

IT'S ON! Military Retiree Appreciation Day at Carlisle Barracks, Saturday, Oct 12

Military Retiree Appreciation Day at Carlisle Barracks will take place Sat., Oct. 12 from 7:30 a.m. to 3 p.m. as scheduled to share important command information briefings for military retirees, family members, survivors, and those who will retire soon.

Ashburn Gate open for ID card holders, 6:30 a.m. to 4 p.m.

Shuttle busses will rotate throughout post parking areas to the Root Hall/ Bliss Hall center of activities.

Registration opens at 7:30 -- WITH RETIREMENT BENEFITS OFFERED THROUGHOUT THE DAY

- Flu Shots, Root Hall Gym, 7:30 a.m. to 3:30 p.m.
- ID cards: Anny Ely Hall, 8 a.m. to 2 p.m.
- Mini-health screening in Root Hall Gym, all day: blood pressure checks, bone density testing, mammography information, nutritionist on site, "Ask the Optometrist," and TRICARE representative to answer questions.
- Carlisle Barracks Dental Clinic will be present with a dental chair and dentist to conduct Oral Health Screenings and offer "Ask the Dentist." This will give the retirees a free opinion on their dental needs, but cannot be considered an exam as the clinic cannot treat them.
- Army Wellness Center will open its doors at 315 Lovell Avenue for questions and tours: 8:30 am -- 3 p.m.

Briefing schedule:

- Formal program opens with Maj. Gen. Tony Cucolo, CG, Carlisle Barracks: 8:30 a.m.
- Dunham Army Health Clinic update: 9:15 a.m.
- TRICARE briefings: 10:30 a.m. (TRICARE-FOR-LIFE: Bliss Hall; Under-65: Reynolds Theater)
- Veterans Affairs benefits briefing: 12:45 p.m.
- . Legal Briefing: general estate planning: 2 p.m

Lunch options (11:30 – 12:45) include the Root Hall Joint Deli or at Oktoberfest (courtesy bus available).

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