

Carlisle Barracks Military Retiree Appreciation Day set for Oct. 11

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Military Retiree Appreciation Day at Carlisle Barracks will take place Sat., Oct. 11 from 7:30 a.m. to 3 p.m. as scheduled to share important command information briefings for military retirees, family members, survivors, and those who will retire soon.

Registration opens at 7:30 -- with retirement benefits offered throughout the day

- Flu Shots, Root Hall Gym, 8 a.m. – 2:30 p.m.
- ID cards: Anny Ely Hall, 8:30 a.m. to noon.
- Mini-health screening in Root Hall Gym, all day: blood pressure checks, bone density testing, mammography information, nutritionist on site, and “Ask the Optometrist.”
- A TRICARE representative will be available in Reynolds Theater to answer questions.
- Carlisle Barracks Dental Clinic will be present with a dental chair and dentist to conduct Oral Health Screenings and offer "Ask the Dentist." This will give the retirees a free opinion on their dental needs, but cannot be considered an exam as the clinic cannot treat them.
- Dunham Pharmacy will be open 7:30 a.m. – 4:30 p.m.
- Commissary open 9 a.m. - 5 p.m.
- Exchange open 9 a.m. - 6 p.m. with cake at 12:15 p.m.
- JAG Office in Upton Hall will be open for power of attorneys and wills 9 a.m. - 4 p.m.

Briefing schedule:

- Formal program opens with Maj. Gen. Bill Rapp, CG, Carlisle Barracks: 9 a.m.
- Dunham Army Health Clinic update: 10:15 a.m.
- TRICARE briefings: 11 a.m. (TRICARE-FOR-LIFE: Bliss Hall; Under-65: Reynolds Theater)
- Veterans Affairs benefits briefing: 1 p.m.
- Legal Briefing: general estate planning: 2 p.m.