

New Military Family Life Counselor available at Carlisle Barracks

By Thomas Zimmerman 24 August 2018



Military Family Life Counselors are licensed counselors who provide short term counseling.

“They help address the day-to-day stressors of military life and the impact of deployments and reintegration,” said Becky Myers, director of Army Community Services here. “There are no records kept. Sessions are confidential, but they do have a ‘duty to warn obligation’ should someone be a danger to themselves or others.”

The MLFC is available Monday-Friday, 7:30 a.m. to 6 p.m., by calling 717-645-0322. MFLCs can provide counseling anywhere except the clients home. They can walk around and talk, sit at a bench, meet in a private office in ACS or the Chapel, etc. The current MFLC is also able to see children five year old and older.