202>

DIRECTIONS from the AWC: I-81N to Exit 59/PA Route 581 to I-83S to Exit

21A/Arsenal Road/U.S. Route 30E. You'll see the house to the right before you get to

where you have to exit. Exit toward PA Route 462/Hallam, south onto Kreutz Creek

Road. Turn right onto PA Route 462E/Lincoln Highway. Right onto Shoe House Road.

47 mi. and 48 min. from Carlisle

NOTE: There are many ways to get to Route 30. Instead of traveling 81 to 581 to 83,

you could use the Turnpike to 83, travel the Lisburn Road to I83 Exit 32/Newberrytown,

or drive PA Route 74S to 30. *For expedience, you are being referred to other sites that

can be reached via 30 for alternative routes. This list is getting too big for continual

repetition.

This has been a tourist sight, since it was built from 1948-49, to promote a chain of shoe stores. At one time, it was marketed as a little hotel for honeymooners. It has gone through a series of owners since the death of the original owner. New owners bought it less than a year ago. It now houses a makery (Mellie bakes and makes things) and treat shop. Tours are available. See website for specifics.

- (1) *My husband & I had a wonderful afternoon outing here. There was a steady stream of visitors. The grounds, although small, sport several picnic tables and some leisurely outdoor games for visitors' use. The \$5 fee to tour the shoe house was worth it. It's so cute and bigger than it appears on the outside. It's not uncommon for a former guest or a local with knowledge of the shoe house's history to stop by. Mellie, the owner, offered a friendly greeting in her little Makery. She offers treats; visitors are free to bring picnic food. There's a porta-john with hand sanitizer; I was told she'd let people use the sink, if need be. Discounted group tour rates are available. There are parking slots for cars. As we were leaving every slot was taken.*

Hemlocks Natural Area, Tuscarora State Forest

5

Forest District Headquarters, District Forester, Tuscarora State Forest, 4455 Big Spring Road (R.D. 1, Box 42-A), Blain, PA 17006 717-536-3191 Gene Odato
PA DCNR (Department of Conservation and Natural Resources)

DIRECTIONS from the AWC: two options

1. PA Route 74N/Waggoners Gap Road. Left onto PA Route 850 at Alinda. Right onto PA Route 233 in Landisburg (also 850). Left onto PA Route 274 in Loysville. Continue on 274 with a left turn in Blain. Left onto Hemlock Road at Big Spring State Forest Picnic Area.
2. PA Turnpike west to Exit 189/Willow Hill. Left onto PA Route 75N/Path Valley Road. Right onto PA Route 274/Big Spring Road in Burns Valley. Right onto Hemlock Road at Big Spring State Forest Picnic Area.

42 mi. and 1 hr. (option 1) or 61 mi. and 1 ¼ hrs. (option 2) from Carlisle.

From the Tuscarora State Forest pamphlet: Located along Hemlock Road and Big Spring State Park, this area consists of 120 acres of virgin hemlock in a narrow ravine about 1 ½ miles long. Three miles of trails traverse the area on each side of Patterson run. At the trailhead parking area, there is a picnic table for use by the public. Pamphlets are available. Camping is not permitted. Nationally known educator, inventor, orator, and conservationist, John L. McCaskey, was instrumental in preserving this virgin stand of hemlock which was later designated a natural area. His grave, along with that of his wife Clara, can be found along the Big Round Top Trail. Mrs. McCaskey died in 1933, followed by her husband in 1948.

This area has been hit hard by the Woolly Anegid (destructive pest) which got many of the largest trees.

- (1) *This isn't an easy area in which to walk. Don't expect a nicely groomed trail. You'll be crawling over downed hemlock trees that are huge. It's a great experience to be in*

a forest that has never been logged due to a misunderstanding as to who owned the land.

The Hershey Bears American Hockey League Team 5
Affiliated with the Washington Capitals
Games held at The Giant Center, West Hersheypark Drive, Hershey, PA 17033
717-534-3383 *October - March*
<http://www.hersheybears.com/>

DIRECTIONS from the AWC: I-81N to 581 to I-83N to U.S. Route 322. (NOTE: This intersection is called the Eisenhower Intersection or the Ike. Signage can be very confusing. Just keep going straight; it doesn't matter if you're in the left or right lane.) Continue on 322 to PA Route 39, Hersheypark Drive; you will turn off on this bypass before you get to the town of Hershey.

33 mi. and $\frac{3}{4}$ hr. (not on game days!) from Carlisle

(1) *Extremely popular, long-standing team with a winning record and great support from the area.*

Hersheypark Christmas Candyland 5
100 W. Hersheypark Drive, Hershey, PA 17033 800-437-7439 *Christmas*
<http://www.hersheypark.com/seasons/christmas.php>

DIRECTIONS from the AWC: I-81N to PA Route 581 to I-83N to U.S. Route 322. (NOTE: The intersection with I-83, I-283, and U.S. Route 322 is called the Eisenhower Intersection or the Ike. Signage can be very confusing. Just keep going straight to go from I-83 to 322E; it doesn't matter if you're in the left or right lane.) Continue on 322 to PA Route 39, Hersheypark Drive; you will turn off on this bypass before you get to the town of Hershey.

33.5 mi. and 40 min. (allow extra time for traffic) from Carlisle

***NOTE: Hersheypark also does other themed events for different holidays and seasons.

(1) *Dress warmly. Obviously, you will be outside in the park. Select rides, with little kids in mind, are open. There is also a Hershey Sweet Lights car ride through a light display adjacent to Hersheypark.*

The Hershey Story, The Museum on Chocolate Avenue 5
63 W. Chocolate Avenue, Hershey, PA 17033 717-534-8939
<http://www.hersheystory.org/>

DIRECTIONS from the AWC: I-81N to PA Route 581 to I-83N to U.S. Route 322 into Hershey. (NOTE: The intersection with I-83, I-283, and U.S. Route 322 is called the Eisenhower Intersection or the Ike. Signage can be very confusing. Just keep going straight to go from I83 to 322E; it doesn't matter if you're in the left or right lane.)

33 mi. and 47 min. from Carlisle

(1) This is a beautiful museum, relatively new, in downtown Hershey. It is a bit pricey. However, active duty military can get in for free, and their family members get a discount. There are additional interactive activities that require additional charges, if you're so inclined.

Independence National Historical Park (Independence Hall and the Liberty Bell) **6**
520 Chestnut Street, Philadelphia, PA 19106 215-965-2305
<http://www.nps.gov/inde/planyourvisit/index.htm>

DIRECTIONS from the AWC: PA Turnpike east to Exit 326/Valley Forge, Schuylkill Expressway to Exit 344. Cross the Schuylkill River on I-676. Left onto Chestnut Street. (As always, please double check your directions before you head out.)
125 mi. and 2 5/6 hrs. from Carlisle

Indian Echo Caverns **5**
368 Middletown Road, Hummelstown, PA 17036 717-566-8131
<http://www.indianechocaverns.com/>

DIRECTIONS from the AWC: I-81N to 581 to I-83N to U.S. Route 322. (NOTE: This intersection is called the Eisenhower Intersection or the Ike. Signage can be very confusing. Just keep going straight; it doesn't matter if you're in the left or right lane.) Right onto Middletown Road (called Hanover Street north of 322).
29 mi., and 38 min. from Carlisle

(1) I've never been here, but my husband and kids have. Lots of school and scout groups excursion trips.

Indian Steps Museum **5**
205 Indian Steps Road, Airville, PA 17302
717-862-3948 in season *April 15 – October 15*, 717-891-4828 off season
<http://www.indiansteps.org/>

Possibly the first Native American museum in the U.S. where “steps” carved into the rocks of the Susquehanna River by ancient people.
DIRECTIONS from the AWC: PA Turnpike east to Exit 242/I-83S to Exit 18/Mt. Rose Avenue/PA State Route 124. Right onto PA State Route 24/Cape Horn Road. When Cape Horn Road veers right, veer left onto Windsor Road. Name changes to Blacksmith Avenue. Left onto Burkholder Road at T intersection. Name changes to Furnace Road/PA State Route 425. Right on Indian Steps Road.

John Harris –Simon Cameron Mansion **5**
219 S. Front Street, Harrisburg, PA 17101 717-233-3462

<http://www.dauphincountyhistory.org/mansion/>

DIRECTIONS from the AWC: I-81N to PA Route 581 to I-83N Exit 43/Second Street immediately upon crossing the bridge above the Susquehanna River. Follow the ramp, crossing Paxton Street onto N. 2nd Street, a one way street heading north. The mansion is between Washington Street and Mary Street on the left just south of what is locally known as Harrisburg Hospital; it's now part of Pinnacle Health. Front Street is a one way street heading south. Between 2nd Street and Front Street is River Street, a one way street heading south.

22 mi. and ½ hr. from Carlisle

- (1) *The mansion is owned by the Dauphin County Historical Society, which is trying hard to renovate the mansion; it is evident that funds are tight, and more work is needed. Saying that, the mansion's two occupants were pivotal figures in history and the stories told on the tour are enlightening. Also, the grave of John Harris is directly across Front Street in Riverfront Park. This is a nice local outing. Young children may not appreciate it.*

Johnson Flood National Memorial

4

U.S. National Park Service

<http://www.nps.gov/jofl/index.htm>

Check for admission and hours; some free days

DIRECTIONS from the AWC: PA Turnpike West. Exit 146 Bedford to I-99N/US 220N. Exit 7 to PA Route 869 (changes names with different municipalities). Right onto Lake Road in Sidman.

About 116 miles and a little over 2 hours from Carlisle.

- (1) *Excellent! This is run by the National Parks. Most is outside. Walking. Allow for plenty of time. The Memorial is on the hills outside of town. To get a full picture of the catastrophe, drive into town to visit Grandview Cemetery, the Johnstown Flood Museum, and perhaps other sights.*

Jubilee Day

5

Downtown Mechanicsburg, PA

Billed as the largest and longest running, one-day, street fair in Eastern PA

Always held on the 3rd Thursday in June

No pets or bikes; has a Children's Area

Always very well attended (read extremely crowded)

Julius Sturgis Pretzel Factory

6

219 East Main Street (Route 772), Lititz, PA 17543

717-626-4354

<http://www.juliussturgis.com/>

DIRECTIONS from the AWC: PA Turnpike east to Exit 266/Lebanon-Lancaster. PA State Route 72S/Lebanon Road. Name change to Newport Road. Turn right onto PA State Route 501S/Furnace Hills Pike. Name change to N. Broad Street in Lititz. Pass Wilbur Chocolates. Right onto East Main Street. 57 mi., and 1 1/2 hr. from Carlisle

(1) A great laid-back activity, especially for young children. Sturgis is the first commercial pretzel factory in the U.S. Everyone gets to try to make a pretzel. Small admission charge.

Knoebels Amusement Resort

5-6 line near 2-3

America's Largest Free Admission Amusement Park
391 Knoebels Boulevard, Elysburg, PA 17824 570-672-2572
Pronounce the "K" [(k sound)-no-bles]
<http://www.knoebels.com/>

DIRECTIONS from the AWC: three options

- I81N to Exit 116/PA Rout 901N. Road becomes PA Route 54W. Right onto PA Route 487/E. Valley Avenue in Elysburg. Becomes Knoebels Boulevard.
- I-81N to Exit 67A/U.S. Route 15 N (see traffic warning given for the Joseph Priestly House in the PHMC listings) to PA Route 61S in Shamokin Dam. Left onto PA Route 487N in Meadowview. Through Elysburg. Becomes Knoebels Boulevard.
- PA Route 34 N to U.S. Route 15N to PA Route 61S in Shamokin Dam. Left onto PA Route 487N in Meadowview. Through Elysburg. Becomes Knoebels Boulevard.
90 ½ miles(option 1), 86 miles (option 2), 75 miles (option 3) and 1 ¾ hrs. from Carlisle

(1) This park is a throwback of sorts to the way amusement parks used to be. It is in a rural, wooded area where many people camp. It is popular with Christian families and groups. No parking fees. Several ticket options make it quite affordable relative to other amusement parks. It is a hike to get there, but if you want a leisurely, laid back time with rides that are of older styles and tame in comparison to others out there (ex., roller coasters), you might want to investigate Knoebels.

Koziar's Christmas Village

782 Christmas Village Road, Bernville, PA 19506
www.koziarschristmasvillage.com

Christmas

6

Check for admission and hours

DIRECTIONS from the AWC: I-81N to I78 Exit 19. Take Route 183S through Bernville. (From the website) The turn-off road (N. Heidelberg Road) is approximately 4/10 of a mile south of the Sunoco station in Bernville. There is a street light at this entrance,

and there will be signs indicating Christmas Village. Turn right onto this road (N. Heidelberg Road), and then turn right again at the third road on the right (Christmas Village Road.) Follow this road for about 1.3 miles, and you will be at Christmas Village. Don't give up! You will find it! They are 13 miles north of Reading and ½ mile south of Bernville. Phone: 610-488-1110

About 85 miles and 1 ¾ hours from Carlisle.

(1) This huge display was begun in 1948, on a farm by the owner for his children. It is a hodgepodge of mainly old decorations. Very nostalgic. Everything is outdoors, so dress appropriately and be prepared to walk. Unless you want to drive past Exit 19 to find a restaurant, bring a picnic dinner. We saw no picnic tables, so also prepare to have chairs, little tables, whatever would make your eating experience nice. There is nowhere to eat beginning just east of metropolitan Harrisburg around Grantville, until you arrive. One can stand at a ledge attached to a wall to eat in the first building which has a little food stand; there are no tables, some benches. The food at the village is basic, costly, and leaves much to be desired: very basic hamburgers, one squeeze bottle of ketchup for customer use, one squeeze bottle of mustard for customer use, popcorn, some drinks, freshly baked cookies. There are Christmas-themed things to buy. This place is out in the country (Read two-lane country roads that get very congested right before dusk.). We turned around the first time we tried to go there because nothing was moving. Go early. If you go on a weekend, go earlier. The crowd was large but orderly and polite. Everyone seemed to be having a good time. We did.

Land of Little Horses Farm Park

125 Glenwood Drive, Gettysburg, PA 17325

717-334-7259

5

www.landoflittlehorses.com

DIRECTIONS from the AWC: PA Route 34S; right onto Goldenville Road; bear left onto Belmont Road; right onto US Route 30W; left onto Seven Stars Road; bear left onto Glenwood Drive.

31.2 mi and 51 minutes from Carlisle

Fees; group rates available; available for birthday parties

Longwood Gardens

1001 Longwood Road, Kennett Square, PA 19348

610-388-1000

6

<http://longwoodgardens.org/>

DIRECTIONS from the AWC: I-81N to PA Route 51 to I-83S to I-283S to Exit 1A/PA Route 283E. Merge onto U.S. Route 30E. This is a very congested area where all major Lancaster roads meet, so pay attention. Continue to 30E. Exit onto PA Route 462. Turn right off the exit, then take an immediate left onto the Strasburg Pike. Name changes to Lancaster Avenue. Turn left onto PA Route 741/Miller Street in Strasburg. Turn right onto PA Route 896/Georgetown Road. Continue on Georgetown Road when the 896 takes 90 degree turns through Georgetown. Name changes to Newark Road. Turn left onto the ramp for U.S. Route 1/Kennett Oxford Bypass. Name changes to E. Baltimore Pike when that road coming from the south merges with Route 1. Exit onto Longwood Road.

99 ½ mi. and 2 hrs. from Carlisle

Created by Pierre S. du Pont on land that included a dilapidated 15-acre arboretum, Longwood Gardens covers over 1,077 acres of gardens, woodlands, and meadows. The flagship five acre Main Fountain Garden is du Pont's world famous take on classic Italian and French fountain gardens. (description taken from the website and an article written by George Weigel that appeared in the September 3, 2015, edition of *The Patriot-News*.)

Major Winters Den, Hershey - Derry Township Historical Society 5

40 Northeast Drive, Hershey, PA 17033 717-520-0748

<http://hersheyhistory.org/exhibits-collections/major-winters-den>

DIRECTIONS from the AWC: I-81N to 581 to I-83N to U.S. Route 322. (NOTE: This intersection is called the Eisenhower Intersection or the Ike. Signage can be very confusing. Just keep going straight; it doesn't matter if you're in the left or right lane.) Continue on 322 to PA Route 39, Hersheypark Drive; you will turn off on this bypass before you get to the town of Hershey. The Historical Society Museum is tucked into a corner behind the Tanger Outlet Mall. Look for a Red Robin Restaurant; it is sort of behind it.

34 mi. and ¾ hr. from Carlisle

- (1) *Before he died, Major Winters gave the Historical Society his den and its contents. They've recreated it. I saw it when admission was free. According to the website, there's now a small admission fee. This is interesting if you're into the Band of Brothers story. You might even encounter someone who knew Major Winters.*

Mennonite Information Center (and Biblical Tabernacle Reproduction) 6

2209 Millstream Road, Lancaster, PA 17602-1491 800-858-8320

<http://www.mennoniteinfoctr.org/>

DIRECTIONS from the AWC: PA Turnpike east. Get into the right lane going over the Susquehanna River to take Exit 247/Harrisburg East. Go through the furthest toll booth on the right as you can. *Immediately* after paying the toll, take Exit 1A/PA Route 283 on the right to U.S. Route 30E. *This is a very congested area where all major Lancaster roads meet, so pay attention.* Continue to 30E. Attraction is right past the Lancaster Mennonite School on the right and in front of the Tanger Outlets. NOTE: There are two outlets in Lancaster that are very close to each other. If you get to the Rockvale Outlets a bit down the road, you've gone too far.
62 i. and 1 1/6 hr. from Carlisle

Mercer Museum and Fonthill Castle

6

84 S. Pine Street, Fonthill—East Court Street and Route 313, Doylestown, PA
18901-4930 215-345-0210
<http://www.mercermuseum.org/>

DIRECTIONS from the AWC: PA Turnpike east. Exit 343/Willow Grove. PA Route 611N. Right onto S. Pine Street. NOTE: adjacent to The James A. Michener Art Museum and Doylestown Library.

133 mi. and 2 hrs. 9 mins. from Carlisle

10 A.M.-5 P.M. Mondays-Saturdays, noon-5 P.M. Sundays, 10 A.M.-3 P.M. Christmas Eve, closed holidays.

\$14 adults, \$12 seniors 65 and older \$8 ages 6-17, free 5 and younger and members.
Mercer Experience ticket (includes Mercer Museum and Fonthill Castle) \$24 adults, \$15 youth

Moravian Pottery and Tile Works

6

130 E. Swamp Road, Doylestown, PA 18901-2451 215-348-6098
www.buckscounty.org/goernment/MoravianPotteryTileworks

10 A.M.-4:45 P.M., closed holidays

\$5 adults, \$4 seniors, \$3 ages 7-17

(from “Concrete castles secure tile maker’s legacy” by Jim Cheney, Sunday Patriot-News, December 6, 2015)

Doylestown is surrounded by three castle-like concrete structures built in the early 20th century by archaeologist, artist and tile maker Henry Chapman Mercer. A Doylestown native, who many consider a Renaissance Man for his desire to wander and learn, Mercer traveled throughout Europe and brought back many design elements. Beginning in 1904, Mercer began building concrete structures on the outskirts of downtown. . . . The first building he completed was his home, Fonthill. . . . it resembles the types of castles in Germany or France. He built the 44-room home using reinforced concrete and enveloped an existing farmhouse within its confines. During construction, Mercer had many of his famous Moravian tiles placed within the castle walls, along with many of his ancient souvenirs from Europe. Next to Fonthill was Mercer’s pottery studio, the Moravian Pottery and Tile Works, known throughout the world for its beautiful arts-and-crafts-style tiles. This building was designed like a Spanish monastery. . . . The last building finished was the Mercer Museum. Mercer filled its 55 rooms with tens of thousands of hand-powered tools. He used concrete in his constructions to avoid risk of fire that could destroy the museum’s rare pieces. Mercer’s unique construction methods also preserved the buildings that secured his legacy, as well. Mercer’s three castles are open daily and can be seen in a single day.

National Watch & Museum

514 Poplar Street, Columbia, PA 17512

717-684-8261

6

<http://www.nawcc.org/index.php/museum>

DIRECTIONS from the AWC: two options

- PA Turnpike east to Exit 242/I-83S to Exit 21/U.S. Route 30E. First exit (Columbia) after crossing the Susquehanna River. Right onto Linden Street, right onto N. 5th Street, left onto Poplar Street.
- (A more leisurely way to go) Back Entry/Entrance Gate. Left onto E. North Street. Right onto Army Heritage Drive. Left at light onto PA Route 641/Trindle Road at the Sheetz. Right onto S. Middlesex Road where the big red brick house is. Becomes the Lisburn Road at the sharp turn. Cross U.S. Route 15 & pass Messiah College on right. Go straight at light in Bowmansdale; road is now PA Route 114E. Stay on 114. The only tricky part is not far outside of Bowmansdale where the road makes a sharp dog leg under the railroad tracks stone bridge. Go into Lisburn. At the end of town, the fire station will be on the right. Cross the Yellow Breeches into York County. Go a very short distance; take Nauvoo Road, the second road on the right that angles off. (FYI, Moores Mountain Road is the first.) Nauvoo Road is 1 mile long. Watch for deer; they run in this area. Turn right at the stop sign onto PA Route 382/Lewisberry Road. Pay special attention at the four-way stop sign right outside of town. Before the four signs were installed, many people died here due to vehicle accidents. Continue on 382 to I83S (Newberrytown Exit.) Take U.S. Route 30E at Exit 21. First exit (Columbia) after crossing the Susquehanna River. Left onto Linden Street, right onto N. 5th Street, left onto Poplar Street.

51 mi. and 1 hr. from Carlisle

New Cumberland Olde Towne Association Apple Festival (annual event) 5
New Cumberland Borough Park, Front and Bridge Streets, New Cumberland, PA
Saturday, September 26, 2015, 9 A.M. – 3 P.M. Fall
DIRECTIONS from the AWC: PA Turnpike East to Exit 242, I-83S, quick Exit 39A - PA
State Route 114/Lewisberry Road. At the stop light at the T intersection (Capital City
Airport in front of you), turn left.
<http://www.applefestivalnewcumberlandpa.com>
<https://www.facebook.com/newcumberlandapplefestival>

about 22 mi. and ½ hour from Carlisle
Voted the Readers' Choice Festival; food, craft vendors, entertainment, children's
activities. For any questions call Christine Leukus at 717-319-4421.

The Oakes Museum of Natural History 5
One College Avenue, Mechanicsburg (actually Grantham), PA 17055
Office Mon – Fri 717-691-6082; Reception Sat 717-766-2511 x2642
<http://www.messiah.edu/Oakes/museum-info.html>
DIRECTIONS from the AWC: Left onto Claremont Road, right onto Army Heritage
Drive, left onto Trindle Road, right onto S. Middlesex Road.
Becomes Lisburn Road at the sharp left turn. Cross under U.S. Route 15. Go up a hill.
The entrance to Messiah College is at the bottom of the hill to the right. Turn left at
the stop sign. Be alert for speed bumps. Take the first right into a parking lot. The
Oakes Museum in Jordan Science Center which shares a large foyer with Kline Hall of
Science.
13 mi. and 24 mi. from Carlisle
Open to the public on Saturdays 1 – 5 P.M.; admission

Pearl S. Buck House 6
520 Dublin Road, Perkasie, PA 18944 215-249-0100
<http://www.psbj.org/pearlbuckhouse>

DIRECTIONS from the AWC: I-81N to I-78E to Exit 60A/Quakertown/PA Route 309S.
Left onto PA Route 313/Broad Street in Quakertown. Name changes to Doylestown
Pike, then Dublin Pike. Right onto Dublin Road in Dublin.
121 mi. and 1 ¼ hrs. from Carlisle

Peddler's Village 6
2400 Street Road New Hope, PA 18938 (address recognized by GPS; actually in Lahaska)
215-794-4000
<http://www.peddlersvillage.com>

DIRECTIONS from the AWC: Two options

- PA Turnpike east to Exit 343/Willow Grove to PA Route 611N. Left onto Blair Mil Road. Dog leg left onto W. Country Line Road, then right onto PA Route 263/York Road. Merges with U.S. Route 202.
137 mi. and 2 1/3 hrs. from Carlisle
- to I-78E. PA Route 309 will merge with I-78, and they will both designate a portion of the road. Stay on 309 when they split. Left onto Pleasant View Road; becomes Township Road, then Bursonville Road. Right onto PA Route 412/Harrow Road; becomes Dawson Road. PA Route 611 merges into 412; becomes Easton Road. Veer right onto PA Route 413/Durham Road. Left onto Long Lane. Right onto Street Road.
132 mi. and almost 2 1/2 hrs. from Carlisle.

Peddler's Village is a drive, but makes a lovely day for those who like to shop boutique-y places.

Pick Your Own Fruit and Vegetable Farms

varies

<http://www.pickyourown.org/PACentral.htm>.

- Paulus Farm Market, 1216 S. York Street, Mechanicsburg, PA 17055 5
717-697-4330

<http://www.paulusfarmmarket.com/>

(1) This is a nice apple orchard with u-pick apples....many varieties during the season. They also have family activities for a reasonable fee and an awesome corn maze. Overall a great fall afternoon for the family!

Pride of the Susquehanna

5

11 Championship Way, Harrisburg, PA 17101

717-234-6500

<http://harrisburgriverboat.com/>

DIRECTIONS from the AWC: Two options

- I-81N to PA Route 581 to I-83N Exit 43/Second Street. Left onto Market Street at 3rd light, cross eastern side of the Susquehanna River, exit onto City Island.
- (from the Pride's website) I-81N. Take Exit 66/South Front Street. Follow Front Street south 3.5 miles to the fifth light. At light, turn right onto Market Street Bridge. Halfway across bridge turn right onto City Island.

22 mi. and 30 min. from Carlisle

(1) It's a nice ride. Nothing exciting. It's a riverboat ride. Because of the rocky depth of the Susquehanna River, there's not enough draw for the Pride to go too far north. Due to a low head dam, it can't go south.

Rutter's Dairy Tours

5

Dairy at 2100 North George Street, York, PA 17404
717-848-9827 or 888-840-1667
<http://www.rutters.com>

DIRECTIONS from the AWC: three options

- PA Turnpike east to Exit 242/I-83S to Exit 22/North George Street.
- I-81N to 581 to I-83S Exit 22/North George Street.
- (A more leisurely way to go) Back Entry/Entrance Gate. Left onto E. North Street. Right onto Army Heritage Drive. Left at light onto PA Route 641/Trindle Road at the Sheetz. Right onto S. Middlesex Road where the big red brick house is located. Becomes the Lisburn Road at the sharp turn. Cross U.S. Route 15 and pass Messiah College on right. Go straight at light in Bowmansdale; road is now PA Route 114E. Stay on 114. The only tricky part is not far outside of Bowmansdale where the road makes a sharp dog leg under the railroad tracks stone bridge. Go into Lisburn. At the end of town, the fire station will be on the right. Cross the Yellow Breeches into York County. Go a very short distance; take Nauvoo Road, the second road on the right that angles off. (FYI, Moores Mountain Road is the First.) Nauvoo Road is 1 mile long. Watch for deer; they run in this area. Turn right at the stop sign onto PA Route 382/Lewisberry Road. Pay special attention at the four-way stop sign right outside of town. Before the four signs were installed, many people died here due to vehicle accidents. Continue on 382 to I83S (Newberrytown Exit.) Take I83S to Exit 22/West George Street.

38.6 mi. and 45 min. (Turnpike way), 38 mi. and 38 min. (I-81 way), or 35 mi. and 40 min. (back way) and 1 hr. from Carlisle

The following is quoted from the website: The roots of Rutter's Dairy are planted deeply in the soil of Central Pennsylvania, in farmland deeded to the Rutter family in 1747 by descendants of Pennsylvania's founder, William Penn. Rutter's family farm has been in operation for 266 years, making it one of the oldest continually-operated family farms in America. Limited amount of educational group tours for kindergarteners in April – May.

Sesame Place

6

100 Sesame Road, Langhorne, PA 19047866-464-3566
<http://sesameplace.com/langhorne/>

DIRECTIONS from the AWC: PA Turnpike east and I-276E to Exit 351/Bensalem. Take U.S. Route 1N. Pass the Neshaminy Mall on the right. Exit Oxford Valley Road to the south. Turn right onto N. Bucks Town Drive, left onto Sesame Road.
137 mi. and 2 ¼ hrs. from Carlisle.

Sight and Sound Theater

6

300 Hartman Bridge Road, Ronks, PA 17572 800-377-1277
<https://www.sight-sound.com>

DIRECTIONS from the AWC: Two options.

- PA Turnpike east. Get into the right lane going over the Susquehanna River to take Exit 327/Harrisburg East. Go through the furthest toll booth on the right as you can. Immediately after paying the toll, take Exit 1A/PA Route 283 to the right to U.S. Route 30E. This is a very congested area where all major Lancaster roads meet, so pay attention. Continue to 30E. Turn right onto PA Route 896S/Hartman Bridge Road along the north and east sides of the Rockvale Outlets. 64 mi. and 1 1/6 hrs. from Carlisle
- PA Turnpike east. Exit 242/I-83S to Exit 21/U.S. Route 30E. Travel beyond the Lancaster sprawl until you see Rockvale Outlet on the right. (You'll see Tanger Outlet first.) Turn right onto PA Route 896S/Hartman Bridge Road along the north and east sides of the Rockvale Outlets. 71 mi. and 1 1/3 hrs. from Carlisle.

(1) This place is an extravaganza. There's now a second Sight and Sound Theater in Branson, MO. It's like nothing you've ever seen. All productions are based on the Bible. If this might be your only opportunity to see a production here, I strongly urge you to take it. The shows are long and the vast majority sell out early, especially the Christmas show. Sight and Sound pulls in people from all over the Mid-Atlantic area.

Ski Roundtop Mountain Resort

5

925 Roundtop Road, Lewisberry, PA 17339

717-432-9631

<https://www.skiroundtop.com>

DIRECTIONS from the AWC: (from the Ski Roundtop website) From I-81 or Pennsylvania Turnpike, take Route 74 South toward Dillsburg. At the intersection with Route 15, turn right onto Route 15 South. Go to the first traffic light, turn left onto Baltimore Street (which is Rt 74 at this point). Continue to the next traffic light, turn left onto Harrisburg Street. Go straight to the top of the hill, turn right onto Chestnut Street. Chestnut Street becomes Old York Road. Follow Old York Road to traffic light in Rossville, turn left onto Route 177. Cross the bridge at Pinchot Park and turn left onto Pinetown Road. Turn left onto Roundtop Road.

20 mi. and a little over 1/2 hour from Carlisle

Year-round activities including snow skiing, snowboarding, snow tubing, paintball, ropes course, group facilities, and more.

(1) Ski Roundtop can be seen from a whole lot of roads throughout this area.

Theaters – traveling Broadway shows, concerts, live productions

5

- The Giant Center, Hershey MAJOR acts, concerts, shows, sports events

<http://www.hersheyentertainment.com/giant-center/>

- *Hershey Theater, Hershey*
<http://www.hersheyentertainment.com/hershey-theatre/>
- *Strand Capitol Theater, York*
<http://www.mystrandcapitol.org/>
- *H. Rick Luhr's Performing Arts Center, Shippensburg University of PA*
<http://www.luhrscenter.com/>

Three Mile Island Visitors Center

5

Highway 441, Middletown, PA 17057 717-948-8829
<http://explorepahistory.com/attraction.php?id=1-B-260A>

DIRECTIONS from the AWC: PA Turnpike east. Exit 242/I-83S to the PA Route 441/N. Union Street Exit. Travel through Middletown. Watch for signs. 33 ½ mi. and ¾ hr. from Carlisle

(1) I visited TMI before 9-11 when people could actually go through the generating station. The place has heavy security now. I believe the visitors center does its job. For a great view of TMI itself, stay on this side of the Susquehanna River. Take Exit 32/Newberrytown off I-83S. Travel on PA Route 382E/York Haven Road for 3-4 miles. Turn left onto PA Route 262/Cly Road. Take a sharp right onto River Road. You'll be going slowly among older houses. Go up the hill until you see a parking area to the right adjacent to a tree farm on the side of a hill. Turn around for an absolutely gorgeous panoramic view.

Trout Fishing

sites all over the place

(1) Email PWOCPAtripideas@gmail.com. Provide name and telephone number.

Turkey Hill Experience

6

301 Linden Street, Columbia, PA 17512 844-847-4884
<http://www.turkeyhillexperience.com/>

DIRECTIONS from the AWC: two options

- PA Turnpike east to Exit 242/I-83S to Exit 21/U.S. Route 30E. First exit (Columbia) after crossing the Susquehanna River. The building and sign can be seen from 30. The Turkey Hill Experience abuts the main road.
- (A more leisurely way to go) Back Entry/Entrance Gate. Left onto E. North Street. Right onto Army Heritage Drive. Left at light onto PA Route 641/Trindle Road at the Sheetz. Right onto S. Middlesex Road where the big red brick house is located. Becomes the Lisburn Road at the sharp turn. Cross U.S. Route 15 and pass Messiah College on right. Go straight at light in Bowmansdale; road is now PA Route 114E. Stay on 114. The only tricky part is not far outside of Bowmansdale where the road makes a sharp dog leg under the railroad tracks stone bridge. Go into Lisburn. At the end of town, the fire station will be on the right. Cross the Yellow Breeches into York County. Go a very short distance;

take Nauvoo Road, the second road on the right that angles off. (FYI, Moores Mountain Road is the first.) Nauvoo Road is 1 mile long. Watch for deer; they run in this area. Turn right at the stop sign onto PA Route 382/Lewisberry Road. Pay special attention at the four-way stop sign right outside of town. Before the four signs were installed, many people died here due to vehicle accidents. Continue on 382 to I-83S (Newberrytown Exit.) Take U.S. Route 30E at Exit 21. First exit (Columbia) after crossing the Susquehanna River. The building and sign can be seen from 30. The Turkey Hill Experience abuts the main road. 49 mi. (Turnpike way) or 47 mi. (back way) and 1 hr. from Carlisle

Westmoreland Museum of American Art 4
221 North Main Street, Greensburg, PA 15601 724-837-1500
<https://www.wmuseumaa.org/index.cfm> *FREE*

DIRECTIONS from the AWC: PA Turnpike west to Exit 75/New Stanton to PA Route 668N/U.S. Route 119N. Becomes Main Street. 166 mi. and 2 ¾ hrs. from Carlisle

Wheatland, or the James Buchanan House 6
1120 Marietta Avenue, Lancaster, PA 17603 717-392-4633
<http://www.lancasterhistory.org/visit>

DIRECTIONS from the AWC: Turnpike east. Get into the right lane going over the Susquehanna River to take Exit 247/Harrisburg East. Go through the furthest toll booth on the right as you can. Immediately after paying the toll, take Exit 1A/PA Route 283 on the right. Exit PA Route 741 toward Millersville/East Petersburg. (Exit before getting to U.S. Route 30E.) Left onto PA Route 23/Marietta Avenue. (FYI, WGAL, the local NBC affiliate, is located .9 mile further via two turns.) 56 mi. and 1 hr. from Carlisle.

(1) This is what you'd expect. If you're into history, it's a good opportunity to learn about Pennsylvania's only U.S. President (so far!). Call before you go. I'm not sure if individuals can go. Their website only lists group rates. Again, I was there a while ago with our now adult offspring when they were kids.

Wilbur Chocolate Americana Museum & Candy Store 6
48 N. Broad Street, Lititz, PA 17543 717-626-3249 *FREE*

<http://www.wilburbuds.com/visit/>

DIRECTIONS from the AWC: PA Turnpike east to Exit 266/Lebanon-Lancaster. PA State Route 72S/Lebanon Road. Name change to Newport Road. Turn right onto PA State Route 501S/Furnace Hills Pike. Name change to N. Broad Street in Lititz. Just minutes away from the Julius Sturgis Pretzel Factory. 56 mi., and 1 hr. from Carlisle

- (1) *Although you'll hear about Hershey a lot, the chocolate recipe has been changed for mass distribution affordability. Be sure to try Wilbur Buds. They are GREAT! This is a really nice, low key outing in a very picturesque Lancaster County town.*

Wineries

- **Buddy Boy Winery & Vineyard** 5
111 Barnett Drive, Duncannon, PA 17020 717-834-5606
<http://buddyboywinery.com/>

DIRECTIONS from the AWC: Two options

1. I-81N to U.S. Route 15N. WARNING: PENNDOT is going to soon start a massive construction project that will shut down 15 near Marysville just north of I-81. Traffic will be forced onto U.S. Route 322. This is a heavily traveled area. Be sure to check traffic conditions on the road if you decide to go, especially if traveling on a Penn State football weekend.] Turn left onto Cove Road. Turn left onto Barnett Drive.
2. PA Route 34N/Spring. Stay on 34 through the rotary just outside of Sterretts Gap, then take a quick right onto Mountain Road. Name changes to Pine Hill Road upon crossing Valley Road, then to Dellville Road after crossing Sherman's Creek the first time. Right onto PA Route 274/New Bloomfield Road into Duncannon. Catch U.S. Route 15S. Cross Cove Creek. Turn right onto Cove Road. Turn left onto Barnett Drive.

28 mi. (I-81) or 22 ½ mi. (34N/Spring) and 41 min. from Carlisle

Finalist in the Penn Live/Patriot-News "Finest Winery" contest, 2015;
Near Cove Mountains (The Cove) of Perry County's Horseshoe Valley;
Hillbilly theme

- **Cassel Vineyards** 5-6
80 Shetland Drive, Hummelstown PA 17036 717-533-2008
<http://www.casselvineyards.com/>

DIRECTIONS from the AWC: I-81N to Exit 77/PA Route 39S/Hershey Road, left onto Shetland Drive

33 mi. and 40 min. from Carlisle

Winner of the Penn/Live Patriot-News "Finest Winery" contest, 2015;

Two miles from Hersheypark;

Free family-friendly concerts – check website for schedule;

Part of the Sweet Arrow Wine Trail, America's first petite trail

- *Cross Winds Winery at Hershey* 5-6
621 Hershey Road, Hummelstown, PA 17036 717-566-3050
<http://www.crosswindswinery.com/index.html>

DIRECTIONS from the AWC: I-81N to Exit 77/PA Route 39S/Hershey Road
31 ½ mi. and 39 min. from Carlisle

- *Hauser Estate Winery* - This is the wine and cider (Jack's Hard Cider) that is currently served at the Pershing Tavern on post.

- *Naylor Wine Cellars* – see “Factory Tours” listing 5

- *Spring Gate Vineyard* 5
5790 Devonshire Road, Harrisburg PA 17112 717-884-8048
<http://www.springgatevineyard.com/>

DIRECTIONS from the AWC: I-81N to I-83S briefly, Exit 50/US 22E/Jonestown Road (congested shopping area), right onto Devonshire Road 25 mi. and 35 min. from Carlisle

- *Sweet Arrow Wine Trail* 5-6
America's first petite wine trail
<http://www.sweetarrowtrail.com/>

Members: Cassel's Vineyards, Spring Gate Vineyard, Cross Winds Winery

- *The Vineyard at Hershey* 5-6
593 Schoolhouse Road, Middletown, PA 17057 717-944-1569
<http://vineyardathershey.com/>

DIRECTIONS from the AWC: Turnpike east. Get into the right lane going over the Susquehanna River to take Exit 247/Harrisburg East. Go through the furthest toll booth on the right as you can. Immediately after paying the toll, take Exit 1A/PA Route 283 on the right. Exit PA Route 230/Toll House Road. Either 1: turn left off exit onto Toll House Road; right onto PA Route 341/Colebrook Road, right onto Schoolhouse Road OR 2: turn right off exit onto Toll House Road, right onto PA Route 230/E. Harrisburg Pike, left onto Schoolhouse Road.
33 mi. and 38 min. from Carlisle
Finalist in the Penn Live/Patriot-News “Finest Winery” contest, 2015

Wolfgang Candy Company (Candy Shop & Museum) 5

40 East 4th Avenue, York, PA 17404 717-843-5536 x0 or 800-248-4273 x0 *FREE*
(I'm pretty sure)
<http://www.wilburbuds.com/visit/>

DIRECTIONS from the AWC: Several options

- Option 1. PA Turnpike east to Exit 242/I-83S to Exit 22/North George Street.
(NOTE: This exit is a bit tricky. You want to go straight but cannot. The intersection was configured to better control traffic. Do not veer right. You will have to go down the road a ways before you will be able to turn around. Go to the left toward the stop light. Watch the signage. You want to go “straight” to continue on North George Street toward U.S. Route 30E.) Follow North George Street/Business I-83. Turn right onto 4th Avenue across from Prospect Hill Cemetery.
- Option 2. I-81 to 581 to I-83S to Exit 22/North George Street. Refer to above bullet for end/exit.
- Option 3 (A more leisurely way to go). Back Entry/Entrance Gate. Left onto E. North Street. Right onto Army Heritage Drive. Left at light onto PA Route 641/Trindle Road at the Sheetz. Right onto S. Middlesex Road where the big red brick house is located. Becomes the Lisburn Road at the sharp turn. Cross U.S. Route 15 and pass Messiah College on right. Go straight at light in Bowmansdale; road is now PA Route 114E. Stay on 114. The only tricky part is not far outside of Bowmansdale where the road makes a sharp dog leg under the railroad tracks stone bridge. Go into Lisburn. At the end of town, the fire station will be on the right. Cross the Yellow Breeches into York County. Go a very short distance; take Nauvoo Road, the second road on the right that angles off. (FYI, Moores Mountain Road is the first.) Nauvoo Road is 1 mile long. Watch for deer; they run in this area. Turn right at the stop sign onto PA Route 382/Lewisberry Road. Pay special attention at the four-way stop sign right outside of town. Before the four signs were installed, many people died here due to vehicle accidents. Continue on 382 to I83S (Newberrytown Exit.) Take I-83S to Exit 22/West George Street. Refer to the first bullet for end/exit.
- Option 4 (Definitely a back way). Get onto PA Route 74S/York Road. Follow to U.S. Route 30E, which is a very congested shopping area. Turn right onto North George Street. Turn right onto 4th Avenue across from Prospect Hill Cemetery. 38.3 mi. and 45 min. via the PA Turnpike; Options #2 and #3 times and distance are close to this; 56 mi. and 32 min. via PA Route 72 from Carlisle

(1) This local manufacturer is less well known than the Wilbur Chocolate Factory, but it's closer to Carlisle than is Lititz and it's definitely a small town endeavor. It was facing bankruptcy several years ago and was bought out by a Lancaster company. I visited it before this, so I don't know whether or not the buyout has affected operations. Wolfgang heavily markets to organizations such as PTAs, student sports teams, and student musical groups, as a fundraising option.

334 Carlisle Ave, York, PA 17404 717-848-2596
<http://yorkfair.org>

DIRECTIONS from the AWC: PA Route 74S
29.3 mi. and 49 min. from Carlisle
Every September. Included are concerts by big name headliners such as Tim McGraw, Lady Antebellum, Hunter Hayes, Alan Jackson, REO Speedwagon, and Alabama. Check the local media for specifics.

York County Heritage Trust 5
250 E. Market Street, York, PA 17403 717-848-1587
<https://www.yorkheritage.org/page.asp?id=1>

DIRECTIONS from the AWC: PA Turnpike east to Exit 242/I-83S to Exit 22/North George Street to Market Street downtown.
40 mi. and 50 min. from Carlisle

(1) *Walking tour whose optional admission price includes entrance to all museums. For a time, York was the national capital during the Revolutionary War. The Articles of Confederation were drafted and adopted here. Be sure to do your homework about exactly what's opened and when.*

OVERNIGHT

Attractions and information

Map Area

Appalachian Trail 3, 5, 6
Information about the Appalachian Trail spiked with the release of the Robert Redford/Nick Nolte film *A Walk in the Woods* in the fall of 2015. Rather than try to put everything here, you are invited to email PWOCPAtripideas@gmail.com if you would like the information that has been collected, or particular background on the Pennsylvania portion, where to access it, and day hikes in the Commonwealth.

King of Prussia Mall 6
160 N. Gulph Road, King of Prussia, PA 19406 610-265-5727
<http://www.simon.com/mall/king-of-prussia>

DIRECTIONS from the AWC: PA Turnpike east to Exit 326/Valley Forge onto N. Gulph Road.
107 mi. and 1 2/3 hrs. from Carlisle

(2) *King of Prussia Mall is another shopping excursion that could take days! (I haven't been in ages, but it's huge.)*

Lincoln Highway Heritage Corridor
<http://www.lhhc.org/tour.asp>

4 and/or 5

You could make this a short day trip, an overnight trip, a weekend trip, or combine it with something longer.

The Lincoln Highway is America's first transcontinental highway conceived and built to promote the purchase and use of cars. Visit the above link for detailed information about following the original Lincoln Highway (sometimes it veers off U.S. Route 30 which now contains many bypasses and sections to make travel more expedient) and the quirky things that can be seen en route. This section of the Lincoln Highway is pretty rural, which should appeal to anyone who wants a leisurely trip that, for the most part, goes off the beaten path. Visit the website for expanded information about all of the Lincoln Highway since the LHC only goes from Irwin to Abbottstown. It does not include sights east, like the Haines Shoe House which has its own listing.

Museums in Pittsburgh, PA

4

(Source: Jim Cheney, "Beyond the steel," *Sunday Patriot-News*, January 17, 2016, p. D7)

- *Andy Warhol Museum,*
117 Sandusky Street, 412-237-8830

"The largest museum in the United States dedicated to a single artist, the Andy Warhol Museum honors the life and work of Pittsburgh's most well-known native artist. This six-story museum features thousands of his works, including some of his most iconic pieces, plus a rotating exhibit of other artists who have visions similar to Warhol's."

- *Carnegie Museum of Natural History/Carnegie Museum of Art*
4400 Forbes Avenue, 412-622-3131
www.carnegiemnh.org

"The two museums are in the same complex and share an admission price. While the natural-history museum has a variety of displays related to animal life and human culture, the clear highlight is its dinosaur fossils. The museum has the world's largest collection of Jurassic fossils and displays the first Tyrannosaurus rex discovered. On the upper floors are displays of stuffed animals as well as galleries of ancient human cultures. The Carnegie Museum of Art, meanwhile, has one of Pennsylvania's best collections of high-quality art. The museum focuses on contemporary art but also has a nice collection of more traditional European, Asian and American art dating back hundreds of years. Also make sure to check out the museum's stunning central staircase, a beautiful art piece."

- *Center for Postnatural History, 4913 Penn Avenue, 412-223-7698; www.postnatural.org*

“In the Garfield neighborhood is the world’s only museum dedicated to living things humans have altered, either through genetic engineering or selective breeding. Even if you have no interest in science, the center offers a fascinating look at how mankind has changed plants and animals to serve many purposes.”

- *Fort Pitt Museum, 601 Commonwealth Place 412-281-9284 www.heinzhistorycenter.org/fort-pitt*

“Located in Point State Park, where Fort Pitt once stood, the 12,000-square-foot museum focuses on the 18th century, with a particular emphasis on the French and Indian War. It offers an excellent history lesson for visitors who know little about the pivotal role Pittsburgh played in the years before the American Revolution.”

- *The Frick Art and Historical Center 7227 Reynolds Street, 412-371-0600 www.thefrickpittsburgh.org*

“This collection of museums clustered around the home of industrialist Henry Clay Frick feature everything from classic works of art to vintage automobiles. If you like more traditional art, the Frick has pieces by some of Europe’s most well-known painters. While there, visit the Frick family mansion, Clayton, one of the city’s best-preserved homes. It houses many beautiful artworks, too.”

- *Heinz History Center 1212 Smallman Street, 412-454-6000; www.heinzhistorycenter.org*

“In Pittsburgh’s Strip District, the Heinz History Center tells the story of the city’s history, from its native populations through its cultural significance in the 20th century. The museum also houses the Western Pennsylvania Sports Museum, which chronicles the sporting achievements of the city’s professional teams and local amateur groups.”

- *Mattress Factory 500 Sampsonia Way (parking at 505 Jacksonia Street), 412-231-3169 www.mattress.org*

“Another of Pittsburgh’s contemporary art museums, the Mattress Factory displays some of the finest works of art in the city plus many pieces with an interactive component, inviting guests to experience the art. The Infinity Dots Mirrored Room makes a great opportunity for photographs.”

- *Toonseum*
945 Liberty Avenue, 412-232-0199
www.toonseum.org

“Toonseum is not large, but it is one of the only museums in the country dedicated to cartoon art. The museum features only about 100 pieces at a time, but it rotates the exhibits every few months, making it a great place to visit again and again.”



Breathe



Beauty

HAIR SALONS

5th Avenue Salon

<http://5thavesalon.com/>

1911 W. Trindle Rd. Suite 4, Carlisle, PA 17013
717-245-0706

- Closed on Sundays and Mondays.
- This salon has been suggested by spouses of several different hair types. 5th Avenue Salon was suggested for those with thick hair and do a great job with blond highlights. They have an app you can download to set up appointments. Nothing like a glass of wine while your hair gets washed and scalp massaged, which ended in an awesome cut.
- Several spouses have naturally curly hair and found that this salon pampers them while making their curls happy. They have at least one stylist working on the Deva Curl Stylist certification which was important to some of the spouses.
- *Haircuts* for children (\$15+), men (\$20-\$37), and women (\$31-\$55).
- *Special Services* include Color, Retouch, Highlights/Lowlights, Retexturizing, Keratin Treatment, Styling, and Special Occasion Up-Dos.

Tangles Nail and Hair

<http://www.tangleshairandnailsaloncarlisle.com/>

870 Harrisburg Pike, Carlisle, PA 17013
717-243-1122

- Closed on Sundays.
- *Hair Cutting* and Styling for children (\$5-\$25), men (\$18-\$25) and women (\$35 and up, depending on length and thickness of hair).
- *Special Services* offered include Hair Texturizing, Brazilian Keratin Treatment, Hair Coloring and Highlights, Hair and Scalp Treatments, Hair Removal, Makeup and Makeovers, Makeup Application, Cosmetic Instruction, and Facials.

Tranquility Spa and Wellness Center

<http://tranquilitysalonandwellnesscenter.com/>

257 Penrose Place, Carlisle, PA 17013
717-218-8732

- Closed on Sundays.
- They have several stylists, but book an appointment online as appointments book up fairly quickly.
- *Haircuts* for children (\$15-\$25), men (\$18-\$32), and women (\$28-\$56).
- Some *additional hair care services* they provide are Color, Highlights, Rertexturizing, Special Occasion and Up-Do styling, Hair Replacement, and Hair Extensions.
- *Special Services* they offer include Massage, Wellness Services, Spa Skin Services, Manicures, Pedicures, and Spa Services. They have the first Himalayan salt cave in Pennsylvania. Stop by for a visit or for more information.

Body and Sole Salon and Day Spa

<http://www.bodysolesalondayspa.com/>

242 York Road, Carlisle, PA 17013

717-245-0900

- Closed on Sundays and Mondays.
- *Haircuts* for children (\$12-\$18), men (\$20), and women (\$24-\$30). Hair Treatments include Color, Root Touch, Foils, Caramelizing, Hair Reconstructive Treatment, Special Occasion Up-Dos, Hair Mask Therapy, and Scalp Treatment.
- *Spa Hand and Foot Treatments* include Manicures and Pedicure, Acrylic Nail Enhancement, Spa Pedicure, Maternity Pedicure, and Paraffin Hand or Foot Treatment.
- *Body Treatments* offered include Maternity Treatments, Facials, Diamond-Peel Microdermabrasion, Chemical Peels, Therapeutic Massages, Vital Energy Treatments, Mu-Xing Massage, Aromatic Essential Treatments, Infrared Sauna, and Reiki.
- *Special Services* include Waxing, Eyelash Extensions, Brow Tinting, Makeup Lesson, Makeup Application, Body Wrap, and Massage.

Studio East

<http://studioeasthairdesign.com/services/>

340 E Louthier St # 3, Carlisle, PA 17013

717-258-4427

- Closed on Sundays and Mondays.
- *Haircuts* for children, men, and women. Hair Treatments include Color, Highlights, and Special Occasion Up-Dos.
- *Hand and Foot Treatments* include Acrylic Nails, Buff and Polish, Spa Manicures and Pedicures, and Child's Manicure and Pedicure.
- *Special Services* include Waxing.

Salon Debonair

<http://www.salondebonair.com/>

28 W Louthier St, Carlisle, PA 17013

717-249-2026

- Closed on Sundays and Mondays.

NAIL SALONS

5th Avenue Salon

<http://5thavesalon.com/>

1911 W. Trindle Rd. Suite 4, Carlisle, PA 17013

717-245-0706

- Closed on Sundays and Mondays.
- *Hand and Foot Treatments* Manicures and Pedicures are available in the following styles: Regular, The Man-icure, Euro, French, and The 5th Avenue Signature. The Salon can accommodate Gelish, Acrylic, and Silk Wraps.
- *Special Services* offered Makeup Application and Instruction, Paraffin Dip, Nail Art, Nail Repair, Soak off Gelish, Tips Treatment, and Callus Action.

Tangles Nail and Hair

<http://www.tangleshairandnailsalincarlisle.com/>

870 Harrisburg Pike, Carlisle, PA 17013

717-243-1122

- Closed on Sundays.
- *Nail Services* offered are Shellac nails in Regular or French Manicure, Gelish Manicures, Artificial Nails and Tips w/ overlay, and Regular and French manicures. Pedicures are offered in Mini Pedicure and Full Spa Pedicure styles. Nail Art is offered upon request.
- *Special Services* offered include Hair Removal, Makeup and Makeovers, Makeup Application, Cosmetic Instruction, Facials, Nail Repair, Sculpting, and Nail Trimming.

Tranquility Spa and Wellness Center

<http://tranquilitysalonandwellnesscenter.com/>

257 Penrose Place, Carlisle, PA 17013

717-218-8732

- Closed on Sundays.
- *Manicures and Pedicures:* A variety of manicures are offered. They include Rosemary Mint Manicure, Beautifying Manicure, Shampure Manicure, Stress-Fix™ Manicure, and MAN-icure. Pedicures offered include Rosemary Mint Pedicure, Beautifying Pedicure, Shampure Pedicure Stress-Fix™ Pedicure, and Pure-Formance Pedicure.
- *Special Services* include extra pampering services such as Paraffin Hand Dip, Nail Art, French Tip, Gel FX Polish, Gel FX French Tip Polish, Child's Manicure and Pedicure (children under six, with parents manicure and/or pedicure), Child's Fingers and Toes (polish only, with parent), Massage, Wellness Services, Spa Skin Services, Manicures, Pedicures, and Spa Services. They have the first Himalayan salt cave in Pennsylvania. Stop by for a visit or for more information.

Health Care

DOCTORS

Dunham U.S. Army Health Clinic on Carlisle Barracks provides healthcare services for soldiers and dependents enrolled in TRICARE Prime. Please visit <http://dunham.narmc.amedd.army.mil/SitePages/Home> for a detailed listing of services, clinic hours, and appointment line information.

Dunham Clinic does not have an emergency room. *The closest ER facility is Carlisle Regional Medical Center (www.carlislermc.com)*. In addition, there are several urgent care facilities in the area. For non-life threatening situations, a *referral must be obtained first through the Nurse Hotline, 1(800) 874-2273, before visiting the ER or any urgent care facility*. In many cases, the hotline nurse will direct you to a specific urgent care facility.

Optometry is offered at Dunham for dependents age five and up. The PX has an Optical Center, (717) 249-5150, for eyewear purchases. They run many specials throughout the year. Please note that Optometry does not conduct exams for new contact lenses, only for those with current contact prescriptions. *There are many optometry offices in Carlisle that can provide those exams*. Spouses have had luck with the following optometry locations off post:

- (1) Allegheny Optical (www.alleganyoptical.com)
- (2) Dr. Drew Stoken ((717) 249 - 6337)

A highlight of Carlisle Barracks is the *Army Wellness Center*. This is open to both student and spouse. It is a unique opportunity to get in-depth counseling and feedback on nutrition, health, and lifestyle. The famous "*Bod Pod*", an enclosure that accurately measures body composition, is just one of the measures taken as part of the assessment. Please see <http://dunham.narmc.amedd.army.mil/HealthcareServices/SitePages/Army%20Wellness%20Center.aspx> for details. Appointments fill up quickly in the beginning of the year.

DENTISTS

Dr. Thomas Filip

<http://www.tsfilip.com/cosmetic-dentistry-carlisle/>

701 A South West Street, Carlisle, Pa 17013

717-243-8614

Closed Fridays, Saturdays, and Sundays.

Dr. Filip services include teeth whitening, bonding, porcelain veneers and bonding, clear braces, crowns, bridges, dentures and dental implants, sealants, fillings, inlays, and onlays.

Dr. Filip has prior military service, and he and his staff are experienced with patients with special needs. He has a section on his website about what to tell your child about their first dental visit.

Drs. Kearns, Ashby, Rajchel and Associates

<http://www.kidsdentaloffice.com/index.html>

4836 East Trindle Road, Mechanicsburg, PA 17050

717-737-5834

Closed Saturdays and Sundays.

All the forms for both new patients and established patients can be found on their website. They have a "First Visit" section on their website to aid new, young patients along with games and activity sheets for the younger crowd.

Drs. Kearns, Ashby, Rajchel and Associates are pediatric dentists who AY16 families found to be friendly and super-efficient while providing a very positive experience.

Apicella-Lorei Orthodontics

<http://straightsmiles.com/>

21 State Avenue, Carlisle PA 17013 **AND** 400 E. Main Street Mechanicsburg, PA

717-243-3200

717-697-8222

Closed Fridays, Saturdays and Sundays.

Apicella-Lorei Orthodontics utilize the Damon Braces and Invisalign methods for orthodontic care for both children and adults.

Their website lists the paperwork needed for new patients, and patients can submit their patient registration form online.

Many of the AWC families utilize the Carlisle office, which has an arcade in the waiting room for the kids. This helps alleviate some of the anxiety of visiting the dentist.

Carlisle Family and Cosmetic Dentistry

<http://www.thomasneslunddmd.com/>

Thomas P. Neslund DMD, PC
13 Brookwood Avenue, Suite 3, Carlisle, PA 17015
717-422-9237

Closed Fridays, Saturdays and Sundays.

Dr. Neslund and his team provide services that include general family dentistry, cosmetic dentistry, restorative dentistry, dental implants, porcelain veneers, CEREC one-visit crowns, teeth whitening, periodontal therapy, root canal therapy, tooth replacement, inlays, and onlays.

Carlisle families have found that Dr. Neslund is experienced with patients who have special needs.

Serafin Family Dentistry

<http://www.serafinfamilydentistry.com/>

Dr. Robert Serafin and Dr. Tamara Shore Serafin
542 South Hanover Street, Carlisle, PA 17013
717-610-1216

Closed Saturdays and Sundays.

Drs. Serafin offer a wide variety of services for both adults and children to include preventative dentistry, oral pathology exam, root canals, intraoral camera, digital X-rays, periodontal maintenance, scaling, root planing, same day crowns, and emergency cases.

This practice offers a referral bonus.

Belvedere Professional Center

<http://www.spivakdental.com>

Dr. Bruce H. Spivak, DMD
850 Walnut Bottom Road Suite 303, Carlisle, PA 17013
717-243-5434

Closed Fridays, Saturdays, and Sundays.

Cantor and Team Orthodontics

<http://teamcantor.com/>

3 Tyler Court, Carlisle, PA 17015
717-243-8432

Closed Fridays, Saturdays, and Sundays.

Sports and Fitness

This section is dedicated to sports and fitness opportunities. For both children and adults, on post offerings are listed first followed by opportunities found in the Carlisle area. Sports teams and fitness groups are not ranked, but rather an array has been provided to offer the largest selection possible to fit the needs of a Carlisle family.

Kids

ON POST
(CYS/MWR/SKIESUnlimited)

Below is a current listing for sports offerings on Carlisle Barracks. For more details visit: www.carlisle.mwr.com or call either MWR at (717) 245-4519, McConnell Youth Center at (717) 245-4555, or Youth Sports at (717) 245-3354.

Sign up at: <https://webtrac.mwr.army.mil/webtrac/carlislecyms.html>

A current sports physical is required for participation in ALL of the programs. It MUST be presented at the time of registration. Please note that volunteer coaches are always needed. Coaches receive free training and are certified through the National Alliance for Youth Sports (NAYS). Head coaches receive all registrations for that season free. Assistant coaches receive one free registration. Must complete paperwork prior to sports season.

- *Recreation Soccer*

Ages 3- 18.

Fall Season: Register July through August. Season runs September through October.

Spring Season: Register February through March. Season runs April through May.

- *Basketball*

Ages 5- 18. All ages are co-ed. Register November through December. Season runs January through March. A mini camp will be held in December with additional clinics in the winter. All practices and games held at McConnell

Youth Center.

● *T-Ball*

Ages 3 - 6. Register February through March. Season runs April through May.

● *Bowling League*

● *Golf Lessons*

Contact SKIES.

● *Tennis Lessons*

The coach for tennis lessons is also the coach for the Carlisle Court Crushers - a Junior Team Tennis program for Carlisle. Contact SKIES.

● *Swim Lessons*

Register early for best time selection. Spaces are limited. Incoming War College families may only be on site to participate in the final session of swim lessons.

● *Summer British Soccer Camp*

Check the CYS/MWR website for online registration.

● *Home School Health and PE*

September through May for grades 1 -12. Please check with CYS for current schedule.

● *Friday Night Dodgeball*

Held at the McConnell Youth Center from 7-8:45 pm for grades 1-12.

Elementary age children play separately from middle and high schoolers. Runs year round except for July. Very popular event!

● *Running Club*

September-November and March-May for ages 12-18. Meets twice a week. Train for a 5K.

● *Youth Boot Camp*

Call for current schedule.

● *Sport Clinics*

Winter sport clinics include basketball and soccer. The winter clinics are all indoor.

● *Annual Events*

- Gobble Gallop Thanksgiving Run - November; 1/4, 1/2, and 1 mile running events.
- America's Armed Forces Kids Run - May; World's largest, children's running event.
- Youth Sports Picnic - May; open to CBKS athletes, coaches, families, and friends.

OFF POST

Bases Loaded - Baseball

Doug Baker owner

300 W Suncrest Drive, Carlisle, PA.

An indoor baseball training facility that offers clinics and personal training for specific positions.

<https://mobile.twitter.com/basesloadedatc>

Carlisle YMCA

You do not need to be a member to join a team although the fee will be slightly higher. Please visit their website <http://www.carlislefamilyymca.org/> for the most current listings and to enroll online.

● *Swim*

Lessons and/or team.

● *Youth Recreation Basketball League*

● *Boys' Travel Basketball League*

● *Middle School Girls' Lacrosse*

● *Girls' Volleyball Clinic*

● *Youth Fitness Classes*

● *Ju Jit Su*

● *Recreation and Travel Soccer*

Soccer for U9-U18. While recreation soccer focuses on equal playing time, travel soccer is more competitive. For the younger ages, travel is usually within an hour of Carlisle, while the older ages may be required to travel farther. Practices for both are normally held at George B. Stuart Athletic Fields (1213 Rockledge

Dr, Carlisle, PA 17015). Try-outs for travel soccer are conducted in May or early June, but you can contact the Soccer League Director if you are unable to attend. However, be advised that your player most likely will not go on a roster until they have been assessed by the director or another coach. Information regarding cost and try-outs can be found on their website. Beginning with the Fall 2016 season, Carlisle YMCA travel soccer will implement the new age calendar year groups in accordance with U.S. Soccer. There are also opportunities for indoor winter training.

Carlisle Area Little League (CALL) - Baseball

CALL is the organization for local little league. They offer both spring and fall ball, as well as many clinics. Leagues include t-ball, instructional, advanced instructional, minors, majors, teeners, and all-stars. Evaluations are mandatory for all divisions except t-ball. Please visit <http://carlislearealittleleague.org/> for details.

Carlisle Area Midget Football (CAMF)

Youth tackle football and cheerleading. Football day camps start in July.
<http://www.camf-herd.com/>

Carlisle Youth Lacrosse

This is a boys' league, although girls are allowed to play. Girls can play through the YMCA lax league. Season begins in the spring. Registration with USlacrosse.org is mandatory for playing in the league.
<http://www.claxyouth.com>

Carlisle Swim Club

The Carlisle Swim Club (CSC) hosts a competitive summer swim team for kids ages 5-18. The team participates in the Capital Area Swim league from June through July. Practices begin at the end of May.
www.carliseswimclub.com
717-243-3178

Twin Ponds - Ice Hockey

Twin Ponds offers ice hockey for the beginner up to elite adult. This club is located near Harrisburg.
<http://twinponds.com>

Martial Arts

Below is a listing of studios and gyms for various martial art forms.

- Carlisle Tae Kwon Do and Fitness
www.carlisletkd.com
- Carlisle Kung Fu
www.carlislekungfu.com
- Brazilian Ju Jitsu, MMA and Self-Defense
www.tigersharkbjj.com

Wrestling

- *Central Pennsylvania Stars* - The club is just outside the gate behind Serendipity. Coach Brian Morrow has been recommended from several current AWC families. Coach has three practices a week: Monday and Wednesday 6-8, and Sunday 2-4. Practice consists of learning a move and drilling it, conditioning games, demonstrations, and live wrestling. The Stars conduct a clinic every other Sunday at 1 pm and practice the opposite Sundays at 2 pm. All levels and ages attend. There are more middle school kids than younger. The moves taught are advanced. It is recommended that young children try the Carlisle school club first because PA Stars is really more for kids who have been wrestling. Coach Morrow usually runs a class for the less seasoned elementary kids later on in the season, and it is usually on Thursday evenings.

"Weekend clinics host kids from New Jersey, Maryland, and Virginia. People drive 2-4 hours to attend and we are fortunate to have it in our backyard!"

<http://www.centralpastars.com>

- *Ken Chertow* - Another opportunity that serious wrestlers of all ages should consider; Olympic Wrestler Ken Chertow has weekend long clinics and longer camps several times a year. He is at State College, PA (Penn State), about a two hour drive from Carlisle. Clinics consist of instruction, drills, conditioning, live wrestling, academics, nutrition, and fitness talks. Most clinics are on weekends when Penn State has a home wrestling match so participants have an opportunity to watch college wrestling. (Penn State has been #1 5 of the last 6 years).

<http://kenchertow.com>

- <http://www.pywrestling.com/tournaments-events.html> - A website for wrestling tournaments all over the state for all levels.

USA Stars - Cheer

Local Carlisle cheer school.

<http://usastarscheer.com>

Central Pennsylvania Youth Ballet (CPYB) - Ballet

Serious ballet program located in Carlisle. For more information visit

www.cpyb.org

Carlisle Dance - Dance

Many different types of dance classes are offered for various ages, including adult.

<http://www.carlisedance.com/>

SCHOOLS

Please check with your child's school to see a complete offering of sports available and physical requirements for registration. Note that many fall sports have a summer training program, particularly at the high school level. Inquire to the school about those programs or contact a fellow spouse on the Spouse Share Facebook page for questions and concerns. Links to the different school district websites can be found in the School Section of this publication.

CASD elementary schools currently offer the following (please see school websites for junior high and high school sports):

- *Basketball*
Grades 3-5
- *Wrestling*
Thundering Herd Wrestling. The Carlisle youth wrestling program is comprised of kids from all seven elementary schools in the Carlisle Area School District, grades k-5, both middle schools (6th grades), and the two private schools in the area, Grace Baptist and St. Patrick's School. They practice on Tuesday and Thursday, 6-7:30 pm, at the Schwarz wrestling room at Carlisle High. The duals are typically on Saturdays at one of the district's main competitors: Chambersburg, Newville, Central Dauphin, Cumberland Valley. It is usually not

more than a 30 minute drive. There are some Sunday duals for the top wrestler in each weight level. Those can be farther away.

Head coach is Joe Wilson.

<http://www.carliseschools.org/m/content.cfm?subpage=1023577>

CARLISLE PARKS AND RECREATION

The programs are not as popular as the offerings on post or the others previously mentioned, but certainly worth checking out.

<http://www.carlislepa.org/departments/parks-recreation/recreation-programs/leagues>

The current listing includes the following:

- *Tennis Lessons (co-ed)*
Wednesday or Saturday Sessions available in the spring, and fall. Camp style lessons in the summer.
- *Soccer Shots (co-ed)*
<https://harrisburg.ssreg.org>
- *Carlisle Fencing Club (co-ed)*
Pre-registration is required monthly to join the CFC. Please register a week in advance.
- *Intro to Fencing (co-ed)*
8 week sessions offered in the spring and fall.
- *Penguins Lacrosse (co-ed)*
Grades K-5; Available in the summer and fall. For more info check out <http://www.pxlacrossepa.com/#!penguins-lacrosse/orl02>

Adults

ON POST

For the *AWC student*, there are plenty of opportunities to play sports on post with their seminar. Softball is the only mandatory sport. There is also an opportunity to play

volleyball, basketball, football in the annual Student Army-Navy flag football game, and soccer in the annual IF Soccer game. Spouses and adult children over the age of 18 are allowed to play with the seminars for softball and volleyball.

Jim Thorpe Sports Days (JTSD), held near the end of April, will bring more opportunities for AWC students to play different sports against their fellow Senior Service College counterparts at the other colleges. Sports include soccer, tennis, running, softball, skeet and trap, and cycling.

MWR offers an annual Gobble Gallop 5K and tennis and golf lessons for everyone.

Fitness Centers

- *Jim Thorpe Fitness Center*

www.carlisle.mwr.com

Offers group exercise classes (see MWR website for current schedule), cardio equipment, weight training equipment, functional fitness equipment, TRX/activity room, 1/8 mile indoor track, outdoor tennis courts, locker rooms, and saunas.

“I love Body Blast class at Jim Thorpe Gym!”

- *Indian Field Fitness Center*

This gym is located under the bleachers at the outdoor track at Indian Field. It has cardio equipment, FitLinxx fitness tracking, Selectorized strength training equipment, and a free weight area.

- *Root Hall Gymnasium*

This gym is located adjacent to the Root Hall Academic building and across the street from Indian Field Fitness Center. This gym has a basketball and volleyball court, raquetball/handball court, and locker rooms and saunas.

- *Splash Zone Swimming Pool*

Open May 23 through Labor Day and offers daily lap-swim-only times (lap-swim is free for Active Duty). Families can purchase memberships.

- *Army Wellness Center (AWC)*

www.dunham.narmc.amedd.army.mil,

www.facebook.com/ArmyWellnessCenterCarlisleBarracks

The AWC is staffed by health educators and is open to active duty and retirees and their families and Army civilians. Programs offered at the AWC include Metabolic and Body Composition Assessments using oxygen measurement to determine your individual calorie needs and air displacement to measure body composition (body fat). Physical Fitness Assessments are also available and are conducted using a treadmill or cycle test to measure cardio-respiratory fitness and endurance and musculoskeletal. Strength and flexibility are also tested.

Along with these health assessment reviews, the AWC offers general wellness education, biofeedback for stress reduction/management, nutrition education and coaching, and tobacco education.

- *Senior Leader Development and Resiliency (SLDR)*

www.carlisle.army.mil/orgs/SLDR/index.htm

This program provides USAWC students and their families with the opportunity for a Performance Movement Analysis, which evaluates lower leg adaptability (foot structure and function), motion performance (running form/technique using high-speed video analysis), aerobic capacity and recovery performance, movement potential, balance performance, power performance, and strength performance. The SLDR program also provides a Strength for Wisdom campaign, under which opportunities such as Run Science workshops are offered.

“The Performance Movement Analysis was so useful to me. I learned how my running shoes were negatively affecting my form and that I should shorten my stride. The analysis also provided me with running shoe suggestions! This is a great opportunity--I highly recommend it for everyone.”

OFF POST

CrossFit

- *CrossFit Perseverance*

www.thecrossfitperseverance.com

Offers multiple daily group classes, beginner classes, yoga, and open gym time.

“The coaching and camaraderie through the workouts are wonderful. It has put me in the best shape of my life and I’ve never had more fun getting fit.”

“Phenomenal coaches and members. It is what I will miss most when we move away from Carlisle.”

- *Carlizzle CrossFit/MMA*

www.carlizzlecrossfit.com

Offers group CrossFit sessions, Unrivaled Athletics MMA classes for beginners/intermediate, and fighters class.

- *CrossFit Pneuma*

www.crossfitpneuma.com

Located in Mechanicsburg and offers CrossFit classes, bootcamp classes, and kids' CrossFit classes.

Gyms/Fitness Classes

- *Transformation Training and Fitness*
www.ttfcarlisle.com
Offers youth athletic development classes, U-MedGym training, group classes, semi-private sessions, and one-on-one training. This gym is co-located with the Appalachian Running Company store.
- *Carlisle Family YMCA*
www.carlislefamilyymca.org
Has racquetball/squash and basketball courts, a functional fitness center, cardio room, and many classes on offer. Classes currently on schedule include: TRX, Bodypump, Bodycombat, bootcamp, aquacize, Zumba, Pilates, triathlon training, Cycle and Sweat, R.I.P.P.E.D., and Muscle Magic. Please refer to their website for current schedules.
- *Ethos Fitness*
www.ethosfitnessstudio.com
Offers Zumba, Zumba toning, Barre fusion, body works, cardio tone and stretch, Camp Cardio, and Sculpt U.
- *Athena Warrior Fitness*
www.athenawarriorfitness.com
Focuses on functional fitness, corrective exercise, and fitness nutrition. They offer small-group functional fitness sessions, TRX training classes, open level mat Pilates, and private and duet training sessions.
- *Ab-solute Fitness and Nutrition*
www.absolfit.com
Offers personal training, core fitness classes, competition prep, and nutrition plans.

“I use Ab-solute Fitness...great private gym with certified trainers available.”
- *Absolute Pilates*
www.absolutepilates.com
Located in Mechanicsburg. They have a variety of group classes, to include beginner/intermediate Pilates, cardio Barre, Pilates jump board, jump board and Barre, HIIT – jumpboard Pilates reformer, and mommy and me.

“I love Absolute Pilates...they have mat, Barre, PiYo and reformer training. It is a small studio with great coaches.”

● *Power Train Sports*

www.powertrainsports.com

Provides sports performance training as well as boot camp classes, and three-to-one and one-on-one personal training.

● *Planet Fitness*

www.planetfitness.com/gyms/carlisle-pa-532

Is open 24 hours, seven days a week and has group fitness classes.

● *Gold's Gym*

www.goldsgym.com/carlislepa/

Offers group fitness classes, free weights, functional training equipment, cardio cinema, spinning room/classes, and child care.

Ice Hockey

Please see the kids' ice hockey section for information about Twin Ponds.

Martial-Arts

Please see the kids' martial arts section for a listing of studios/gyms.

Rock Climbing

Climbnasium (www.climbnasium.net) is an indoor rock climbing facility with extensive bouldering areas and top rope climbs to 40 feet in height. Climbnasium offers first time instruction, birthday parties, group climbing, and a youth climbing team. Memberships available.

Running

Appalachian Running Store hosts weekly runs. Tuesdays are usually a speed workout. Saturday runs will often include a trail run on the Appalachian Trail. You can visit their website www.appalachianrunningco.com or find them on Facebook.



Soccer

There are currently two, over-40 men's soccer teams that play in Carlisle. Games are usually played on Sunday afternoons, and there is travel required for away games, usually about an hour. They also play indoor during the winter months. Contact the USAWC JTSD coach for information on joining a team.

Swimming

- *Carlisle Family YMCA*
www.carlislefamilyymca.org
Offers lap swim hours/lanes throughout the day.
- *Carlisle Swim Club*
www.carlisleswimclub.com
Open during the summer months and has a separate lap swim area.

Yoga

- *Ethos Fitness*
www.ethosfitnessstudio.com
Yoga classes include beginner Baptiste Power Vinyasa yoga, Baptiste Power Vinyasa yoga, and foundational flow.

"I use Ethos for yoga and absolutely love them!"

- *Simply Well Yoga*
www.yogaatsimplywell.com

Offers a range of yoga classes: Amrit, gentle, hot, chair, moderate, Iyengar, Yin, pre-natal, meditation, and kids' yoga. They also have Barre Fusion and Pilates classes on schedule.

“The studio is charming and the teachers and office staff are also lovely. They offer good pricing packages and a point system.”

● *Carlisle Family YMCA*

www.carlislefamilyymca.org

Has sports yoga, yoga for health, easy yoga, meditation 101, gentle mindful yoga, and fitness yoga.

CARLISLE PARKS AND REC

<http://www.carlislepa.org/departments/parks-recreation/recreation-programs/leagues/>

Pickleball

Three courts are lined and available at Mooreland Athletic Area. Intro to Pickle Ball will be offered in January and February.

Men's ASA Slowpitch Softball League

Mooreland Athletic Area and Valley Meadows Park softball fields. Leagues will start in May, practices in April. Captain's Meeting in March.

Fall Softball League (co-ed)

LeTort Park softball field.

Basketball Open Gym

Sundays, 8-9:30 pm, pick up games.

Soccer Open Gym

Tuesdays and Thursdays, 12-1 pm, pick up games.

Men's Quads Volleyball League

(A and B Divisions)

Leagues will start up at the beginning of November. Captain's Meeting in October.

Women's Sixes Volleyball League

(A, BB, and B Divisions)

Leagues will start up at the beginning of November. Captain's Meeting in October.

Volleyball Open Gym (co-ed)

Sundays, 6-7:15 pm, in the spring. Split into teams at 5:45pm.

Carlisle Fencing Club (co-ed)

Experience required. Pre-registration is required monthly to join the CFC. Please register a week in advance.

Intro to Fencing (co-ed)

Eight week sessions offered in the spring and fall.

Churches

Area churches attended by AY16 families

**indicates off post churches*

Army War College Memorial Chapel
22 Ashburn Drive
Carlisle, PA 17013

Catholic Mass

“We attend Main Post Chapel Catholic Mass. The CCD programs for the kids and teens are wonderful. Mass is offered everyday of the week! The fellowship gatherings are super, and there is a Catholic Women of the Chapel meeting every Friday morning. Fr. D’Emma gives scriptural teaching and homilies of applying your faith to everyday life.”

Protestant Service

“We attend the Protestant service. It is very warm and welcoming service. They have Sunday school and youth program. We attended the Chapel retreat at White Sulfur Springs and had a wonderful time.”

“The Chapel puts on a wonderful Vacation Bible School!!! It is for both Protestant and Catholic children and takes place the first part of August. A great way for the kids to get to know one another and allows you some time to unpack.”

**Carlisle Christian Fellowship*
237 Longs Gap Road
Carlisle, PA 17013
www.weareccf.org

“They have a wonderful kids program and an AWANA club for kids on Wednesday evenings. The preaching is solid, the people are wonderful, and they are very outreach/service minded.”

**Carlisle First Church of God*
705 Glendale Street
Carlisle, PA 17013
www.carlislecog.org

“People are extremely friendly and welcoming, and they have great child/youth programs on

Sundays and Wednesday evenings. They will start using the AWANA program in the fall. Plus, the Church of God owns Camp Yoliwja in Doubling Gap which hosts summer camps for all ages plus winter retreats and fishing derbies”

**Carlisle Evangelical Free Church*
290 Petersburg Road
Carlisle, PA 17013
www.cefc.church/

“We go to the Carlisle Evangelical Free Church. They have something for everyone, and the music sets the environment for energy and worship.”

“We love CEFC! There were a lot of military families, and we can continue to stay connected thru podcasts”

“Our family attends Carlisle Evangelical Free church. From moving every one to three years, finding a church helps our family get connected to those of similar faith and have accountability for everyday life. It’s more than church. The people, as do the new military members we meet, become family.”

**Carlisle Reformed Presbyterian Church*
14 Westminster Drive
Carlisle, PA 17013
<http://www.carlislepca.org/>

“We go to Carlisle Reformed Presbyterian Church. For those of you who are fans of 9marks and reformed theology, this is the place for you.”

**Carlisle Second Presbyterian Church*
528 Garland Drive
Carlisle, PA 17013
www.growwithsecond.org

“We attend Second Presbyterian! They have a wonderful pastor and youth group. Very warm and welcoming. Nice mix of traditional and contemporary.”

**First Evangelical Lutheran Church*
21 South Bedford Street
Carlisle, PA 17013
www.firstlutherancarlisle.org

“Very traditional Lutheran Service. Community service oriented church. Great pastor!”

**Saint Patrick Catholic Church*
152 E Pomfret Street
Carlisle, PA 17013
www.saintpatrickchurch.org

“St. Patrick's Catholic Church! It's a wonderful community with something for everyone!”

“St. Patrick's has an amazing Life Teen mass at 1700 on Sundays at their Marsh Dr location. They also have a wonderful teen youth group that meets after that mass.”

**St. John's Episcopal Church*
1 North Hanover Street
Carlisle, PA 17013
www.stjohnscarlisle.org

“It's downtown on the square at Hanover and High. It has been there since 1757. I think that is the oldest church in town. The people are wonderful, and they have a large choir.”

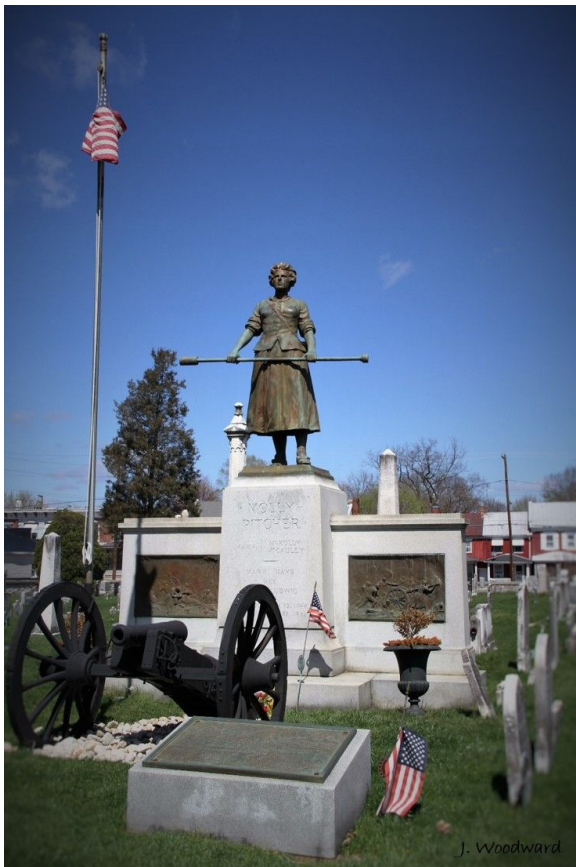
**The Church of Jesus Christ of Latter-day Saints*
216 Skyline Drive
Mechanicsburg, PA 17050
www.lds.org

“Scouts, youth programs, women's group (Relief Society), visitors are always welcome.”

The Meeting House
Carlisle Campus
1155 Walnut Bottom Road
Carlisle, PA 17013
<http://www.tmh.church>

“We love The Meeting House. Great youth program, great pastor, and great worship”

Business



Catering & Party Venues

These are party venues located in Carlisle, with the exception of the Allenberry Playhouse (listed last). The reason it was added was that when the UCMC Ball was planned, many people mentioned how nice it was, with its location on the Yellow Breeches Creek. It is located in Boiling Springs, which is extremely close. On post catering options are listed first. All others are in alphabetical order.

Letort View Community Center (on post)

Letort View Community Center is nestled among the historic Carlisle Barracks and offers a charming, magnificent venue for your next wedding, anniversary, conference, retirement ceremony, or other special occasion. It features over 15,000 sq feet of flexible meeting/banquet space, an outdoor pavilion with poolside bar, dedicated professional catering staff, creative cuisine, and superb service.

<http://www.carlisle-mwr.com/food-beverage/catering/letort-view-community-center>

313 Lovell Avenue
Carlisle, PA 17013
717. 245.4329

Carlisle Country Club

Carlisle Country Club offers a wide variety of function spaces capable of hosting wedding receptions, business meetings, social events, dinners, luncheons, and breakfasts. Most function rooms have a panoramic view of the golf course. The ballroom, complete with dance floor, can comfortably seat up to 225 for any type event. The outside deck, Hearth, and Carlisle Rooms may be used as your reception area.

<https://www.carlislecountryclub.org/Club-Information/Banquets-Weddings.aspx>

1242 Harrisburg Pike
Carlisle, PA 17013
717.243.6100

Carlisle Ribbon Mill

Built in 1918, the Carlisle Ribbon Mill was a functioning ribbon mill until about 1987. The building sat mostly empty until the McCarren family bought the property in 2003. They spent the next few years bringing it back to life, and in 2006, started restoration on what is now the Carlisle Ribbon Mill Banquet Facility.

<http://www.carlisleribbonmill.com/>

320 E Louther St
Carlisle, PA 17013
717.448.2297

The Carlisle Vault

A special event and conference venue in downtown Carlisle. Available to rent for any special occasion: wedding receptions, retirement parties, birthdays, social gatherings, holiday parties, meetings, and more. This is an old bank, renovated for parties, with the original vault and bank décor. Large windows on one side.

www.carlislevault.com

1 N. Hanover Street
Carlisle, PA 17013
717.382.8588 POC: April

Comfort Suites Hotel

The Heritage Ballroom is 4028 sq feet, and it is able to handle 325 guests for a banquet, wedding, class reunion, and corporate or association meeting. The ballroom divides into four separate meeting rooms. There is also a spacious executive boardroom with executive style seating. Up to 400 people can be accommodated in the banquet facilities. They have affordable rates on food and beverage services.

<http://www.comfortsuitescarlisle.com/>

10 S. Hanover Street
Carlisle, PA 17013
717.960.1000

Dickinson College

Available spaces include: atriums, lobby space, and more in the academic areas, college guest houses (i.e., Hartman House and Vincett House), Holland Union Building (i.e., Social Hall and Siderooms), lecture spaces (i.e, Stern Great Room, Memorial Hall, Weiss 235, etc.), outdoor space (i.e., Academic Quad, Morgan Field, Weiss Field, Britton Plaza), seminar space (i.e., Kline Annex Room, Bechtel Room, McCauley Room), and theater/performance space (i.e., ATS Auditorium, Weiss Recital Hall, The Depot).

http://www.dickinson.edu/download/downloads/id/646/policies_and_procedures

272 West High Street
Carlisle, PA 17013
800.644.1773

Linwood Estate

From 50 to 500 people, the diverse event spaces can accommodate gatherings of any size.

<http://www.linwoodestate.com/home/>

93 Encks Mill Road
Carlisle, PA 17015
717.842.0562

Pheasant Field Bed & Breakfast

Pheasant Field Bed and Breakfast can host from two to 25 people for a meeting, retreat, or planning session. The quiet meeting facility is in a lovely setting with several rooms for small break-out sessions, and they offer a full breakfast buffet. Large TV monitor can support HDMI, VGA, and USB hook-ups.

<http://www.pheasantfield.com/specialevents.html#retreat-meetings>

150 Hickorytown RD
Carlisle, PA 17015-9732
717.258.0717

Rillos

They can accommodate a small family gathering, a rehearsal dinner, wedding reception, or a large corporate dinner.

<http://www.rillos.net/banquet.htm>

60 Pine Street
Carlisle, PA 17013
717.243.6141

Thornwald Mansion

The Thornwald Mansion Bed and Breakfast offers a beautiful setting, plenty of room, and a variety of amenities and services for hosting your event.

<http://www.thornwaldmansion.com/thornwald/index.php/events/privates-events#direct>

850 Bicentennial Drive
Carlisle, PA 17013
717.701.0300

Two Mile House

The Two Mile House has played host to weddings and receptions, anniversary and birthday parties, bridal and baby showers, corporate retreats, as well as class and family reunions. The house is air-conditioned, and the grounds are neatly maintained with colorful flowerbeds and herb gardens.

<http://www.eventective.com/provider/website.aspx?num=600661>

21 North Pitt Street
Carlisle, PA 17013
717.254.0766

Allenberry Playhouse (in Boiling Springs)

The 57 wooded acres of Allenberry is next to the beautiful and historic Yellow Breeches Creek. Allenberry's variety of indoor meeting rooms and facilities are flexible and convenient. Allenberry has free wireless DSL access available throughout the property.

http://www.allenberry.com/pages/banquets/banquets_meetings.html

1559 Boiling Springs Road
Boiling Springs, PA 17007
717.258.3211

Restaurants

Beyond the Chow Hall

You'll find that like any new duty station, Carlisle has its own quirks and things that make you stop and think, "Huh. That's unusual." For instance, there is Monday. Just another day, right? Wrong. Here in Carlisle, *restaurants love their Mondays*. They love their Mondays so much, in fact, that many of them are not open.

"I remember first arriving here and driving all over town just to be greeted by darkened windows and locked doors everywhere we went. After searching in vain, I found a few places that are, in fact, open on Monday. It is harder to find these establishments in Carlisle, and for a 20 minute drive you can find more options in Mechanicsburg."

Then there is the liquor license. Do not assume that the place you are going to will serve beer, wine, or liquor. If you enjoy a libation with your meal, take heed. There are a few restaurants listed that do not serve alcohol, but do allow their customers to bring their own. *They advertise this as BYOB.*"

Next, there are places that have not graduated to that modern convenience called the credit card. Included are a few places that you will want to make sure you have *cash on hand*, if you wish to go there.

"I was aghast to find this one out the hard way, as I tried to act casual while my spouse went on a frantic hunt for the nearest ATM."

There are a few chain restaurants around town and beyond as well, for a *family friendly* and/or familiar option. For the sake of opening your eyes and stomachs to the unique offerings afforded by Carlisle and the surrounding area, they are not listed here. However, they are an easy web search away.

There is also a list in this section that includes many places to try that are attentive toward dietary needs of our *gluten free families*.

Finally, a bit of expectation management for your consideration. This list is by no means every single restaurant in town. *This is merely meant to be a starter guide* for places

you can go, with an idea of what to expect because our contributors have been to them. There are many guides that have more dining options and places to check reviews, should you choose to do so. Ok, let's get started!

DOWNTOWN CARLISLE /CARLISLE BOROUGH

Who: *Alibi's Eatery*

Where: 10 North Pitt Street, Carlisle

Ph: (717) 243-4151 Website: <http://www.alibispirits.com/>

What: Alibi's has a menu with different options like twists on the grilled cheese (such as with pesto, grilled chicken and tomato), crab dip, and salads.

Things to Know: They are closed on Sundays and Mondays. They host trivia nights during the week and daily drink specials.

Who: *Andalusia*

Where: 26 North Hanover Street, Carlisle

Ph: (717) 462-4141

What: This place offers Spanish and Moroccan style tapas. For an exploration of their dishes, they run a daily happy hour, and the prices on some of their small plates are very economical.

Things to Know: They are closed Sundays and Mondays. They are not open for lunch.

Who: *Aya Japanese Steakhouse*

Where: 235 South Spring Garden Street, Carlisle

Ph: (717) 218-8000 Website: <http://ayasteakhouse.com/>

What: This is a place for a live cooking experience with a Hibachi chef. They also have a variety of sushi on the menu.

Things to Know: This is a BYOB establishment. Bring your own wine, beer, or sake.

Who: *Back Door Café*

Where: 156 West High Street, Carlisle

Ph: (717) 249-4310 Website: <http://www.thebdcafe.com>

What: This local establishment offers salads, sandwiches, and soups along with some other fare.

Things to Know: Closed Sundays and Mondays. They are open some days for lunch only and dinner several nights a week. Check the website for hours. Cash only establishment.



Who: *Brick Kitchen and Bar*

Where: 113 West High Street, Carlisle

Ph: (717) 462-4567 Web: www.brickcarlisle.com

What: Brick touts a regularly changing menu. Many items are made fresh in house and in line with the seasonal produce. You can find a variety of small plate appetizers like fried mozzarella or grilled octopus. Salads, sandwiches, and daily specials ensure something for everyone, and they have a full bar with innovative cocktails.

Things to Know: They are closed on Sundays and Mondays.

Who: *Cancun Mexican Restaurant*

Where: 853 North Hanover Street, Carlisle

Ph: (717) 241-6288

What: Cancun is in the process of changing to El Rodeo. It features a broad Mexican menu, and serves beer, wine, spirits, and margaritas. The house made guacamole, chips and salsa, and fajitas are just a few items featured on their menu.

Things to Know: Typically open seven days a week. This is actually a walk to option directly out the Ashburn gate.

Who: *Fiddler's Bar and Grille*

Where: Mayapple Golf Course, 1 Mayapple Drive, Carlisle

Ph:(717) 258-1800 Website: <http://mayapplegolfclub.com/fiddler-s.html>

What: Fiddler's has a wide variety of daily specials, and a full menu and bar. From crab stuffed mushrooms, to field greens with salmon, pasta dishes, and sandwiches like the Rachel (a twist on the Reuben that uses turkey meat), it is nice option for suiting different tastes.

Things to Know: They are usually open seven days a week. They also have a nice view of the golf course and a patio for warmer seasons.

Who: *Gingerbread Man*

Where: 5 South Courthouse Avenue, Carlisle

Ph: (717) 249-6970 Website:

<http://gingerbreadmanrestaurants.com/>

What: Pub with full bar, wine, and beer. Wings, salads, sandwiches, subs, and a variety of entrees can be found on their extensive menu.

Things to know: This is one of the few remaining places that still has a smoking area indoors. They are typically open seven days a week.



Who: *Hamilton Restaurant*

Where: 55 West High Street, Carlisle

Ph: (717) 249-4410

What: Local modest diner that is famous for its Hotchee Dogs. They have a limited selection of wine and beer.

Things to know: Closed Sundays and Mondays.

Who: *Issei Noodle*

Where: 54 West High Street, Carlisle

Ph: (717) 243-7826

What: Ethnic restaurant known for their soups and noodle dishes, spiced up if you please.

Things to know: BYOB. Closed Sundays and Mondays.



Who: *Rillo's*

Where: 50 Pine Street, Carlisle

Ph: (717) 243-6141 Website: <http://www.rillos.net>

What: Italian food galore is served here to the beat of Frank Sinatra. They have a full bar and daily prix fix menu specials.

Things to know: Closed Sundays and Mondays. This is probably not a place for really small children.

Who: *Rustic Tavern*

Where: 823 Newville Road, Carlisle

Ph: (717) 245-2999 Website: <http://www.rustictavern.com>

What: Restaurant and bar with beer and spirits and a limited wine selection. Features American fare – Crabcakes, seafood, burgers, and salads. They have daily lunch and dinner specials throughout the week. An outdoor patio is open in the warmer seasons.

Things to Know: Closed Sundays and Mondays.

Who: *Trattoria Piatta*

Where: 22 West Pomfret Street, Carlisle

Ph: (717) 249-9580 Website: <http://www.piatto.com>

What: Tucked in a refurbished Victorian home, the Italian fare here is unique. Things like squid ink pasta and house made ravioli are some adventurous options. They have a full bar and wine list.

Things to know: Probably not a place for small children. Closed Sundays and Mondays.

Who: *Whiskey Rebellion*

Where: 10 South Hanover Street, Carlisle

Ph:(800) 704-1188 Website:

<http://www.comfortsuitescarlisle.com/1794/>

What: True to its name, you can find some interesting whiskey and whiskey based cocktails. The menu contains things like steaks, burgers, salads, and even German Kase Spaetzle.

Things to know: While closed on Sundays and typically on Mondays, they have recently been open for lunch during the week including Mondays. Check their website for the latest hours.



BOILING SPRINGS



Who: *Anile's*

Where: 6 Front Street, Boiling Springs

Ph:(717) 258-5070

What: Although it is a modest looking establishment, the pizza, subs, and pasta dishes are all house made by the Sicilian family who runs it.

Things to Know: They are typically open seven days a week, but they are a BYOB so be prepared, if you want an alcoholic beverage with your meal. Carry out is also available.

Who: *Boiling Springs Tavern*

Where: 1 East First Street, Boiling Springs

Ph: (717) 258-3614 Website: <http://www.boilingspringstavern.net/>

What: This tavern is situated across from the lake in Boiling Springs. They have a full bar and a menu that features appetizers like coconut shrimp, salads, sandwiches, and entrée options.

Things to Know: Probably not a place for really small children. They are closed on Sundays and Mondays.

MECHANICSBURG

Who: *Appalachian Brewery*

Where: 6462 Carlisle Pike, Mechanicsburg

Ph: (717) 795-4660 Website: http://www.abcbrew.com/index_flash.htm

What: This is a place with a wide selection of beers. The menu is limited, but typical pub fare can be found here. Burgers done a variety of ways, stuffed portabella mushroom, and the caesar flatbread pizza are things you can find here.

Things to Know: Open seven days a week.

Who: *Black and Bleu Bistro*

Where: 6108 Carlisle Pike, Mechanicsburg

Ph:(717) 458-8105 Website: <http://blacknbleu.com/>

What: This bistro has a wide variety of options from small plates and cheese stuffed fire bread, to seafood and pasta dishes.

Things to Know: They are typically closed on Sundays and Mondays.

Who: *Hellenic Kouczina*

Where: 500 East Main Street, Mechanicsburg

Ph:(717) 766-2990 Website: <http://www.hellenickouzina.com/>

What: This a Greek restaurant that you walk up to order from the counter, and then get seated either indoors or outdoors when the weather is warm. Fire lit tables are there to keep you warm on chilly evenings. They have a host of Greek fare and Mediterranean dishes. The chicken gyro and trio of dips with pita bread are things that are quite popular.

Things to Know: They are closed on Sundays and Mondays. They also are a BYOB. If you wish to pair your meal with wine or beer, come prepared.



Who: *Mikado Japanese Steak House & Sushi Bar* ***

Where: 4920 Carlisle Pike, Mechanicsburg

Ph: (717) 761-5133 Website: <http://www.mikadojapanesesteakandsushi.com>

What: A hibachi and sushi restaurant with a full bar. You can either dine with a live hibachi chef show, or opt for menu ordering on the other side of the restaurant.

Things to Know: Typically open seven days a week.

AND BEYOND...

MOUNT HOLLY SPRINGS

Who: *Cassell's*

Where: 5 West Pine Street, Mount Holly Springs

Pk:(717) 486-8800 Website: <http://www.cassellsgrille.com>

What: This is a low key establishment tucked away in Mount Holly. They have an interesting menu with things like a warm Bavarian soft pretzel, sandwiches and salads, and clams in a spicy tomato broth.

Things to Know: They are typically closed on Sundays and Mondays.

HARRISBURG

Who: *Char's at Tracy's Mansion*

Where: 1829 North Front Street, Harrisburg

Ph:(717) 213-4002 Website: <http://charsrestaurant.com/>

What: Upscale dining featuring seafood, steaks, pasta, and the like. They also have a full bar and wine list.

Things to Know: Check the website for hours. Good place for special occasion dining.

Who: *Susquehanna Harvest Grill*

Where: 2625 Brindle Drive, Harrisburg

Ph:(717) 545-4028 Website:

<http://harvestseasonalgrill.com/susquehanna/>

What: This is a newer restaurant with a full bar and variety of farm to table fresh food options. Flatbread, salads, edamame, and burgers are a few options that are popular.

Things to know: They are typically open seven days a week. Brunch is offered on the weekends.



GETTYSBURG

Who: *Dobbin House*

Where: 89 Steinwehr Avenue, Gettysburg

Ph:(717) 334-2100 Website: <http://www.dobbinhouse.com/>

What: There is a restaurant and a tavern located here. Both are very much historic in feel with the wait staff dressed in period attire. The menu is smaller, but they have things for everyone from crab dip to salads to sandwiches.

Things to know: Check the website for hours. For an added experience, check out the hidden room from the Underground Railroad that is intact behind a bookcase.

Who: *Farnsworth Inn*

Where: 401 Baltimore Street, Gettysburg

Ph:(717) 334-8838 Website: <http://www.farnsworthhouseinn.com/>

What: With both a restaurant and Sweeny's Tavern locate at the Inn, a variety of dining options, with the history that makes Gettysburg a famous spot, can be found.

Pot pie, pork chops, and flatbread are some items you can find on their menu. They also have a full bar available.

Things to Know: They are typically open seven days a week.

WORMLEYSBURG

Who: *Duke's Bar and Grill*

Where: 313 South Front Street, Wormleysburg

Ph: (717) 737-1313

What: Located on the Susquehanna, with a variety of American and pub fare selections, they also have a full bar. There is an outdoor patio for warm weather dining.

Things to Know: Typically open seven days per week.

Who: *Rock Bass Grill*

Where: 461 South Front Street, Wormleysburg

Ph: (717) 731-1160 Website: <http://www.rockbassgrill.com/>

What: This bar and restaurant is situated on the Susquehanna River. They have a variety of seafood and steak specialties, salads, and sandwiches.

Things to know: They are open every day and have brunch on Sundays. There is also a patio open during warmer weather.

ENOLA

Who: *Tavern on the Hill*

Where: 109 Howard Street, Enola

Ph: (717) 732-2077 Website: <http://www.tavernonthehill.com>

What: Located on the Susquehanna, this is an upscale fine dining option with a full bar. Mediterranean dishes, steaks, and seafood are popular items. There is an outdoor dining option when the weather is warm.

Things to know: Reservations suggested. Closed on Sundays.

Additional Dining Options with Gluten Free Menu Items

- *North Hanover Grille, 37 Hanover Street, Carlisle (American)*
Menu: http://www.northhanovergrille.com/2013_Menu.pdf
- *The Market Cross Pub, 113 North Hanover Street, Carlisle (American)*
Menu: http://www.marketcrosspub.com/carl/Market_Cross_Menu.pdf

- *Café Bruges, 16 North Pitt Street, Carlisle (Belgian)*
Menu: <http://www.cafebruges.com/menu/>
- *White Elephant, 141 West High Street, Carlisle (Thai)*
Menu: <http://whiteelephantcarlisle.com/menu>
- *Scalles, 2 York Road, Carlisle (American)*
Menu: <http://www.scallesrestaurant.com/menu/>
- *Kimberly's Café and Creamery, 530 West High Street, Carlisle (American)*
Breakfast Menu: <http://www.kimberlyscafe.com/Menu.html>
Lunch menu: <http://www.kimberlyscafe.com/Menu-1.html>
- *Momma Spriggs, 160 York Road, Carlisle (American)*
Menu: <http://www.mommaspriiggs.com/#!menus/crrl>
- *Al's Pizza and Subs, 40 Noble Boulevard, Carlisle (Pizza)*
Menu: <http://alspizzacarlisle.com/pizza/3705801>
- *The Pizza Grille, 1007 Ritner Highway, Carlisle (Pizza)*
Menu: http://thepizzagrille.com/assets/carlisle_takeout.pdf
- *Napoli, 1075 Harrisburg Pike, Carlisle (Pizza)*
Menu:
https://attachment.fsbx.com/file_download.php?id=315047855367848&eid=AS tRj6jz2gvR14DoTRcMNBESNL52kngHrY_LLxgSz2r_l610yt7znEdKz6oeyOFI_Oo&inline=1&ext=1454443362&hash=ASvr9t_CqfTiIBj3
- *Freeman's Texas BBQ, 1452 Holly Pike, Carlisle (BBQ)*
Menu: <https://www.facebook.com/Freemans-BBQ-Co-282310998526379/>
- *Marcellos, 900 Cavalry Road, Carlisle (Italian and Pizza)*
Menu: <http://www.marcelloscarlisle.com/menu/menu.htm>
- *Taqueria Laurita, 150 West High Street, Carlisle (Mexican)*
Menu: <http://taquerialaurita.com/menu/tacos-tostadas-and-quesadillas/>
- *Helena's Chocolate Café & Creperie, 36 West High Street, Carlisle (Dessert)*
Menu: <http://www.helenascafe.com/>
- *Spoons, 57 West Pomfret, Carlisle (American)*
Menu: <https://www.spoonscafe.net/menu.html>
- *Neato Burrito, 800 East High Street, Suite 430, Carlisle (Mexican)*

Menu: https://squareup.com/market/neato-burrito-carlisle?square_lead=button

- *Betsy's Bakery, 3609 Market Street, Camp Hill (Bakery)*
Menu: <https://betsysbakery.com/>
- *Pizzaworks, 4415 Carlisle Pike, Camp Hill (Pizza)*
Menu: <http://pizzacamphill.com/menu.php>
- *Sophia's on Market, 3700 Market Street, Camp Hill (American)*
Breakfast Menu: <http://www.sophiasonmarket.com/menus/breakfast-menu/>
Lunch Menu: <http://www.sophiasonmarket.com/menus/lunch-menu/>
- *Fusion Fire, 3421 Simpson Ferry Road, Camp Hill (Asian Fusion)*
Menu: <http://thefusionfire.com/menu/>
- *Masala Bistro, 3401 Hartzdale Drive, Suite 120, Camp Hill (Indian)*
Menu: <http://thefusionfire.com/menu/>
- *Theo's Bar and Grille, 3315 Hartzdale Drive, Camp Hill (American)*
Menu: <http://theosgrille.net/menus/>
- *Cornerstone Coffeehouse, 2133 Market Street, Camp Hill (Cafe)*
Menu: <http://www.thecornerstonecoffeehouse.com/anytime-menu/>
- *Flinchy's, 1833 Hummel Avenue, Camp Hill (American)*
Menu: <http://www.flinchys.com/menus>
- *Caffe 101, 101 Front Street, Boiling Springs (Cafe)*
Menu: <http://caffe101.com/>
- *Italian Taxi, 225 North Baltimore Avenue, Mt. Holly Springs (Italian)*
Menu:
http://www.theitaliantaxi.com/uploads/2/5/5/6/25562852/italian_taxi_m.pdf
- *Jojo's, 107 West Main Street, Mechanicsburg (Pizza)*
Menu: <http://jojospizza.net/index.php>
- *Isaac's, 6520 Carlisle Pike, Mechanicsburg and 4940 Ritter Road, Mechanicsburg (American)*
Menu: <https://www.isaacsdeli.com/gluten-free.asp>
- *Chalit's, 5103 Carlisle Pike, Mechanicsburg (Thai)*
Menu: <http://www.chalitsthaibistro.com/menu.html>
- *Bangkok Wok, 5 Gateway Drive, Mechanicsburg (Thai)*

Menu: <http://www.bangkokwok.com/menu/>

- *TJ Rockwells, 896 West Grantham Road, Mechanicsburg (American)*
Lunch menu: http://www.tjrockwells.com/lunch_menu.html
Dinner menu: <http://www.tjrockwells.com/menu.html>
- *Cuppa, 4902 Louise Drive, Mechanicsburg (Cafe)*
Menu: https://www.facebook.com/cuppa.mbg/menu/?p_ref=pa
- *Pad Thai, 6416 Carlisle Pike, Suite 1000, Mechanicsburg (Thai)*
Menu: http://www.padthaipa.com/menu_padthaipa.html
- *Pho 7 Spice, 4830 Carlisle Pike, Suite D8, Mechanicsburg (Vietnamese)*
Menu: <http://www.pho7spice.net/menu/>
- *Caddyshack, 800 Orrs Bridge Road, Mechanicsburg (American)*
Menu: <http://caddyshackrestaurant.com/>
- *Garlic Poet, 148 Sheraton Drive, New Cumberland (American)*
Menu: <http://www.garlicpoet.com/blog/2015-gluten-free-fall-menu/>
- *Tropical Smoothie Café, 235 Strawberry Street, Harrisburg (Cafe)*
Menu:
https://s3.amazonaws.com/tscws/downloads/TSC_Food_Smoothies_Menu.pdf
- *Bricco, 31 South 3rd Street, Harrisburg (Italian)*
Gluten-free Menu: <http://www.briccopa.com/menus/gluten-free.html>
- *MoMo's BBQ and Grill, 307 Market Street, Harrisburg (BBQ)*
Menu: <http://momosbbqandgrill.com/en/menu.html>
- *Passage to India, 520 Race Street, Harrisburg (Indian)*
Menu: <http://www.passagetointiaharrisburgpa.com/#!menus/kjpx4>
- *Melting Pot, 3350 Paxton Street, Harrisburg (Fondue)*
Menu: <http://www.meltingpot.com/our-menu/gluten-free-menu.aspx>
- *Wild Tomato Pizzeria, 4315 Jonestown Road, Harrisburg (Pizza)*
Menu:
<http://pizzaharrisburgpa.com/the-wild-tomato-pizzeria-and-catering-menu.htm>
- *Sweet Confections, 4713 Queen Avenue, Harrisburg (Dessert)*

Menu: <http://www.sweetconfectionscakes.com/cake-and-filling-flavors.html>

- *Kyoto, 825 West King Street, Shippensburg (Japanese)*
Menu: <http://kyotorestaurantpa.com/menu/>
- *Jim and Nena's Pizzeria, 112 Abbottstown Street, East Berlin (Pizza)*
Menu: http://jimandnenaspizza.com/menu_b.html
- *Official BBQ and Burgers, 6295 Lyters Lane, Harrisburg (BBQ)*
Menu: <http://www.officialbbq.net/menu.html>
- *Italian Village, 5267 Philadelphia Avenue, Chambersburg (Italian)*
Menu: <http://www.italianvillagerestaurant.com/menu.html>
- *Caretti's, 1710 Lincoln Way East, Chambersburg (Pizza)*
Menu: <http://www.carettispizza.com/regularmenu/>



By The Way

Navigating Around Carlisle

Pull out a map!

“We learned after a few confusing trips to Mechanicsburg and beyond that the best way to understand the layout of the area is to pull out a map! Don't rely on your GPS because it may be sending you on the major roads/interstates that are filled with trucks and traffic. There are often back roads that will get you there faster with fewer stop lights.”

“Make note that when travelling on I-81, the north and south routes do not have the same exits. For example, when coming south from Harrisburg, you can take the High Street exit. However, when driving north on 81, there is no High Street exit. The York Road exit will get you to a similar part of town.”

Beware of the Pennsylvania Turnpike!

“When driving west towards Carlisle from Harrisburg, the exit that you need is Exit # 226. If you miss it, you will need to drive twenty miles to the next exit and turn around.”

Parking Meters Abound!

“The parking meters in downtown Carlisle are free for the first 15 minutes. When the meter is flashing 0:00, just turn the dial without inserting a coin. This is great for running quick errands and returning books to the library.”

Buckle Up!

“Pennsylvania law requires all front seat passengers to buckle up!”

Spouse Employment

Spouse Employment Tips

If you are interested in working as a professional in Pennsylvania, *contact the Licensing Board early.*

“From my personal experience trying to get my license as a Speech-Language Pathologist, it was more time consuming and difficult than any other state that I have dealt with.”