

# Dunham Clinic launches the Fall '14 Flu Vaccination Campaign Oct 6

## Dunham Clinic launches the Fall '14 Flu Vaccination Campaign Oct 6

Full schedule --

\* USAWC students, staff & Garrison staff

-- Oct 6 – 10 Root Hall Gym

Mon, Tues Friday 10:30 a.m. – 2:30 p.m.

Wednesday 9 a.m. – 2 p.m.

Thursday 11:30 a.m. – 3: 30 p.m.

\* Family Members, Retirees, and Post Employees (6 months & up) in DUNHAM Clinic:

-- Oct 14-17 -

Wed/Fri 1 – 4 p.m.

Tuesday: 4:30 – 7 p.m.

Thursday:7:30 a.m. – noon

\* Retiree Appreciation Day Oct. 11, Root Hall Gym 8 a.m. – 2 p.m.

***Who should get FluMist***, a live influenza virus for active immunization --

- healthy people 2-49 years of age
- pregnant women should NOT receive the FluMist.
- provides the same level of protection as the flu shot
- administered by inhaling the vaccination mist into one's nose.

***Who should get the Flu Shot***, an inactivated vaccine --

- healthy people older than 6 months of age
- healthy pregnant women
- those with chronic medical conditions
- administered with a needle, usually in the arm.

***Who Should consult a physician*** before any form of flu vaccination

- People who have a severe allergy to eggs
- People who have had a severe reaction to the flu vaccine in the past
- People with Guillan-Barre Syndrome
- People who have moderate or severe illness with a fever should wait to get vaccinated until symptoms lessen.

Flu tips -- Wash your hands and cover your mouth when you cough or sneeze.

Contact for more detail about the flu vaccination campaign: Maj. Parker Hahn or Staff Sgt Evelyn Pollard, 717-245-3630.

For more information about the flu and flu vaccines, visit the Center for Disease Control and Prevention website: [www.cdc.gov](http://www.cdc.gov)