

Army Family Team Building classes Dec. 16-18

Army Family Team Building Level I Classes to be held Dec. 16-18

Army Community Service announces "Army 101 – Basic Training" classes to be provided for all interested active duty service members, Family members, Department of Defense civilians and retirees. Level I Army Family Team Building (AFTB) classes are scheduled for 16-18 December 2008 and will be held in room 106 Anne Ely Hall, Carlisle Barracks. Topics covered in Level I training include, Expectations and Impact of the Mission on Families, Military Acronyms and Terms, The Chain of Command, Basic Military Entitlements and Benefits, Introduction to Common Military Customs and Courtesies, Basic Problem Solving, Stress Management and others.

AFTB is a volunteer-led organization with a mission to provide training and knowledge to spouses and family members to support the total Army effort. Strong Families are the pillar of support behind strong Soldiers. It is AFTB's goal to educate and train all of the Army in knowledge, skills and behaviors designed to prepare our Army Families to move successfully into the future.

AFTB contributes to the Army mission by educating and training the Army Family to be self-sufficient leaders within their communities. AFTB Level I focuses on the basic skills and knowledge needed to live the military life. Level II teaches skills the participant can use to grow into a community leader. Finally, Level III provides information for inspiring and mentoring others into leadership positions.

Soldiers can earn promotion points by completing the Level I Army Family Team Building Course. For more information contact Cora Johnson, Army Family Team Building Coordinator at 717-245-4720 or cora.johnson@us.army.mil.

To register for AFTB Level I, please call Army Community Service at 245-4357 or 245-4720.