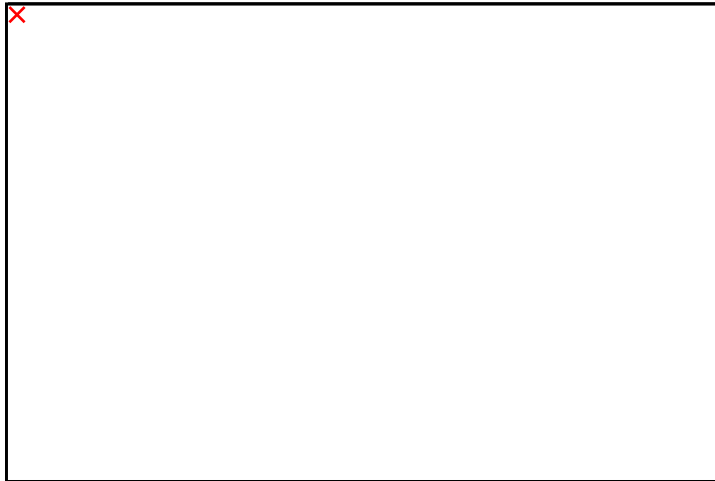


# CYS offers list of certified babysitters

## Certified Babysitter List available through CYSS



Parents, are you looking for a night out? Well, Child, Youth & School Services may have the answer for you--a certified babysitter!

Carlisle Barracks Youth Services and the Moore Child Development Center maintain a list of certified babysitters who have completed more than 16 hours of training during a two-day course taught each summer at Carlisle Barracks.

The trained and certified babysitters are ages 13 to 18 and have earned certification in both, the American Red Cross First Aid and Infant/Child CPR.

Topics covered in the two-day training course include: Babysitter Basics, Age Appropriate activities, Storytelling, Principles of Discipline, Nutrition and Appropriate snacks, Fire safety, Drug and Alcohol guidelines, Child Abuse guidelines, Children of Deployed Soldiers, Safety and Emergency procedures.

"I highly encourage families to try the CYSS certified babysitters," said Liz Knouse, acting director, Directorate of Family Morale, Welfare, and Recreation. "These teens have taken the first step in improving their employment skills—training. Many have several years experience and stand ready to take care of your child," said Knouse.

To obtain a copy of the certified babysitter list, contact Youth Services at 717-245-4555.