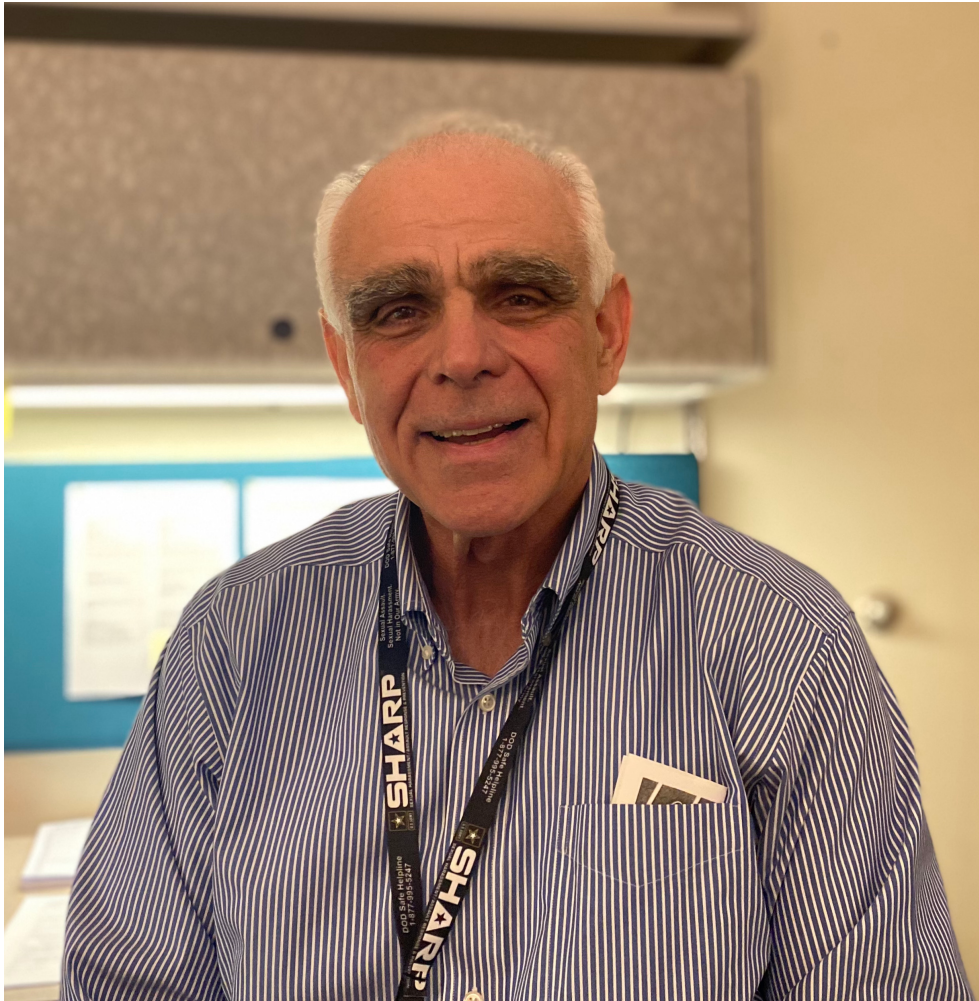


Dunham welcomes new Licensed Clinical Social Worker Steve Peters

By Elena Patton, Public Affairs Office 01 March 2021



Steven Peters, a Licensed Clinical Social Worker, joined Dunham's behavioral health team in February.

Dunham Army Health Clinic welcomed a new social worker to the behavioral health team of psychologists and social workers. He is now taking appointments.

Before coming to Carlisle Barracks, Steve Peters practiced social work at Keystone Behavioral Health in Chambersburg, 2016-2020.

It was a great experience, said Peters. Being exposed to the population at large, you get such a great variety of cases.”

“I had some cases that some therapists would see maybe one in a lifetime, like dissociative identity disorder and conversion disorder,” he said.

This is his first time working in a military setting with active-duty service members.

His primary modality of therapy is EMDR, an interactive psychotherapy technique used to treat PTSD and other traumatic disorders, he said.

As part of his therapy, Peters always includes good habits, such as diet, exercise, and mindfulness.

He discussed some of the specific behavioral health needs of active-duty service members. They can range from suicidal thoughts and PTSD to stresses like relationship problems.

When relationship problems get resolved, it very impactful said Peters.

Peters started his social work career, diverted into the family business for 29 years, and then returned to social work for two reasons.

“That was always a primary interest of mine—human behavior,” said Peters.

“The idea, in business, that you buy something for 25 cents and sell it for 35 cents just didn’t make me feel rewarded or that it was a worthy activity,” said Peters.

As he recalled a particularly memorable case, he said he got chills. He worked with a woman to help her overcome the trauma in her life using EMDR. She was healed clinically, but that’s not what makes the case so significant.

“That was one of the most rewarding cases because she became a happy person,” said Petters.

Peters is looking forward to working at Carlisle Barracks. “The feel here is very good. It is just very warm and welcoming,” said Peters.

Peters earned a master’s degree in Social Work from Marywood University in Scranton, PA.
