

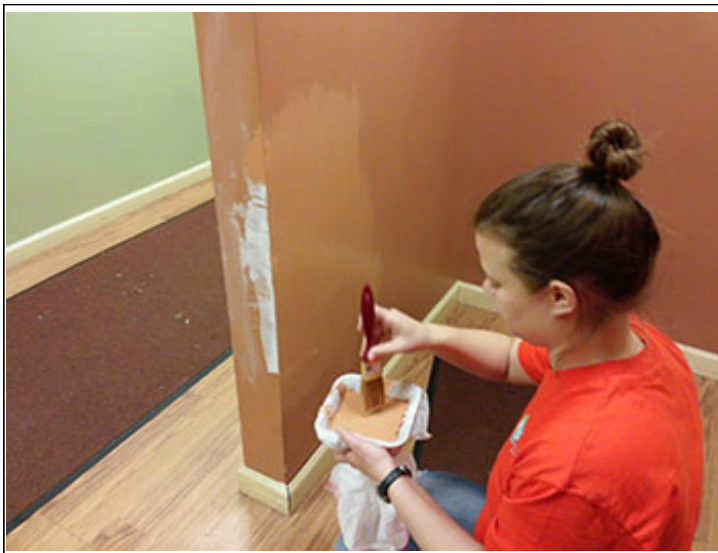
# Barracks volunteers help homeless

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*By Tom Conning*

Saturday mornings are usually thought of as opportunities to get some extra sleep, spend quality time with family or work on the to-do list. That wasn't the case for almost two-dozen members of the Carlisle Barracks community this weekend.

Instead of taking care of personal errands or sleeping-in, 23 adult, eight teen and children volunteers met at nine a.m. and started cleaning and making repairs to the Carlisle C.A.R.E.S. (Combined Area Resources for Emergency Shelter) Homeless Shelter. The minor repairs and deep cleaning lasted six hours.



***Pfc. Brittany Slogar, preventive medicine specialist at Dunham Health Clinic, paints a wall at the Carlisle C.A.R.E.S. Homeless Shelter Oct. 26, 2013. Slogar and 22 other members of the Carlisle Barracks community volunteered to help clean and make repairs to the facility during Make A Difference Day 2013.***

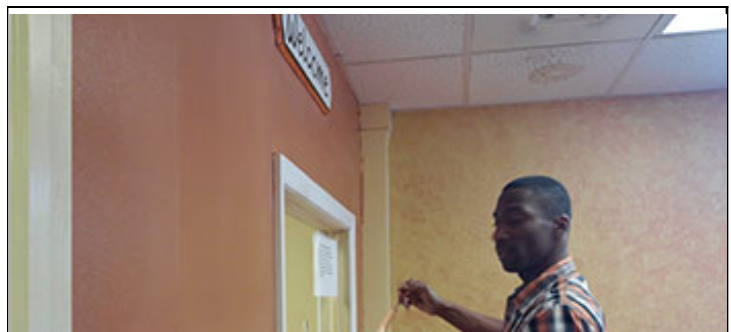
The effort was part of Make A Difference Day 2013, which is a national day of community service where volunteers strive to improve the lives of others. **Selinda Torbert**, Army Volunteer Corps Program Manager, coordinated the effort. We chose Carlisle C.A.R.E.S. because there's been such an increase in homelessness this year in Carlisle, said Torbert.

"The greatest gift that anyone can ever give is the gift of time and that impact was shown in a big way on Saturday," she said. "Our volunteers rock."

The next volunteer opportunity will be on Nov 23, 2013 at the Project Share distribution center where volunteers will work in the warehouse. Army Community Services is still recruiting Families for this event, the National Day of Families Volunteering.

***Staff Sgt. Paul Jones, Dunham Dental Clinic Detachment Sergeant, does handy-man work at the Carlisle C.A.R.E.S. Homeless Shelter Oct. 26, 2013. Jones and the other Carlisle Barracks volunteers donated six hours of their Saturday to community service as part of Make A Difference Day 2013.***

A group of local congregations and social service providers started Carlisle C.A.R.E.S. in 2004. It can house more than 50 homeless families and is open seven days a week, 365 days a



year.

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