

Military Family Program offers growth opportunities for military spouses

By Thomas Zimmerman 07 November 2018



Negotiations Presentation attendees working through a negotiations scenario, which is just one of the programs offered by the Military Family Program.

As the Month of the Military Family continues, we're highlighting programs designed to serve and support military families. This week's article focuses on the Army War College Military Family Program.

Led by Christina Daily, the Military Family Program here is a graduate level complementary program that both supports and supplements the academic curriculum and provides for the needs and interests of students, as well as their spouses and children. The MFP is committed to building a partnership with Army Families that enhances their strength and resilience.

"Strong support for military families is more important than ever," said Daily. "During more than a decade of war and increasing global tensions our military and their families have stood firm in support of our great nation, and our nation is united in honoring the sacrifices made by all military families."

The MFP aims to help prepare spouses of USAWC students for their future roles by helping them to hone

their skills in developing and executing personal, unit and community family programs. While aimed at these spouses, all MFP programs are open to the Carlisle Barracks community. Select events are live-streamed via the USAWC website armywarcollege.edu

The program focuses on four key areas, family growth and resilience; personal growth and fitness; leadership and readiness; and personal financial management through programs like the Executive Spouse Leadership Development course, FLAGS Facilitator Trainings, protocol and public speaking workshops. On average more than the MFP hosts more than 1,000 participants through its programs and partners with Army Community Services to host events to benefit the community.

The Blue Star Seminar, the family readiness group for deployed Soldiers is also an important part of the MFP.

“This is the official Family Readiness Group for spouses and family members of deployed, deploying or service members who are currently assigned students, faculty or staff of Carlisle Barracks,” said Daily. “If you are geographically separated from your host command and living at Carlisle Barracks, we will help you to identify the Army network of support services that are available to you.”

The MFP also organizes the monthly Community Leader Information Forum, an opportunity for the exchange of information with the USAWC leadership and Carlisle Barracks Community and facilitates the Seminar Spouse Representative program that serves as a liaison between Seminar families, command and community leaders.

“This two-way information flow enhances the ability of members of the Community to stay informed and have a direct line of communication with the installation leaders,” said Daily. The meeting is held on the last Wednesday of the month at 11 a.m. at the Army Heritage and Education Center or Letort View Community Center.

The program is ever-evolving to meet the needs of the community according to Daily.

“I encourage feedback from each MFP event and have incorporated feedback whenever possible,” she said. Each academic year volunteer spouses of USAWC students also team up for a project that contributes to the larger community.

You can find out more information and register for events at <https://www.armywarcollege.edu/orgs/mfp/index.cfm>

Upcoming MFP events include:

Communicating Effectively with Children and Youth

8 November, 2018

1000-1230

Bradley Auditorium (Upton Hall)

IG Presentation, Who is the IG and why are they Important?

13 November, 2018

1000-1130

Upton Auditorium

Spouse Employment Transition Workshop

29 November, 2018

0900-1500

SFL-TAP Media Center (Bldg. 842, ACS Classroom across from the Commissary)

This Event is being hosted by ACS and space is limited, registration is required and is on a first-come first-served basis. You must Register online at

<https://www.uschamberfoundation.org/event/military-spouse-employment-workshops-carlisle-barracks-pa-0>

Conflict Resolution Workshop "Taming The Conflict Beasts"

13 December, 2018

0900-1500

LVCC

Conflict Resolution Workshop "Taming The Conflict Beasts" Scenario Session

14 December, 2018

0900-1100

LVCC

FLAGS Workshoo

15-17 January, 2019 (last session)

0900-1500

LVCC



*Negotiations Presentation conducted
by Dr. George Woods*

RELATED LINKS

[Military Family Program teaches
resiliency at Well-Being Symposium](#)

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