

ANCORA 2013: Addressing Hurt, Offering Hope and Promoting Healing

ANCORA 2013: Addressing Hurt, Offering Hope and Promoting Healing

A special workshop hosted by the Post Chaplain's office will be held on Saturday, May 4, 8 a.m.-5:30 p.m. at the Army Heritage and Education Center to help military spouses address the issue of suffering: ANCORA 2013. The word "Ancora" is Latin for "anchor" drawn from the workshop's theme verse of Christian Scripture in Hebrews 6:19, which states in part, "We have this as a sure and steadfast anchor of the soul, a hope that enters into the inner place..."

You are cordially invited to attend, to extend this invitation to your spouse, and to let others know of this important workshop. Our aim is two-fold:

- Help military spouses of all services explore and validate what suffering they have experienced, and:
- Help them see that suffering need not be a final place of life but can lead to healing, growth and hope in God.

Two questions:

- When someone experiences chronic or even traumatic suffering, how does that affect them and their critical relationships?
- Is that suffering an end unto itself or is it a means to end...of healing, growth and even hope?

In the past 12 years of persistent conflict, families of Soldiers, Sailors, Airmen, Marines, Coast Guardsmen and DoD Civilians have had to face these two questions. Much has been done within the DoD to help service members face them, but what of their spouses?

There will be an expert group of presenters, to include: Dave and Brenda Roeber, Richelle Hecker, Barb Willey, and others. The day will consist of plenary sessions, networking, fellowship, breakout sessions, and even a service of healing for those who desire to attend.

For uniformed service members, attendance in a PTDY status is optional upon approval by the local command. For information and registration forms, call the Memorial Chapel at 717-245-3318 or email workshop coordinators at: ancora2013info@gmail.com.
Registration deadline is April 5.