

War College spouses create podcast series - Our employment story: Navigating resource overload

By Robert D. Martin, USAWC PAO 16 June 2022



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Historically, every PCS meant a job change or flat out job lost for military spouses. But times have changed and a new environment means more opportunities for employment and fulfillment.

Transitioning from school to school is just one of the many traffic circles military spouses have to navigate as they follow their spouses worldwide. To make these transitions, along with many other topics such as PCS moves and volunteering, a podcast produced by military spouses at the Army War College collaborated to create an original new resource for military spouses. The Military Spouse Edition of the USAWC 'War Room' is being updated regularly with new podcast material from the team.

The podcast series hosted by Army spouse Faith Bomar and Navy spouse Lynda Lind feature discussions with experts about essential topics for military spouses and families. Four episodes are currently up, two covering education, "School and PCS," and "Exceptional needs? Help is here." The others are "Our PSC story: Be positive and flexible" and "Our volunteer story: Where can you help?"

"Through the podcasts, we talk about hard things and how you get through things that are hard.

"We want you to walk away from this when your family stops being active military and look back and say that was amazing, what a good ride we had," said Army spouse Kim Miller.

Our employment story: Navigating resource overload

This episode features [Heather Kline](#), [Meredith Smith](#). Historically, every PCS meant a job change or flat out job lost for military spouses. But times have changed and a new environment means more opportunities for employment and fulfillment. Get linked in to this episode where Faith and Lynda talk employment with Heather Kline, a Talent Acquisition Contractor with Client Solution Architects and retired Navy Human Resource Officer. Then there's Meredith Smith, an Air Force spouse currently working as the Deputy Director for Community Events and Programs on the military spouse team at [Hiring Our Heroes \(HOH\)](#).

Our volunteer story: where can you

Join a conversation with award-winning USA Today and Amazon best-selling author Eric Gardner, retired Navy Human Resources Officer, and current Army spouse Heather Kline. Eric and Heather share a wealth of information about finding volunteer opportunities to give you a sense of purpose, translate to work experience, and support our service members, families, and communities.

Our PSC story: be positive and flexible

Joining the conversation from Pisa, Italy, where her family is currently stationed, Wendy Way suggests that you "Book that move, don't mess around." Wendy is a military spouse, former Army Logistics Officer, and the CEO and co-founder of LOGSA Mil Moves. And adding her moving tips is military spouse Christine Carol "C.C." Gallagher, a highly sought-after expert and developer of the 'Stressless PCS Kit'.

Exceptional needs? Help is here

Danielle Foote, a former military brat and current Army spouse, helps with tips and tools for the special education kids' exceptional needs. She has over ten years of special education teaching experience across numerous grade levels in five different states. In this episode, you'll hear that knowledge is power and that it's good to speak up, advocate for your child,

and teach your child how to advocate for themselves.

School and PCS help?

Michele Sumter joins Faith and Lynda as they jump right into all things school-related for your child and continuing education for yourself. Michele is a military spouse who has served in military-connected schools as a principal. She enjoys sharing her knowledge of school systems and transitioning students with her military friends. The key to it all is it's never too early to start contacting schools to ensure your military child is set up for success.

Find the MilSpouse edition of the Army War College WAR ROOM: [Podcasts Archives - War Room - U.S. Army War College](#). Watch for episodes to be released as additional content becomes available for the next several months.

U.S. Army War College News Archives