

# Are you and your family ready for an emergency?

## Ready Army -- *Are you and your family ready for an emergency?*

Oct. 1, 2008 -- Emergencies affect hundreds of thousands of people every year. One may hit your installation and community and affect you and your family. When emergencies occur, military and civilian organizations respond, but it takes time to mobilize, and they focus on the most critical needs first. You should get ready to manage on your own for at least three days. Failure to prepare can put yourself, your family, and your property in jeopardy!



Start preparing today, take these three simple steps to prepare—

### *Get a kit, Make a plan, Be informed*

#### **Get a Kit**

Assemble a collection of first aid supplies, food, water, medicines and important papers that can sustain you and your family until a crisis passes. Consider the unique needs of your family and pets, then assemble emergency supply kits in your home, car and workplace.

#### **Make a Plan**

You and your family members may not be together when an emergency strikes. Planning ahead for various emergencies will improve your chances of keeping in touch, staying safe and quickly reuniting.

#### **Be Informed**

Emergencies can arise from weather and other natural hazards, industrial and transportation accidents, disease epidemics and terrorist acts. Anticipate the emergencies most likely to affect you and

your family. Knowing what to do can make all the difference when seconds count. This booklet helps you think through the basics of preparing yourself and your family for all hazards. In addition to checklists and sources for further help and information, there is a detachable Family Emergency Plan form. Play it smart. Preparing for emergencies doesn't take a lot of time or effort, but it brings peace of mind. And it could keep an emergency from becoming a disaster for you and your family.

### **What kind of emergencies should you plan for in South Central Pa.?**

Here in Central Pa, you don't usually have to worry about hurricanes or Tsunamis, but that doesn't mean you still shouldn't plan. Ice storms, high winds, power outages, tornado, and criminal or terrorist acts still require planning. Don't wait until it's too late, get a kit, make a plan and be informed today.