## Gate, road closures, evacuation all planned for July 12 exercise

By Thomas Zimmerman 12 July 2018



Held annually, the exercise allows training on a specific scenario for the posts emergency managers, first responders and employees. The exercise this year will focus on an incident that will require the post to exercise their "shelter in place" plan

Mark your calendar for July 12 as Carlisle Barracks will once again exercise their plans, test emergency response systems and provide valuable experience for employees, residents and first responders during a full-scale emergency response exercise.

Held annually, the exercise allows training on a specific scenario for the posts emergency managers, first responders and employees. The exercise this year will focus on an incident that will require the post to exercise their "shelter in place" plans as well as execute an orderly post evacuation.

While aimed primarily at employees and first responders, the exercise is important for everyone on Carlisle Barracks. During the exercise the installation will utilize the mass notifications systems, At Hoc and the external speaker system, as well as temporary road and gate closures.

As part of the exercise a "post evacuation" will be ordered and employees of select buildings will be directed to go to their vehicles and exit through



For safety reasons, Claremont Road will be closed to traffic between Post Road and East Louther Street during the controlled evacuation for two hours the afternoon of July 12 (approximately 3-5 p.m.)

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How to shelter in place for a chemical incident

the Claremont Road gate. This exercise will NOT call for residents, retail areas and services or the CDC/CYS to evacuate or close. The evacuation order will be limited to the work force of the identified buildings. Dunham Clinic will close at noon. Those not taking part in the exercise (e.g. residents) do not need to take any additional actions.

During the evacuation part of the exercise, Claremont Road will be closed to traffic between Post Road and East Louther Street for two hours (approximately 3-5 p.m.) The Claremont Road gate will open only to exiting traffic and all traffic must enter the installation via the Ashburn Drive gate. The road and gates will re-open for normal operations by 5 p.m. Carlisle fire police will assist in the direction of traffic. A detour map can be seen at the right.

The exercise is expected to be complete by 5 p.m. on July 12.

## What is shelter in place?

Get inside, stay inside, stay tuned

Sheltering in place is in response to severe weather, and also a chemical, biological or radiological contamination that may have been released into the environment.

When individuals are instructed to shelter-in-place, it means the individual or organization should select an interior room or rooms with few or no windows. Once a room has been chosen, people should seal windows, doors and ventilation systems using tape, plastic and weather stripping in an attempt to avoid a chemical disturbance or weather-related disturbance.

Wet paper or wet cloth should be used to seal cracks in the building.

People can increase protection by using whatever means are available to reduce the ventilation rate. Things like turning off the air conditioning systems, closing all windows and doors, and avoiding using elevators can help decrease the risk of contamination.

## How to shelter in place at work

Choose a room in your work place for the shelter. The best room to use for the shelter is a room with as few windows and doors as possible. A large room with a water supply is best. For most chemical events, this room should be as high in the structure as possible to avoid vapors (gases) that sink. This guideline is different from the sheltering-in-place technique used

in tornadoes and other severe weather and for nuclear or radiological events, when the shelter should be low in the home.

## Assemble your SIP Kit to include:

- First aid kit
- Flashlight, battery-powered radio, and extra batteries for bothA working telephone
- Food and bottled water. Store 1 gallon of water per person in plastic bottles as well as ready-to-eat foods that will keep without refrigeration in the shelter-in-place room.
- Duct tape and scissors.
- Towels and plastic sheeting. You may wish to cut your plastic sheeting

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