

# Local Army Spouse wins a day at the spa

*Suzanne Reynolds, Army War College Public Affairs Office*

## **Army Spouse wins a day at the spa**

Jan. 14, 2009 -- A military spouse whose husband, son, and son-in-law are attached to the Pa. Army National Guard 56<sup>th</sup> Stryker Brigade, Fort Indiantown Gap, has won a day at the Felicita Spa after entering an essay contest for military families.

The winner, selected on Dec. 29, 2008, was Cindy Small from Lebanon, Pa. Small's essay was about her life as a military spouse.

To honor the men, women and families who serve our country, the Carlisle Barracks Directorate of Family and Morale, Welfare and Recreation partnered with the Felicita Resort and Spa in Harrisburg to bring a day of relaxation (massage, facial and pedicure) for one lucky essay winner, said Staci Cretu, FMWR marketing manager.

"I did not expect it, I thought there would be somebody who would be more deserving than myself, someone with a better story," said Small, who wrote about her experiences during her husband's Army life: "35 Years and Counting."

Cindy plans to use the prize to pamper herself within the next few months.

The goal of the essay contest was to compile a collection of inspiring or uplifting stories about how military life affects the personal lives of service men and women and how family affects Soldiers on the job and how military life affects family members.

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