## Month of the Military Family: Chapel retreat helps bring families together

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Carlisle Barracks Community Christian Retreat held at White Sulphur Springs Conference Center

38 families, to include 77 adults and 58 youth, participated in the annual Carlisle Barracks Community Christian Retreat held at White Sulphur Springs Conference Center near Bedford, Pennsylvania from Oct. 26 through 28.

Participants included US Army War College student and faculty families, along with retired military members and families associated with Carlisle Barracks. The retreat was sponsored by the Carlisle Barracks Protestant Chapel, but was open to all persons associated with the Barracks.

The purpose of the retreat was to provide spiritual enrichment and Christian fellowship while building relationships among the participants through educational sessions combined with family-style meals, recreational activities, and lots of informal interactions.

"The retreat was fantastic and absolutely met or exceeded all of the stated goals," said one of the participants. "The WSS venue provided ample opportunities to enrich the family experience."

The adult teaching sessions were led by Chaplain (Col.) Randy Griffin, currently the Installation Chaplain at Fort Bragg, NC, accompanied by his wife Amy. He explored how to live out the Christian faith in today's challenging cultural environment.

"Definitely strengthened fellowship and enriched family experience," said another participants. "As always it was encouraging and insightful to hear contributions and ideas of others both in the sessions and other times."

The children and youth of all ages were taught by volunteers from Christian Evangelical Fellowship (CEF), Young Life, and Club Beyond. Saturday afternoon was reserved for recreational activities which included horseback riding, a climbing wall, bowling, and hiking on the trails at White Sulphur Springs' 1100 acres of unspoiled woodland in the Allegheny Mountains.

For more information on chapel programs like this visit <a href="https://home.army.mil/carlisle/index.php/Carlisle-Barracks/all-services/us-army-war-college-memorial-chapel">https://home.army.mil/carlisle/index.php/Carlisle-Barracks/all-services/us-army-war-college-memorial-chapel</a>

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