

New combatives classes kick off Jan. 11

By Erin O. Stattel, Army War College, Public Affairs

New combatives classes kick off Jan. 11

(Jan. 6, 2010)—If you have been looking for a way to get set to get back to the operational force, look no more because Army combatives classes are now offered at Thorpe Hall Gym.

Classes begin January 11 and will be held Mondays and Wednesdays at 3 p.m. and 4 p.m.

Taught by former NCO and Army combatives instructor Brian Sarjeant, classes are open to all Army War College students, staff and faculty.

"Combatives is trained across our services in one form or another, some call it hand to hand combat, some call it Martial Arts training," said Col. Bobby Towery, deputy commandant for the Army War College. "Past classes have asked for this type of training to be offered here at Carlisle Barracks as senior officers want to be prepared to go back to the Operational Force, so we will offer combatives twice a week."

Towery will hold an informational briefing about the classes on Friday, January 8 in Wil Washcoe Auditorium at 11:45 a.m.

Sarjeant, who holds a level four modern Army combatives certification, will teach full spectrum Army combatives and participants must complete 20 hours in order to advance to the next level, said Chuck Gentile, sports director for Directorate of Family, Morale, Welfare and Recreation. Participants need to wear their Army combat uniforms, additional equipment will be provided.

Towery called the course a "great refresher" that will challenge students with the addition of the use of knees and elbows.

Participants wishing to sign up may call 245-4271 or send an email to ken.sjoberg@us.army.mil to register. Participants may also visit the sports office in the basement of the Root Hall Gym for additional registration instruction.