

Get your school, sports physicals out of the way

Col. Kenneth Trzepakowski, Commander, Dunham Army Health Clinic

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June 4, 2009 -- The staff at the Dunham Health Clinic urge parents to schedule their sports/camp/school physicals for their children as early as possible. This helps you and the clinic by getting them completed on your time line and will not create a backlog of appointments at the end of the summer.

If you wait until August to try and schedule your appointment, you might not be able to get in as early as you like. If you schedule it now, it's done and you can go on and enjoy your summer.

Please ensure that when you make your appointment you have the appropriate school forms with you. We also ask that the parents fill out all the information to include the health history prior to your appointment. Arriving ready is the key to a successful visit.

If you are PCSing to another post, please do not schedule your physical with us here at Dunham. Most school districts have their own paperwork and you may have to redo the physical at your next duty station. If you can secure the paperwork for the new school, we'll be glad to complete the physical here prior to your move.

The following must be brought to the physical appointment: the child, a military ID, the patient's shot record, glasses or contacts (if needed) and the necessary completed (administrative and health history) forms.

Please remember that children must be accompanied by a parent up until the child is 18 years of age. The clinic also discourages parents from bringing other children to the appointment who are not being seen.

We are currently booking physical appointments six weeks out so please call 245-3400 to schedule your appointment today.

