

A new look: First 30 Days for Army War College student spouses

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Aug. 12, 2015 -- You've followed the First 30 Day plan on the Class of 2016 Welcome site --

www.carlisle.army.mil/experience -- and, this article updates key events through the end of August: welcome picnic, meet the leadership, spouse club sign-up, and more.

AS ZERO WEEK CONTINUES ...

FOR FAMILIES:

Thursday, 13 Aug is **Leader Resiliency Day, 8:30 a.m. in Bliss Hall**, featuring insights for you and your spouse about healthy life styles for strategic leaders. Leslie Bonci is nutritionist and health-and-fitness consultant & will present "Strategies to eat well, be well, and stay well" (10 - 11:15 a.m.) SPOUSES ARE INVITED TO ATTEND WITH STUDENTS.

Thursday, 13 Aug at 11:15 - 11:45 am, Bliss Hall. Military Family Program orientation by MFP coordinator Ms Lisa Riley ... following Ms Bonci -- Lisa Riley will introduce the Military Family Program

Friday, Aug 14 features several critical events to mark the beginning of the academic year.

Convocation, Aug. 14 at 8:30 a.m. in Bliss Hall for students, is the formal start to the Class of 2016 year. SPOUSES ARE INVITED TO VIEW CONVOCATION FROM SEMINAR ROOMS .. AND GATHER FOR COFFEE ON THE PATIO, 8:45-9:15 a.m., scheduled in between convocation & spouse brief

Spouse Brief, Aug. 14, 9:30 - 11 a.m., Bliss Hall, Spouses meet with Maj. Gen. & Mrs Bill Rapp. Learn more about your new community and the year ahead.

Opening Ceremony at 4 p.m. Friday, Aug. 14 is an inspiring event for the whole family that features the **Old Guard Fife and Drum Corps**, the **Army Drill Team**, and the **Army Band** in a ceremony that reflects the significance of the student year at the Army's center for strategic thought.

Immediately following the opening ceremony is the **Welcome Family Picnic and 'boatyard wars' icebreaker event**, at the swimming pool/picnic site, for students and families. Beach wear encouraged at opening ceremony and the family picnic. Tickets are available at the door -- or, at early bird prices at MWR & Joint Deli locations.

What to expect --

'Carlisle Casual' uniform (men in slacks, sport shirt and/or sweater; women in skirts or slacks with top or casual dress). Spouses welcome at these Zero Week events - all family members encouraged at the Welcome Picnic
Zero week events on post in Root Hall academic building or Bliss Hall auditorium

Zero week will serve as an orientation to the seminar, the resources available for you during the coming year, and the community.

WEEK ONE OF USAWC CLASSES, WEEK OF 17 AUGUST

FOR STUDENTS: USAWC classes begin with Course One, Introduction to Strategic Landpower, featuring a Gulf War case study.

FOR FAMILIES:

Emergency Services Open House, Aug. 19, 11 am - 2 pm: Meet the firefighters & bike police, McGruff & Sparky, refreshments.

Dress for Success, Aug. 19, 1-3 p.m. AND AGAIN, at 7-9 pm, Bliss Hall. At both sessions, a personal/corporate image consultant will review best practices for civilian dress.

AHEC Presents: 1st Perspectives in Military History lecture for ay2016, Aug., 19, 7:15 - 8:30 pm, at Army Heritage & Education Center, featuring Dennis Gormley: Cold War & Post-Cold War Security Challenges.

Kids Day, Aug. 21, 2-5:30 p.m. for youth of the Carlisle Barracks community, K-12th grade: a special open house with games, food, and introduction to Youth Services programs.

Jim Thorpe All-American OUTDOOR MOVIE NIGHT, Friday, Aug. 21 at dusk (~ 8:15 p.m.) FREE movie. Bring lawn chairs & coolers to Indian Field with your neighbors on post & in the community. Free candy. Popcorn & other snacks available. Commercial film about one of the most decorated athletes in American history -- a former student of the Carlisle Indian Industrial School.

What to expect --

Students will have online access to weekly schedules that include academic event, date, time, location, uniform.

WEEK TWO OF USAWC CLASSES: WEEK of 24 AUGUST

FOR STUDENTS: USAWC Class schedules become routine: Typical week is 4 days in seminar and 1 Reading/Writing/Research day; this week RWR day is Aug. 26.

Strategic Leadership Course begins Aug. 28.

FOR FAMILIES: Classes (K-12) start this week for most area school districts.

Carlisle Barracks Spouses Club SUPER SIGN-UP, Aug. 26, 10 am to 1:30 pm, LVCC. Open to all spouses of Carlisle Barracks.

Softball games begin Aug. 26: team-building seminar-based softball games scheduled in September welcome friends and family, at Thorpe Field between Root Hall and Young Hall family residences.

WEEK THREE OF USAWC CLASSES: WEEK OF 31 AUGUST

FOR STUDENTS: Families adjust to the USAWC academic philosophy. For every 3 contact hours in seminar, expect 9 hours reading & preparing. RWR day this week is Friday, Sep. 4.

FOR FAMILIES:

First **CLIF (Community Leaders Information Forum)**, Sep. 2, 11 am to 1 pm, LVCC. Information exchange between seminar spouse representatives, command & staff. All welcome

WEEK FOUR OF USAWC CLASSES: WEEK OF 7 SEPTEMBER

FOR STUDENTS: Students & families adjust to the USAWC academic philosophy. For every 3 contact hours in seminar, expect 9 hours reading & preparing. RWR day this week is Friday, Sep. 4.