

## Carlisle Barracks partners to help parents in fight against substance abuse

By Thomas Zimmerman 30 January 2018



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*Members of the the Cumberland-Perry Substance Abuse Prevention Coalition, including Carlisle Barracks own Rick Gross, kicked off a multi-county campaign aimed at preventing substance abuse*

Members of the Carlisle Barracks command team and the Army Substance Abuse Prevention office recently joined in a county-wide campaign aimed at preventing substance abuse.

The Substance Abuse Coalition of Cumberland and Perry County, including Rick Gross, Prevention Coordinator for the Carlisle Barracks ASAP, recently kicked off their "I Am the Solution" campaign, designed to empower adults to use take an informed, involved and invested approach in their community in regards to substance abuse. Lt. Col. Sally Hannan, garrison commander and Command Sgt. Maj. Jamie Lethiecq, installation CSM, also took part in the short ceremony that kicked off the campaign.

The campaign stresses the important role that adults play in the

development of young people, whether they are parents, teachers or neighbors.

“Growing up in the 21<sup>st</sup> century is hard work,” says the campaigns site, [www.iamthesolution.net](http://www.iamthesolution.net). According to the Pa Youth Survey, teens are less likely to report using alcohol or drugs and are more likely to disapprove of peers who do if they believe that the adults in their life pay attention to them and let them know they’re proud of them.

To learn more visit [www.iamthesolution.net](http://www.iamthesolution.net)