

Carlisle Barracks supports senior games for 12th year

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June 18, 2010 – Seniors from centers all across Cumberland County came to Carlisle Barracks yesterday to enjoy a fun-filled day of activities and fellowship with each other. The 117 participants were able to choose from a variety of 25 events – from pinochle, shuffleboard, basketball and bowling to billiards, darts, dancing and run/walks.

“We love the location,” said Heather DeWire of Cumberland County Aging & Community Services. “We appreciate the Barracks letting us use their facilities, and the MWR staff is exceptionally helpful.”

The Senior Games have been held at Carlisle Barracks for the past twelve years. Senior Games combine sports, recreation, friendly competition and fellowship, all in one day. The goal is to stimulate

active lifestyles, promote healthy living, build lasting friendships and create fond memories.



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