## Take Command: TRICARE Open Season Begins Nov. 12

By Public Affairs Staff 11 October 2018



Open season is an annual period when you can enroll in or change your health care coverage plan for the next year. TRICARE beneficiaries will experience Open Season for the first time Nov. 12–Dec 10, 2018. TRICARE Open Season will happen each year from the Monday of the second full week in November to the Monday of the second full week in December. Enrollment choices made during this period take effect on Jan. 1.

During TRICARE Open Season, you may enroll in or change your TRICARE Prime or TRICARE Select plan. Any changes you make take effect on Jan. 1, 2019. If you remain eligible and make no changes during TRICARE Open Season, you'll stay in the same plan for 2019. You may also change your type of enrollment, for example switching from individual to family enrollment.

Outside of the TRICARE Open Season period, you may still enroll in or

a Qualifying Life Event (QLE).

Whether during TRICARE Open Season or following a QLE, you have three ways to make an enrollment choice:

- Online: Go to the Beneficiary Web Enrollment website
- By phone: Call your regional contractor
- By mail: Mail your enrollment form to your regional contractor

TRICARE Open Season doesn't apply to the premium-based plans listed below. These plans offer continuous open enrollment throughout the year:

- TRICARE Retired Reserve
- TRICARE Reserve Select
- TRICARE Young Adult
- Continued Health Care Benefit Program

Also, TRICARE Open Season doesn't apply to <u>TRICARE For Life</u>. TRICARE For Life doesn't require enrollment.

Sign up on the <u>TRICARE website</u> for updates about TRICARE Open Season. Look for more information this fall at <a href="http://www.tricare.mil/openseason">http://www.tricare.mil/openseason</a>.

This is your benefit. Take command of your health and prepare for TRICARE Open Season.

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