

USAWC and CBks March Community Events

Army War College and Carlisle Barracks March Community Events

March is Women's History Month

The Army Heritage and Education Center will introduce the community to women in military history with historically-themed slideshows and links to videos featured on the AHEC website:

<http://www.carlisle.army.mil/AHEC/awards/womenshistorymonth.cfm>

If you accepted the Commandant's challenge to come up with your own little-known factoid about women's history, enter USAHEC's "Did You Know?" contest by submitting your entry to usarmy.carlisle.awc.mbx.ahec-ves@mail.mil with "Did You Know?" in the subject line. Whoever wins will have his or her factoid filmed for the final "Did You Know?" clip, to be shared on Friday, Mar. 29.

Carlisle Barracks is coordinating a community service project, Mar. 11-29, to benefit Shalom House, a temporary shelter in Harrisburg that provides emergency and transitional housing for homeless women veterans and their children. Donations of basic items will be accepted and can be dropped off in the collection boxes placed in the lobbies of Upton Hall, Root Hall, Dunham Army Clinic, the Center for Strategic Leadership, the Strategic Studies Institute and the Army Heritage and Education Center. The items include: Towels, sheets, blankets, pillows, household cleaning and laundry supplies, diapers, wipes, baby bottles and blankets, food-handling gloves, hand sanitizer, light bulbs, paper towels and toilet paper.

The virtual information schedule of events:

Monday, Mar. 11– World War I – Hello Girls slideshow

Wednesday, Mar. 13 and Friday, Mar. 15– Did You Know? Videos

Monday, Mar. 18 – World War II - WAACs/WACs slideshow

Wednesday, Mar. 20 and Friday, Mar. 22– Did You Know? Videos

Thursday, Mar. 21– Ret. Maj. Gen. Dee Ann McWilliams, current President of the Army Women's Foundation, will present a noon-time lecture at the Army Heritage and Education Center, "You've Come a Long Way, Soldier!" on the preservation of Women's History in the Army and her role in the Army Women's Foundation, and will reflect on her own, nearly thirty-year history in the U.S. Army.

Monday, Mar. 25– Army Female Engagement Teams (Current Operations) slideshow

Wednesday, Mar. 27 and Friday, Mar. 29– Did You Know? Videos

13-31 - Memorial Chapel Activities

Fridays, Mar. 15, 22, 6 p.m. - Stations of the Cross Soup and Supper

Mondays, Mar. 18, 25, 7 p.m. - Catholic Adult Lenten Formation

Wednesdays, Mar. 13, 20, 27, noon - Lenten Soup Lunch and Discussion

Wednesday, Mar. 20, 6-8 p.m. - Geo-Bachelor/Bachelorette Dinner - Korean Food

Friday, Mar. 22, 5:30-7 p.m. - CYOC - High School Stations of the Cross

Friday-Sunday, Mar. 22-24, 2 p.m., Mar. 22 until 1 p.m., Mar. 24 - White Sulphur Springs Family Retreat

Saturday, Mar. 23, 5:30 p.m. - Catholic Palm Sunday Vigil Mass

Tuesday, Mar. 26, 6 p.m. - Seder - Protestant Family Passover Meal

Thursday, Mar. 28, 6 p.m. - Catholic - Thursday of the Lord's Supper Mass

Thursday, Mar. 28, 7:30 p.m. - Maundy Thursday Protestant Service

Friday, Mar. 29, noon - Protestant Good Friday Service

Friday, Mar. 29, 6 p.m. - Catholic - Friday of the Passion of the Lord's Supper Mass

Saturday, Mar. 30, 8 p.m. - Catholic Easter Vigil Mass

Sunday, Mar. 31, 7 a.m. - Easter - Protestant Sunrise Service; a Pancake Breakfast will follow at the Chapel Assembly Hall

Sunday, Mar. 31, 9:15 a.m. - Catholic Mass

Sunday, Mar. 31, 11 a.m. - Protestant Easter Service

15, 22 - Great Decisions Lectures

Free and open to the public, 1-3 p.m. in the Army Heritage and Education Center; come early and enjoy lunch at AHEC's Café Cumberland.

Friday, Mar. 15 - Professor Frank Jones, Army War College, will address "Threat Assessment."

Friday, Mar. 22- Dr. Larry Goodson, Army War College, will address "Egypt."

12, 19, 26 - International Fellows' spouses Conversation and Culture Programs

The programs are held in the Post Chapel, noon-2 p.m.

Tuesday, Mar. 12- Country presentations: United Kingdom and Bangladesh

Tuesday, Mar. 19- No presentations - IF spouses only

Tuesday, Mar. 26- No presentations

12-28 - Army Wellness Center group classes

Tuesday, Mar. 12, noon-1 p.m. - Stress Management

Tuesday, Mar. 19, 11 a.m.-noon - Knee pain prevention and treatment*

Tuesday, Mar. 19, noon-1 p.m. - Low Back pain prevention and treatment*

Wednesday, Mar. 20, 11 a.m.-noon - Meals in Minutes

Tuesday, Mar. 26, noon-1 p.m. - Sports Injuries-Is it worth it?*

Thursday, Mar. 28, 2-3 p.m. - Stress Management

All classes are held in the Wellness Center's classroom.

*To register for classes offered by Lt. Col. Karsteter, Physical Therapist, call 717-245-3400; for all other classes call the Center at 717-245-4004 or visit:

<http://dunham.narmc.amedd.army.mil/armywellnesscenter/default.aspx>

13 - AHEC presents free, public Perspectives in Military History Lecture

Journalist Tom Ricks will present "The Generals: American Military Command from World War II to Today," Wednesday, Mar. 13, 7:15 p.m. at the Army Heritage and Education Center. Mr. Ricks will present a lecture based on his book in which he makes a close study of America's military leaders for three decades. Call 717-245-3972 or visit: <http://www.carlisle.army.mil/ahec/events.cfm>

13, 21, 27 - ACS Resiliency Training

Training will be conducted in the ACS Classroom from 10 a.m.-noon.

Wednesday, Mar. 13- "Avoid Thinking Traps"

Thursday, Mar. 21- "Detecting Icebergs"

Wednesday, Mar. 27- TBD

14 - LVCC St. Patrick's Day Celebration

Open to the public, "Go Green" and celebrate St. Patrick's Day at the LVCC Main Bar, Thursday, Mar. 14, 4-10 p.m., live music and Irish fare specials available.

15 - St. Patrick's Day Festival hosted by the USAWC Civilian Students

The event will feature authentic Irish entertainment, food and beverages, Friday, Mar. 15, 6:30-10 p.m. at the LVCC. For tickets see your civilian seminar representative or call 717-245-4872.

20 - Newcomers Briefing

On Wednesday, Mar. 20, 10 a.m.-noon, Anne Ely Hall, Room 202. If you plan to attend, call 717-245-3685/4357.

20 - Carlisle Barracks Spouses' Club Annual International Fellow Spouse Luncheon

Open to the public, experience a selection of food and entertainment from Around the World on Wednesday, Mar. 20, 10:30 a.m.-1:30 p.m. at the LVCC. The cost is \$15. Reservations and cancellations by Friday, Mar. 15 to: reservations@cbspousesclub.org

22 - Relocation One-Stop (tentative)

PCS is coming, plan for a stress-free move at the Relocation One-Stop event, Friday, Mar. 22, noon-3 p.m. at

Anne Ely Hall, Room 202, with assistance from these organizations:
Army Community Service (Relocation, Employment, Exceptional Family Member Program);
Transportation; Child, Youth and School Services; TRICARE; Military Housing; Balfour Beatty; Post Judge Advocate; and Military Pay. For information call 717-245-3685/4357.

23 - Easter Egg Hunt

Infants to 12-year-olds in the Carlisle Barracks community are invited to bring a basket and join in the Easter Egg Hunt, Saturday, Mar. 23 at the Moore Child Development Center. Gates will open at 8:45 a.m. and the first group will start at 9:15 a.m. There will also be games and prizes. Call 717-245-3701 or visit: www.carlisle.mwr.com

23-24 - Outdoor Recreation Wilderness and Remote First-Aid Course

A two-day course, taught by a certified instructor, will be held Mar. 23-24, 8 a.m.-5 p.m. at the Education Center. The course provides a foundation of first-aid principles and skills to respond to emergencies and give care in areas without immediate emergency medical services response, e.g., wilderness and remote environments and urban disasters. Prerequisites: Current adult CPR/AED certification, minimum age 14, class limited to 12, cost \$110 per person. Register with ODR by Mar. 1, 717-245-4616 or visit: www.carlisle.mwr.com

31 - Commissary Easter Closure

Closed Sunday, Mar. 31 will reopen for normal hours on Tuesday, Apr. 2.

31 - LVCC Easter Brunch

Open to the public - the Easter Brunch will be held Sunday, Mar. 31 at the LVCC. Seatings: 10 a.m., noon and 2:30 p.m. Price for adults is \$19.95, \$6.95 for kids (5-12), free for kids 4 and under. Reservations by Wednesday, Mar. 27. Call 245-4329 or visit: www.carlisle.mwr.com

For all post and community events:

- Check the Carlisle Barracks Community Calendar at:
<https://publicportal.carlisle.army.mil/sites/comcalendar/Pages/IMC.aspx>
- **Connect:** www.carlisle.army.mil
- **Follow:** [Twitter.com/armywarcollege](https://twitter.com/armywarcollege)
- **Learn:** www.youtube.com/usarmywarcollege
- **Join:** www.facebook.com/usawc