

# Throwing a party responsibly

## Summer Sense Campaign: Throwing a party responsibly

June 24, 2009 -- While everyone loves a great party, it's the hosts' responsibility to ensure everything runs smoothly. The following are some tips to make sure everyone has a safe and fun time:

- \* Get together a list of emergency numbers (police, fire, etc) as well as that of some taxi companies to have available before hand
- \* Have a bartender (someone not drinking) to help keep an eye on how much everyone is drinking
- \* Make sure you have non-alcoholic beverages available
- \* Keep food available throughout the entire time you have guests (high protein foods like meat and cheese are best)
- \* Stop serving alcohol about 2 hrs before the party's anticipated end
- \* Encourage the Designated Driver Program.
- \* Never ever let anyone who's had too much to drink drive!

Have a safe, accident free Fourth of July Weekend.

For additional information contact the Army Substance Abuse Program at 245-4576.

### Summer sense: Drinking, boating and the law

Did you know:

- \* Boating under the influence carries stiff penalties. If you are arrested you could face fines between \$500.00 and \$7,500.00, up to 2 years in jail, and suspension of boating privileges for up to one year.
- \* Homicide by watercraft while under the influence carries fines up to \$15,000.00, and three to seven years in prison. An operator is considered impaired at .08 BAC in PA.
- \* Each year more than 700 people die in boating accidents. Alcohol is involved in close to 40% of these

fatalities.

\* Your vision, judgment, reaction time, and balance are impaired with the first drink, all of which you need when boating.

\* It is illegal to operate a watercraft (including personal watercraft and jet-skis) on all waters of the Commonwealth while under the influence of alcohol or a controlled substance.

\* Stay Safe. Don't operate a boat under the influence of alcohol.

For additional information contact the Army Substance Abuse Office at 245-4576 or check out the Pennsylvania Fish and Boat Commission at [www.fish.state.pa.us](http://www.fish.state.pa.us)

The above information was provided by the PA Liquor Control Board.