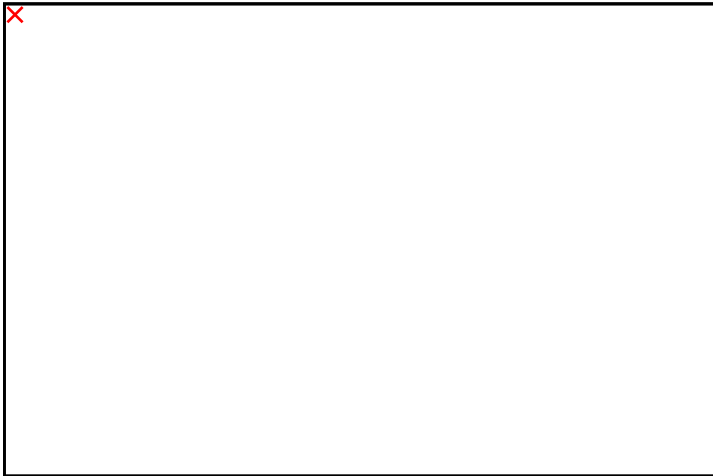


# Carlisle Barracks hosts Active parenting course

## Carlisle Barracks hosts Active parenting course



*Jen Starner, an instructor from Pressley Ridge services for children and families, leads a discussion during an Active Parenting Class March 26 in the Youth Services building on Carlisle Barracks. Photos by Megan Clugh.*

March 31, 2010 -- Carlisle Barracks hosted an "Active Parenting Now" class in March at the

Moore Child Development Center. The three-session program was designed for parents of children ages 5-12 and addressed topics like communication and cooperation, discipline and responsibility, and power, courage and self-esteem.

Jen Starner, an instructor from Pressley Ridge services for children and families, led the course.

"Jen relates very well with parents," said Anne Hurst, the ACS Family Advocacy director. She uses video clips of children's behavior and parental reactions – and then guides the parents in discussion about what they've seen and what responses will be more effective, added Hurst.

*Anne Hurst, ACS family advocacy director, adds to the discussion during the March 26 session. The three-session program was designed to help parents of children 5-12.*

