

Dunham Clinic launches the Fall '15 Flu Vaccination Campaign Oct 26

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- Active Duty
- Retirees
- Family Members
- Post-Employees
- Army War College Students & Faculty
- 6 months and older

LOCATION: Dunham Clinic

DATE: Oct. 26-30

Monday – 7:30 a.m. – 7 p.m.

Tuesday - 7:30 a.m. – 7 p.m.

Wednesday - 7:30 a.m. – 4:30 p.m.

Thursday – 7:30 a.m. to noon

Friday - 7:30 a.m. – 4:30 p.m.

LOCATION: Dunham Clinic

DATE: Nov. 2-6

Monday – 7:30 a.m. – 7 p.m.

Tuesday - 7:30 a.m. – 7 p.m.

Wednesday - 7:30 a.m. – 4:30 p.m.

Thursday – 7:30 a.m. to noon

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Who should get FluMist, a live influenza virus for active immunization --

- healthy people 2-49 years of age
- pregnant women should NOT receive the FluMist.
- provides the same level of protection as the flu shot
- administered by inhaling the vaccination mist into one's nose.

Who should get the Flu Shot, an inactivated vaccine --

- healthy people older than 6 months of age
- healthy pregnant women
- those with chronic medical conditions
- administered with a needle, usually in the arm.

Who Should consult a physician before any form of flu vaccination

- People who have a severe allergy to eggs
- People who have had a severe reaction to the flu vaccine in the past
- People with Guillan-Barre Syndrome
- People who have moderate or severe illness with a fever should wait to get vaccinated until symptoms lessen.

Flu tips -- Wash your hands and cover your mouth when you cough or sneeze.

For more information contact Maj. Parker Hahn / Staff Sgt. Jared Chumley / Sgt. Maurice Jackson
(717) 245-3630

For more information about the flu and flu vaccines, visit the Center for Disease Control and Prevention
website: www.cdc.gov