

Flu shots- what you need to know

Dunham Clinic announces flu shot program for 2016

It's that time of year again, time to get your annual flu vaccination, and there is good news and bad news.

Bad news: The flu shot clinics at Dunham Clinic are ending Oct. 28. Good news: They are offering an additional clinic Nov. 1, 1 to 7 p.m. After that, beneficiaries can get their flu shot by scheduling an appointment. Also, flu shots for ages six months to 35 months are now available by calling the clinic.

To help make it easier for employees, retirees and family members to get their flu vaccinations this year, Dunham Clinic has set up a number of opportunities. For the 2016-2017 flu season, the Army will offer injectable flu shots to Soldiers, federal civilians, and beneficiaries. In accordance with effectiveness recommendations by the Centers for Disease Control and Prevention, the Army will not be offering live attenuated influenza vaccine, known as FluMist.

Retirees, family members and post employees (3 years and older):

Oct. 17– 21, 24-28

Mon/Wed/Fri 1 -4 p.m.

Tuesday: 4:30-7 p.m.

Thursday: 7:30 a.m. – noon

Retiree Appreciation Day:

Carlisle Barracks, Oct 8, 7:30 a.m. to 3 p.m. The medical area will be closed during the open ceremony 8:30-9:30 a.m.

Who should get the Flu Shot?

The flu shot is approved for use in people older than 6 months of age and all pregnant women, including those who are healthy and those with chronic medical conditions. The Flu shot is an inactivated vaccine that is

administered with a needle, usually in the arm.

Who can get the Flu Shot?

All military service members must receive annual influenza vaccinations IAW AR 40–562/BUMEDINST 6230.15B/AFI 48–110_IP/CG COMDTINST M6230.4G. All exemptions must be reviewed and confirmed by a medical provider. All DA Civilians, contractors, and eligible family members may receive the vaccine if desired.

Don't let the flu bug catch you! Get your immunization early.

U.S. Army War College Archives - News Article - 26 October 2016