Gym hours to expand effective Oct. 17

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Effective Oct. 17, hours of operations for the post fitness center will revert back to their original hours of operation. The gyms and fitness centers had reduced hours of operation effective Oct. 1 due to anticipated reductions in Family, Morale, Welfare and Recreation funds. A decision was made at the Secretary of the Army level to re-evaluate the anticipated reductions across all Army DFMWR services and as a result, the normal hours of operations have been restored.

Once a final decision is made, any changes to hours of operations for DFMWR services will be announced.

Effective Oct. 17, the hours of operation will be as follows:

Indian Field Fitness Center

Monday through Friday, 5 a.m. to 8:30 p.m.,

Saturday 7 a.m. to 5 p.m.

Sundays 8 a.m. to 5 p.m.

Root Hall Gym

Mon - Fri: 5:30 am - 8:30 pm

Sat & Sun: Closed

Holidays: Closed

Racquetball/Handball Court

Mon - Fri: 5:30 am - 8:30 pm

Thorpe Hall Gym

Hours of Operation

Mon - Fri 5 a.m. - 8:30 p.m.

Sat 7 a.m. - 5 p.m.

Sun 8 a.m. - 5 p.m.

Holidays 10 a.m. - 3 p.m.

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