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Jack Lentz, the Carlisle Barracks Retirement Services Officer, brings the perspective of a former servicemember to his position which allows him to provide information to the more than 50,000 retirees in the local area.

Lentz, who arrived at Carlisle Barracks in July 2016, is the main point of contact for retirees, veterans, survivors and military family members of all branches of service.

"The best part of my job is working with retirees, veterans and survivors," he said. "Every day provides a new challenge and satisfaction."

Born and raised in the Newville, Pa area, Lentz retired in 2005 from Active Duty in the Army National Guard as a master sergeant. He continued to work with the Pennsylvania National Guard from 2005-2016 in Human Resources – Retirement Services.

Lentz can assist retirees with a variety of concerns to include assistance in the many entitlements such as Tricare, Dental, DEERS/ID Cards, obtaining missing records/documents, preparation of retirement packets at age 60, general medical information, changes and updates to retiree SBP plans, updates to the retired pay system, assist with address changes and provide notary services just to name a few.

One of the most visible events that Lentz helps put on is the annual Retiree Appreciation Day, which is one of the largest on the East Coast. The annual event provides retirees from all services an opportunity to learn about the latest in TRICARE, get their yearly flu shot, meet with representatives from the legal office and more. This year's event is slated for Oct. 7, 7:30 a.m. -3:30 p.m.

Lentz comes from a military family, as all four of his siblings served, his wife is still serving and one of his children is currently serving in the Air Force.

He said he appreciates the small-town feel of Carlisle Barracks and encouraged newcomers to get out and learn more about the history in the Cumberland Valley.

"There is an endless list of things to see and do," he said.

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