

What to do when winter weather hits

By Thomas Zimmerman 17 January 2019



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In case you didn't know, Central Pa is looking at not one, but two winter storms in the next few days. Do you know where to find the latest info on changes in post operations?

The best place to check for all official post operations is the information line at 245-3700. Updated at least daily, this number always has the latest on post operations. You can also register for AtHoc, the posts official mass notification tool.

Here's how to register. You must first log in to a government computer.

(1)Click on the up arrow located in the system tray at the bottom right

hand side of your screen to "show Hidden icons"

(2)Right click on the purple globe

(3)Select "Access Self Service" and update your information on the

corresponding page

(4)Click on the "Devices" tab and update your email addresses and phone numbers.

(5)Press "Save"

Also check the USAWC Facebook page at www.facebook.com/usawc and the USAWC homepage at <https://www.armywarcollege.edu/> or the USAG Homepage at <https://home.army.mil/carlisle/>

DPW plowing priorities

The main snow removal priorities for post are the main thoroughfares (Claremont Gate to Ashburn Gate) in order to facilitate emergency vehicles. After that, roads around Dunham Clinic, Root Hall, Collins Hall and the post retail areas are cleared. Housing and secondary roads, parking lots and the rest of post will then be plowed. On weekends the priorities shift to the Chapel and retail areas.

Cold weather tips

- Select proper clothing for cold, wet, and windy conditions. Layer clothing to adjust to changing environmental temperatures. Wear a hat and gloves, in addition to underwear that will keep water away from the skin (polypropylene).
- Take frequent short breaks in warm dry shelters to allow the body to warm up.
- Perform work during the warmest part of the day.
- Avoid exhaustion or fatigue because energy is needed to keep muscles warm.
- Use the buddy system (work in pairs).
- Drink warm, sweet beverages (sugar water, sports-type drinks). Avoid drinks with caffeine (coffee, tea, or hot chocolate) or alcohol.
- Eat warm, high-calorie foods like hot pasta dishes.