## Members of Seminar 21 are 'making a difference' in the community

Suzanne Reynolds, Public Affairs

## Members of Seminar 21 are "Making a Difference" in the community

Seminar 21 members will be volunteering their time this Saturday, Oct. 20 from 8:30 a.m.-2 p.m., to help pack 100,000 meals to feed families in need around the world and in our community for "Kids Against Hunger" at the Carlisle Expo Center.

Volunteers will be packing a rice-soy supplement which contains the same nutrients as 3 pounds of red meat and provides a meal for a family of six. Both Project SHARE and The Salvation Army will receive 12,500 meals to distribute to those in need in the local community. The remaining 75,000 meals will be shipped overseas to Haiti to combat childhood starvation.

Seminar 21 was organized to support spouses of deployed members, most who were in attendance as students at the Army War College.

"Our spouses are deployed all over the world not just Iraq or Afghanistan, said Ramona Clifton, Seminar 21 Community Liaison. "We try to get together at least once a month for a lunch, brunch or other activity to have fellowship and to disseminate information," she said. If a member is in need we support each other or get the support needed to that member.

"This year I wanted Seminar 21 to not just be about the mutual support that we all give one another, or the exclusivity of our group, because that's a given, said Clifton. "I wanted to extend that into the community through meaningful deeds, good will, and outreach beyond the military community and into the greater Carlisle community," she said.

"I chose this project because I feel like even in our circumstances, spouses being deployed, we can still give back to the community, said Clifton. "We are fortunate that we have our Carlisle Barracks military community to support us. "Most of us have been through a deployment or multiple deployments, and I think we are in a unique position in our military life and our physical location to have our spouses be deployed," she said.

For more information on this event, contact Birger at Thrivent Financial, 717-254-6433, or visit the organization websites: ProjectSHARE.net; SalvationArmyCarlisle.org, or KidsAgainstHunger.org

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